Think oatmeal is boring? Try these sweet recipes for a twist on an oldie, but goodie.

Start with a simple base recipe and add your favorite fixings! Each option can be prepared overnight or cooked warm.

**Base Recipe**
Serves 1

- ½ cup rolled oats
- ½ cup unsweetened milk of choice
- 1 tablespoon chia seeds or ground flax-meal
- ½ teaspoon vanilla extract
- Pinch of salt
- 1 tablespoon honey or maple syrup

**Chocolate Peanut Butter**
- 2 tablespoons natural peanut butter
- 2 tablespoons unsweetened cocoa powder

**Carrot Cake**
- 1 large carrot, peeled and shredded
- ¼ cup raisins
- ½ teaspoon ground cinnamon
- ¼ cup walnuts, chopped

**Cookie Dough**
- ½ ripe banana, chopped or mashed
- 2 tablespoons chocolate chips
- Add ¼ tsp baking soda

**Tropical Fruit**
- ½ cup chopped fresh or canned pineapple
- ¼ cup chopped ripe mango
- ½ ripe banana, chopped or mashed
- 2 tablespoons unsweetened flaked coconut

**Pumpkin Spice**
- ½ cup plain pumpkin puree
- ½ teaspoon ground cinnamon
- ¼ teaspoon ground cloves
- ¼ teaspoon ground nutmeg

**Apple Pie**
- 1 teaspoon ground cinnamon
- ¼ teaspoon ground ginger
- ½ cup unsweetened applesauce
- ½ teaspoon pure vanilla extract
- 1 teaspoon fresh lemon juice (optional)