

# PALOMAR HEALTH

## Corporate Health Services

### PARA LESIONES RELACIONADAS CON EL TRABAJO, POR FAVOR VISITE UBICACIONES DE SERVICIOS MÉDICOS EMPRESARIALES:

#### 1 POWAY

Lunes a viernes: De 8 a.m. – a 5 p.m.

15611 Pomerado Road, Suite 580, Poway, CA 92064

☎ **858.613.6280**

\* Horario modificado en algunos días festivos

#### 2 ESCONDIDO

Lunes a viernes: De 8 a.m. – a 5 p.m.

2125 Citracado Parkway, Suite 130, Escondido, CA 92029

☎ **760.510.7373**

\* Horario modificado en algunos días festivos

Todos los pacientes deben registrarse 30 minutos antes de la hora de cierre, para asegurar que se pueda proporcionar una atención de calidad.



### DESPUÉS DEL HORARIO LABORAL CUIDADOS URGENTES

Arch Health Medical Group

#### 3 POWAY

15611 Pomerado Road  
3<sup>rd</sup> Floor, North  
Poway, CA 92064

☎ **858.675.3200**

Diariamente:

De 9 a.m. – a 8 p.m.

(Located in Pomerado  
Outpatient Pavilion adjacent  
to Pomerado Hospital)

#### 4 RAMONA

211 13<sup>th</sup> Street  
Ramona, CA 92065

☎ **760.789.5174**

Lunes a viernes

De 12 a.m. – a 7 p.m.

Sábado: De 9 a.m. – a 4 p.m.

\* Horario modificado en  
algunos días festivos

### LAS 24 HORAS ATENCIÓN DE EMERGENCIAS

#### 5 ESCONDIDO

Palomar Medical Center  
Escondido

Emergency Department

2185 Citracado Parkway  
Escondido, CA 92029

☎ **442.281.4444**

#### 6 POWAY

Palomar Medical Center  
Poway

Emergency Department

15615 Pomerado Road  
Poway, CA 92064

☎ **858.613.4000**

### Para situaciones de emergencia potencialmente mortales o que representen una amenaza para las extremidades: Llame al 9-1-1

**Note:** Substance abuse testing is NOT supported by the Emergency Department. Employees will need to be sent to Corporate Health the next business day for this service. If a Post Accident Drug Test or Breath Alcohol Test is needed after hours or on the weekend, we have a relationship with **Drug Testing Network (800.989.1206)** who will assist you.

# PALOMAR HEALTH

## Corporate Health Services



### 1 POWAY

#### DIRECTIONS

1. TURN into Palomar Medical Center Poway
2. First RIGHT to Outpatient Pavilion
3. FOLLOW back to the parking structure
4. PARK on the 2<sup>nd</sup> Floor
5. ENTER building from walking bridge (do NOT use outside elevators)
6. TAKE inside elevators to the 5<sup>th</sup> floor
7. SUITE 580 is on the South end of the building

### 2 ESCONDIDO

#### DIRECTIONS

1. From Citracado Parkway,
2. Turn onto Health Center Drive South
3. Building and parking lot are on the left
4. Enter building to Suite 130 on the 1<sup>st</sup> Floor

## Para situaciones de emergencia potencialmente mortales o que representen una amenaza para las extremidades: Llame al 9-1-1

**Note:** Substance abuse testing is NOT supported by the Emergency Department. Employees will need to be sent to Corporate Health the next business day for this service. If a Post Accident Drug Test or Breath Alcohol Test is needed after hours or on the weekend, we have a relationship with **Drug Testing Network (800.989.1206)** who will assist you.