

NEWS RELEASE



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Palomar Medical Center Escondido Named One of Healthgrades 2021 America's 250 Best Hospitals

*Palomar Health among the top five percent of U.S. hospitals for clinical outcomes for 3 years in a row
(2019-2021)*

Palomar Health today announced that it has achieved the Healthgrades 2021 America's 250 Best Hospitals Award™. The distinction places Palomar Medical Center Escondido in the top five percent of nearly 4,500 hospitals assessed nationwide for its superior clinical performance as measured by Healthgrades, the leading resource that connects consumers, physicians and health systems.

"This award recognizes the amazing work of our nurses, technicians, environmental service workers, facilities crew, physicians and support staff who perform miracles every day," said Palomar Health Chief Operating Officer Sheila Brown. "It's also a reflection of our commitment to providing the best health care to our community."

From 2017 through 2019, patients treated in hospitals receiving the Healthgrades America's 250 Best Hospitals Award had, on average, a 27.4 percent lower risk of dying than if they were treated in hospitals that did not receive the award, as measured across 19 rated conditions and procedures for which mortality is the outcome.*

"Given that the delivery of healthcare has profoundly changed due to COVID-19, we want to extend our congratulations to the hospitals that received Healthgrades America's 250 Best Award. These organizations are committed to providing exceptional clinical outcomes for their patients," said Brad Bowman, MD, Chief Medical Officer, Healthgrades.

The Palomar Medical Center Escondido campus is continuing to expand services to allow patients to remain in their community for health care. The Crisis Stabilization Unit and Radiation Oncology opened in the past year and the 52-bed Palomar Health Rehabilitation Institute will open in the spring of 2021 followed by an urgent care center and pediatric offices.

Healthgrades America's 250 Best Hospitals Award recipients are recognized for overall clinical excellence and providing top-quality care across multiple specialty lines and areas. During the 2021 study period (Medicare Fiscal Years 2017-2019), these hospitals showed superior performance in clinical outcomes for patients in the Medicare population across at least 21 of 32 most common inpatient conditions and

procedures — as measured by objective performance data (risk-adjusted mortality and in-hospital complications).

To learn more about how Healthgrades determines award recipients, and for more information on Healthgrades Quality Solutions, please visit www.healthgrades.com/quality.

**Statistics are based on Healthgrades analysis of MedPAR data for years 2017 through 2019 and represent 3-year estimates for Medicare patients only.*

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About Palomar Health

Established in 1948, the award-winning team at Palomar Health provides the most comprehensive health care in North San Diego County through its two medical centers and more than 900 affiliated medical providers serving more than half a million people. Palomar Health is San Diego County's only member of the Mayo Clinic Care Network and is nationally recognized as operating one of America's 250 Best Hospitals; a Best 100 Hospital for joint replacement and orthopedic surgery; a Best Hospital for stroke care, heart care and bariatric surgery; a Diabetes and Stroke Center of Excellence; and a Blue Distinction Center for spine surgery, cardiac care and maternity. Through its network of providers, Palomar Health offers medical services in virtually all fields of medicine including primary care, cardiovascular care, emergency services, trauma, cancer, orthopedics, women's health, behavioral health, rehabilitation, robotic surgery and bariatric surgery at offices strategically located throughout the North San Diego County region. For more information please visit www.PalomarHealth.org. You can also follow us on [Twitter](#), [Facebook](#) and [Instagram](#).