

NEWS RELEASE



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FREE FLU CLINICS NEARING END

As a community service Palomar Health is offering **free flu shots** through the end of January to anyone, ages nine and above, at one of its eight flu clinics through the end of January. The clinic schedule is as follows:

Day	Date	Time	Site	Street Address	City	Zip
Monday	1/7/2019	2-4pm	Vista Library	700 Eucalyptus Avenue	Vista	92084
Wednesday	1/9/2019	2-4pm	Palomar Medical Center Escondido	2185 Citracado Parkway	Escondido	92029
Thursday	1/10/2019	2-4pm	Palomar Medical Center Poway	15615 Pomerado Road	Poway	92064
Monday	1/14/2019	2-4pm	Palomar Medical Center Poway	15615 Pomerado Road	Poway	92064
Tuesday	1/15/2019	8-10am	Warner Springs Community Center	30951 Highway 79	Warner Springs	92086
Thursday	1/17/2019	2-4pm	Palomar Medical Center Escondido	2185 Citracado Parkway	Escondido	92029
Tuesday	1/29/2019	2-4pm	Palomar Medical Center Poway	15615 Pomerado Road	Poway	92064
Thursday	1/31/2019	2-4pm	Palomar Medical Center Escondido	2185 Citracado Parkway	Escondido	92029

Everyone ages nine and above qualifies. For more information visit the [Palomar Health Flu Clinic website](#).

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About Palomar Health

Palomar Health is the most comprehensive health care delivery system in northern San Diego County and the first California member of the Mayo Clinic Care Network. It is the largest public healthcare district by area in the state, with more than 500,000 residents, and is governed by a publicly-elected board of directors. Palomar Health has several facilities serving North County, including hospitals in Escondido and Poway and a skilled nursing facility in Poway. The health system provides medical services in virtually all fields of medicine, including primary care, cardiovascular care, emergency services, trauma, cancer, orthopedics, women's health, rehabilitation, robotic surgery and bariatric surgery. For more information about Palomar Health, please visit www.PalomarHealth.org.