

PALOMAR HEALTH

Jean McLaughlin Women's Center


Imagined, designed and specifically created to care for the uniqueness of a woman's body, the Jean McLaughlin Women's Center provides the most advanced technologies for diagnosis and treatment with personalized, compassionate care situated within a peaceful, nurturing and healing environment.

The Center provides comprehensive care delivered utilizing the full spectrum of services needed and at the ready for every woman in need all in one place. The journey begins with state-of-the-art mammography but goes further by including genetic counseling, cancer care navigators, support groups, education, and nutrition and health classes.

To provide the earliest breast cancer detection possible, the Center plans to purchase and implement Hologic Selenia 3 Mammography in fiscal year 2018. With Palomar Health's district footprint serving those living within 850 square miles, the addition of the Hologic Selenia equipment now only increase the number of units in San Diego to six, but it would be the only one situated in North San Diego County.

For more information about the Jean McLaughlin Women's Center and Palomar Health's pursuit of excellence in breast health, please contact us at 760-739-2787. – Palomar Health Foundation





Sheryl Crow

The singer-songwriter, 54, promotes an innovative mammogram technology

I have been cancer-free for 10 years. I was extremely lucky my breast cancer was detected very early. I was stage one, and it was found with a mammogram, the old-fashioned kind. Since I was diagnosed, a lot of advances have been made. That's why it's wonderful to be partnering with Hologic and the Better Mammogram Poll campaign in introducing a technology that women may or may not know about—the Genius 3D Mammography exam. It's proven to detect breast cancer 15 months earlier than any 2D mammography. We want to encourage women to take this into their own hands, ask their doctors where they can find the machines—there's one in every state. When you're diagnosed, everybody in your life is diagnosed. It really does shift your philosophical paradigm—it changed everything about the way I treated myself. Although there's no cure at this moment, early detection is life-saving, and every woman should have the opportunity to have the best kind of mammography. It's just a matter of getting the word out and creating awareness.

—REPORTED BY CHRISTINA DUGAN

For more information, go to **better mammogrampoll.com**

As a cancer survivor, singer-songwriter, Sheryl Crow, has become an advocate and prominent promotor of the Hologic 3D mammography. Her story and advocacy of this state-of-the-art equipment can be found at <https://www.findmygenius3d.com>