FRIDAY, FEBRUARY 5, 2021 12:00 NOON MEETING

**BOARD OF DIRECTORS**

**PLEASE NOTE:** Participation will be virtual pursuant to Governor Newsom’s Executive Order N-25-20

Please join the meeting from your computer, tablet or smartphone: [https://global.gotomeeting.com/join/403567349](https://global.gotomeeting.com/join/403567349)

OR Dial in using your phone: 866.899.4679; Access Code: 403567349#

**Call to Order**

1. **PUBLIC COMMENTS**

   * 5 minutes allowed per speaker, with a cumulative total of 15 minutes per group

2. **INFORMATION ITEM(S) – NONE**

3. **OLD BUSINESS – NONE**

4. **MINUTES – Thursday, December 17, 2020 (Addendum A – **Pp24-31**)**

5. **PRESENTATION(S)**

   **A.** Update on Grants & Contracts Inventory
   (Addendum B – **Pp32-36**) — Aimee Ebner
   Time: 10 3 12:28

   **B.** First 5 Commission Funded Programs at Palomar Health (Addendum C – **Pp37-49**)  
   i. Healthy Development Services — Cindy Linder
   ii. First Steps — Shirin Strauss
   Time: 20 4 12:48

   **C.** Forensic Health Services & Victim of Violence Programs (Addendum D – **Pp50-116**) — Michelle Shores
   Time: 10 5 12:58

6. **NEW BUSINESS**

   * **A.** Resolution No. 02.05.21(01)-1 – Acknowledging Selection of the New Board, Ratifying the Appointment of the Chairperson and Confirming the Election of Officers for Calendar Year 2021 — Tanya Howell
   Time: 5 6-9 1:03

   * **B.** Resolution No. 02.05.21(02)-2 – Confirming Appointment of Corporate Officers for Calendar Year 2021 — Tanya Howell
   Time: 5 10-11 1:08

   * **C.** Amendment 1 to the Administrative Services Agreement with Mary Spencer, MD, for Administrative Oversight of the New Alternatives Contract 1.1.2020 – 1.1.2021 — Michelle Shores
   Time: 2 12-15 1:10

   Time: 10 16 1:20

   * **E.** Resolution No. 02.05.21(03)-3— Naming Authorized Signatories for Banking Accounts & Setting Signature Authority Limits — Michael Bogert
   Time: 5 17-18 1:25

   * **F.** Resolution No. 02.05.21(04)-4— Bank of America Deposit Account & Treasury Management Services Banking Resolution & Certificate of Incumbency — Michael Bogert
   Time: 5 19-21 1:30

   * **G.** Resolution No. 02.05.21(05)-5— Setting the Date, Time & Location for the Remaining Board Meeting for Calendar Year 2021 — Tanya Howell
   Time: 5 22-23 1:35

7. **BOARD MEMBER COMMENTS/FUTURE AGENDA ITEMS**

8. **FINAL ADJOURNMENT**

   **Time: 1:40**

**Next Regular Meeting:** TBD

Palomar Health Development, Inc., Board of Directors

<table>
<thead>
<tr>
<th>Terry Corrales, RN, Chairperson</th>
<th>Jeff Griffith, EMT-P, Director</th>
<th>John Clark, Director</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michael J. Bogert, Director</td>
<td>Diane L. Hansen, CPA, Director</td>
<td></td>
</tr>
</tbody>
</table>

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1 New to GoToMeeting? Get the app now and be ready when your first meeting starts: [https://global.gotomeeting.com/install/728792797](https://global.gotomeeting.com/install/728792797)

2 5 minutes allowed per speaker with a cumulative total of 15 minutes per topic. For further details & policy, see [Request for Public Comment](#) notices on the Website.
TO: Palomar Health Development Board

MEETING DATE: Friday, February 5, 2021

FROM: Tanya Howell, Corporate Secretary

Background: The minutes of the Organizational Meeting of the Board held on Thursday, December 17, 2020, are respectfully submitted for approval (Addendum A).

Budget Impact: N/A

STAFF RECOMMENDATION: Approval of the Thursday, December 17, 2020, Organizational Board Meeting minutes.

Motion: X

Individual Action:

Information:

Required Time:
TO: Palomar Health Development Board

MEETING DATE: Friday, February 5, 2021

FROM: Michael J. Bogert, Chief Financial Officer

Background: Aimee Ebner will update the Board on grants managed by Health Development (Addendum B).

Budget Impact: None.

STAFF RECOMMENDATION:

Motion: 

Individual Action: 

Information: X

Required Time:
First 5 Commission Funded Programs
At Palomar Health

TO: Palomar Health Development Board

MEETING DATE: Friday, February 5, 2021

FROM: Cindy Linder, RN, BSN, North Inland Regional Coordinator, HDS
Shirin Strauss, MA, ICCE, IBCLC, Program Director North Region First Steps

Background: The First 5 Commission of San Diego funds two programs at Palomar Health: Healthy Development Services (HDS) and First 5 First Steps.

Information about both of these programs and the progress that is being made to help the children of North San Diego County will be presented (Addendum C).

Budget Impact: None

STAFF RECOMMENDATION:

Motion: 

Individual Action: 

Information: X

Required Time: 
Forensic Health Service & Victim of Violence Programs

TO: Palomar Health Development Board
MEETING DATE: Friday, February 5, 2021
FROM: Michelle Shores, RN, MSN, Director Forensic Health Services

Background: Information about the Forensic Health Services and Victim of Violence programs and the progress that is being made to help the victims of abuse in San Diego County will be presented (Addendum D).

Budget Impact: None

STAFF RECOMMENDATION:

Motion: 

Individual Action: 

Information: X

Required Time:
Resolution No. 02.05.21(01)-1 Acknowledging Selection of the New Board, Ratifying Appointment of the Chairperson and Confirming Election of Officers for Calendar Year 2021

TO: 
Palomar Health Development Board

MEETING DATE: 
Friday, February 5, 2021

FROM: 
Tanya Howell, Corporate Secretary

Background:  
Article III, Section 4.03(a) as amended January 27, 2015, of the Bylaws of Palomar Health Development, Inc. (“Health Development”) requires that the Board’s Annual Meeting be held in January or February, and further states that the Health Development Board shall acknowledge the appointment of the new Board, confirm the election of Board officers and appoint Corporate officers.

Article III, Section 3.02 requires that the Board of Directors of Palomar Health select the Chief Executive Officer and Chief Financial Officer of Palomar Health as *ex officio* members, with vote, of the Health Development Board.

Article III, Section 3.03 requires that the Palomar Health Board shall also elect the Directors of the Health Development Board. In December 2020, the Chair of the Board of Palomar Health appointed the following to serve as Directors on the Health Development Board:

- Terry Corrales, RN
- Jeff Griffith, EMT-P
- John Clark
- Chief Executive Officer, Palomar Health, *ex officio* Director
- Chief Financial Officer, Palomar Health, *ex officio* Director

Article IV, Section 4.07 requires that the Health Development Board shall organize by the election of officers, with one member elected as Chairperson, one as Vice Chairperson and one as Secretary; and that a Treasurer may also be elected at that time.

When the Chair of the Board of Directors of Palomar Health appointed members to the Health Development Board, Terry Corrales, RN, was appointed Chairperson of Health Development for Calendar Year 2021. That appointment requires ratification by this Board. The Health Development Board will also need to elect a Vice Chairperson, a Secretary and a Treasurer at this meeting.

Budget Impact: N/A
STAFF RECOMMENDATION: Staff recommends that the Health Development Board:

1) Acknowledge the selection of the Chief Executive Officer and Chief Financial Officer of Palomar Health as ex officio Directors, with vote;
2) Acknowledge the selection of Terry Corrales, RN; Jeff Griffith, EMT-P; and John Clark, as Directors;
3) Ratify the appointment of Terry Corrales, RN, as the Chairperson; and,
4) Elect a Vice Chairperson, a Secretary and a Treasurer.

Further, it is recommended that the Health Development Board adopt Resolution No. 02.05.21(01)-1 to memorialize those actions.

Motion:

Individual Action:  X

Information
RESOLUTION NO. 02.05.21(01)-1

Acknowledging Selection of the New Board, Ratifying Appointment of the Chairperson and Confirming Election of Officers for Calendar Year 2021

WHEREAS, Palomar Health (“the Member”) shall select the Chief Executive Officer and Chief Financial Officer of Palomar Health as ex officio members of the Board of Palomar Health Development, Inc., (“Health Development”), pursuant to Section 3.02 of the Health Development Bylaws; and,

WHEREAS, the Directors of Palomar Health Development, Inc. (“Health Development”), shall be selected by Palomar Health (“the Member”), pursuant to Section 3.03 of the Health Development Bylaws; and,

WHEREAS, the Member has duly selected the following to serve as ex officio Directors of the Health Development Board, with vote: the Chief Executive Officer and Chief Financial Officer of Palomar Health; and,

WHEREAS, the Member has duly selected the following to serve as the Directors of the Health Development Board: Terry Corrales, RN; Jeff Griffith, EMT-P; and John Clark; and,

WHEREAS, the Member has duly appointed the following to serve as the Chairperson: Terry Corrales, RN; and,

WHEREAS, the Health Development Board shall elect officers at its annual meeting, pursuant to Section 4.07 of the Health Development Bylaws.

NOW, THEREFORE, IT IS HEREBY RESOLVED by the Board of Directors of Health Development that the selection by the Member of the following slate for the Board of Directors, is hereby acknowledged, and the appointment of the Chairperson is hereby ratified:

- Terry Corrales, RN, Chairperson
- Jeff Griffith, EMT-P, Director
- John Clark, Director
- Chief Executive Officer, Palomar Health, ex officio Director
- Chief Financial Officer, Palomar Health, ex officio Director

IT IS HEREBY FURTHER RESOLVED by the Board of Directors of Health Development that the remaining slate of officers is hereby elected for Calendar Year 2021:

Terry Corrales, RN
Chairperson
Vice-Chairperson
Secretary
Treasurer
PASSED AND ADOPTED at the meeting of the Board of Directors of Health Development held on February 5, 2021, by the following vote:

AYES:

NOES:

ABSENT:

ABSTAINING:

DATED: February 5, 2021

APPROVED:

Terry Corrales, RN, Chairperson
Board of Directors
Palomar Health Development, Inc.

ATTESTED:

, Secretary
Board of Directors
Palomar Health Development, Inc.
Resolution No. 02.05.21(02)-2 Confirming Appointment of the Corporate Officers for Calendar Year 2021

TO: Palomar Health Development Board

MEETING DATE: Friday, February 5, 2021

FROM: Tanya Howell, Corporate Secretary

Background: The Bylaws of Palomar Health Development, Inc. {ARTICLE IV, Sections 5.01-5.02} state the officers of the Corporation shall be a President, a Secretary, and a Chief Financial Officer. Further, the officers of the Corporation shall be chosen annually by, and shall serve at the pleasure of, the Board.

- The current slate of Corporate Officers was appointed at the December 17, 2020, meeting. The officers, “...and shall hold their respective offices until their resignation, removal...or until their respective successors are elected and qualified”:
  - Diane Hansen, President
  - Michael J. Bogert, Chief Financial Officer
  - Tanya Howell, Secretary

As this is the Annual meeting of the Health Development Board, the Corporate Officers must again be chosen.

Budget Impact: N/A

STAFF RECOMMENDATION: Staff recommends that the Board appoint the following slate: Diane L. Hansen, Michael J. Bogert, and Tanya Howell, to serve as President, Chief Financial Officer and Secretary, respectively, of the Corporation. Staff further recommends that the Board adopt Resolution No. 02.05.21(02)-2 Confirming Appointment of the Officers of the Corporation, as amended to include the names of those officers appointed at this meeting.

Motion:

Individual Action: X

Information:
RESOLUTION OF THE BOARD OF DIRECTORS OF
PALOMAR HEALTH DEVELOPMENT, INC.
CONFIRMING APPOINTMENT OF THE OFFICERS OF THE CORPORATION

WHEREAS, the Officers of the Corporation Palomar Health Development, Inc. [Health Development] shall be a President, a Chief Financial Officer and a Secretary – pursuant to Section 5.01 of the Health Development Bylaws; and,

WHEREAS, the Officers of the Corporation of Health Development shall be chosen annually by, and shall serve at the pleasure of, the Board – pursuant to Section 5.02 of the Health Development Bylaws.

NOW, THEREFORE, IT IS HEREBY RESOLVED by the Board of Directors of Health Development that the following slate is hereby appointed Officers of the Corporation of Health Development, to remain in those offices until the Annual Meeting for 2022:

President
Chief Financial Officer
Secretary

PASSED AND ADOPTED at the meeting of the Board of Directors of Palomar Health Development held on February 5, 2021, by the following vote:

AYES:

NOES:

ABSENT:

ABSTAINING:

DATED: February 5, 2021

APPROVED:  ATTESTED:

Terry Corrales, RN, Chairperson
Board of Directors
Palomar Health Development, Inc.  

, Secretary
Board of Directors
Palomar Health Development, Inc.
Amendment 1 to Administrative Services Agreement – Oversight of the New Alternatives Contract – Mary Spencer, MD

TO: Palomar Health Development Board

MEETING DATE: Friday, February 5, 2021

FROM: Michelle Shores, RN, MSN, Director Forensic Health Services

Background: Mary Spencer, MD, provides medical director oversight for both the Child Abuse Program (CAP) and the Sexual Assault Response Team (SART) at Palomar Health’s Forensic Health Services sites. Dr. Spencer has provided reliable forensic professional services to Palomar Health for a number of years and has been responsive to the medical staff and health system in meeting the clinical needs of its patients.

Palomar Health provides services to the Child Assessment Network North, which requires physician leadership and support of the New Alternatives, Inc. ’s, contract with the County of San Diego to support the Child Assessment Network North ("Program"). This agreement calls for Dr. Spencer to serve as supervising physician of the Program ("Supervising Physician"), with responsibility for the physician supervision of the Program and the performance of the other medical administrative services set forth in the agreement, including all of the duties customarily associated therewith, to the reasonable satisfaction of PHO.

- Physician’s duties as Supervising Physician shall include:
  - Review North County Assessment Center charts for quality control;
  - Review charts on request by the Nurse Practitioner for professional feedback;
  - Supervise the work of the Nurse Practitioner and provide consultation as needed;
  - Examine children who need a specialized exam by a physician; and,
  - Provide expert testimony as required.

- Physician shall also keep track of administrative time per the timecard attached to the Supervising Physician Agreement.

Dr. Spencer is compensated separately for this provision of services from grant-funded programs through Palomar Health Development, Inc.

Budget Impact: Grant funded by reimbursement. This has been a long-standing contract that is set to renew January 1, 2021.
**STAFF RECOMMENDATION:**  Staff recommends approval of Amendment 1 to the Administrative Services Agreement with Mary Spencer, MD, for the Oversight of the New Alternatives Contract, effective January 1, 2021.

**Motion:**  X

**Individual Action:**

**Information:**

**Required Time:**


<table>
<thead>
<tr>
<th>Section Reference</th>
<th>Term/Condition</th>
<th>Term/Condition Criteria</th>
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<tbody>
<tr>
<td><strong>TITLE</strong></td>
<td>Supervising Physician</td>
<td></td>
</tr>
<tr>
<td><strong>AGREEMENT DATE</strong></td>
<td>This Amendment 1 shall be effective as of January 1, 2021</td>
<td></td>
</tr>
<tr>
<td><strong>PARTIES</strong></td>
<td>This Amendment 1 to the Administrative Services Agreement (&quot;Agreement&quot;) is entered into and executed by and between Palomar Health Development, Inc., a California nonprofit public benefit corporation (&quot;PHD&quot;); and Mary Spencer, M.D. (&quot;Physician&quot;).</td>
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</table>
| **PURPOSE**       | A. PHD provides services to the Child Assessment Network North, which requires physician leadership and support of the New Alternatives, Inc.’s contract with the County of San Diego to support the Child Assessment Network North ("Program").  
B. Physician is duly licensed to practice medicine under the laws of the State of California.  
C. PHD and Physician have agreed that Physician will provide administrative services related to the program in accordance with this Agreement.  
D. All current agreements between Physician and PHD are available and on file in the master list of agreements electronically maintained by Palomar Health.  
• Review North County Assessment Center charts for quality control;  
• Review charts on request by the Nurse Practitioner for professional feedback;  
• Supervise the work of the Nurse Practitioner and provide consultation as needed;  
• Examine children who need a specialized exam by a physician; and  
• Provide expert testimony as required. | |
| **SCOPE OF SERVICES** | Administrative Services Agreement | |
| **PROCUREMENT METHOD** | ☐ Request For Proposal ☒ Discretionary | |
| **TERM**          | 1 year | |
| **RENEWAL**       | Annual | |
| **TERMINATION**   | Without cause with 30 days written notice.  
For cause as defined in the agreement | |
| **COMPENSATION METHODOLOGY** | Maximum grant funded amount of 8 hours a month  
As compensation for Physician's medical direction of the Program in accordance with this Agreement, Physician shall be paid an hourly rate for such Supervising Physician services rendered during the term hereof subject to the limits set forth in Section 4.  
PHD will pay Physician within sixty (60) days from receipt of Physician’s timesheets. | |
<table>
<thead>
<tr>
<th><strong>FMV ASSESSMENT COMPLETED</strong></th>
<th>□ YES ☒ NO – DATE: Grant funded at contracted rate</th>
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<tbody>
<tr>
<td><strong>BUDGETED</strong></td>
<td>☒ YES □ NO – IMPACT: Neutral</td>
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<tr>
<td><strong>EXCLUSIVITY</strong></td>
<td>□ NO ☒ YES – EXPLAIN: Forensic/Child Abuse pediatric expertise</td>
</tr>
<tr>
<td><strong>JUSTIFICATION</strong></td>
<td>Physician oversite for specialty forensic nurse practitioner services</td>
</tr>
<tr>
<td><strong>AGREEMENT NOTICED</strong></td>
<td>□ YES □ NO Methodology &amp; Response:</td>
</tr>
<tr>
<td><strong>ALTERNATIVES/IMPACT</strong></td>
<td></td>
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</table>

**Duties**

- ☒ Provision for Staff Education
- ☒ Provision for Medical Staff Education
- ☒ Provision for participation in Quality Improvement
- □ Provision for participation in budget process development

- Review North County Assessment Center charts for quality control;
- Review charts on request by the Nurse Practitioner for professional feedback;
- Supervise the work of the Nurse Practitioner and provide consultation as needed;
- Examine children who need a specialized exam by a physician; and
- Provide expert testimony as required.

**COMMENTS**

**APPROVALS REQUIRED**

- ☒ Dept/Program Director
- ☒ CFO
- ☒ BOD
TO: Palomar Health Development Board

MEETING DATE: Wednesday, December 11, 2019

FROM: Michael J. Bogert, Chief Financial Officer

Background: At each regularly scheduled meeting of the Board of Directors of Health Development, the staff members provide the most recent financial report. Aimee Ebner will review the Health Development January 2021 and YTD FY2021 Financial Report.

Budget Impact: None.

STAFF RECOMMENDATION:

Motion: X

Individual Action:

Information:

Required Time:
TO: 
Palomar Health Development Board

MEETING DATE: 
Friday, February 5, 2021

FROM: 
Michael J. Bogert, Chief Financial Officer

Background: The Bylaws of Palomar Health Development, Inc. (“Palomar Health Development”) (ARTICLE VII, Section 7.03, as amended January 27, 2015) state that the Board shall determine which persons shall be authorized from time to time on the Corporation’s behalf to sign checks, drafts, or other orders for payment of money; to sign acceptance notes, or other evidences of indebtedness; to enter into contracts; or to execute and deliver other documents and instruments.

In March 2019, the Board designated in Resolution No. 03.15.19(04)-4 the following to sign checks, drafts, or other orders for payment of money on the Corporation’s behalf, said designations to be made by title:

- President, Corporation
- Chief Financial Officer, Corporation
- Controller, Palomar Health

Under the new organizational structure of Palomar Health, the title of “Controller” was replaced with the title “Vice President of Finance”. Based on this titular change, the attached Resolution has been edited to reflect the following designations by title:

- President, Corporation
- Chief Financial Officer, Corporation
- Vice President of Finance, Palomar Health

Further, Item 1) regarding signature authority limits in the above-referenced Resolution provided the following authorization:

1) The Controller, Palomar Health, is authorized to provide a single signature for amounts below $10,000.01;

That authorization has been edited in the attached Resolution as noted below:

1) The Vice President of Finance, Palomar Health, is authorized to provide a single signature for amounts below $10,000.01;

Budget Impact: N/A

Staff Recommendation: Staff recommends that the Board adopt Resolution No. 02.05.21(03)-3 Naming Authorized Signatories for Banking Accounts and Setting Signature Authority Limits with the changes outlined above.

Motion:

Individual Action: X

Information:

Required Time:
RESOLUTION NO. 02.05.21(03)-3

RESOLUTION OF THE BOARD OF DIRECTORS OF
PALOMAR HEALTH DEVELOPMENT, INC.
NAMING AUTHORIZED SIGNATORIES FOR BANKING ACCOUNTS &
SETTING SIGNATURE AUTHORITY LIMITS

WHEREAS, the Board of Palomar Health Development, Inc., a 501(c)(3) corporation [the “Corporation”], desires to designate authorized signatories for the Corporation’s checking accounts;

NOW, THEREFORE, BE IT RESOLVED, that the following signatories for the accounts are hereby designated, which designation supersedes previous such resolutions:

President, Corporation
Chief Financial Officer, Corporation
Vice President of Finance, Palomar Health

AND, WHEREAS, the Board of the Corporation also desires to set signature authority limits for the Corporation’s checking accounts;

NOW, THEREFORE, BE IT RESOLVED, that the following limits are authorized:

1) The Vice President of Finance, Palomar Health, is authorized to provide a single signature for amounts below $10,000.01; and,

2) Any amounts exceeding $10,000.00 require dual signatures, unless they are signed by the President of the Corporation or the Chief Financial Officer of the Corporation, in which case a single signature shall suffice; and,

3) Amounts exceeding $249,999.00 shall require action by the Corporation’s Board.

PASSED AND ADOPTED at the Annual Meeting of the Board of Directors of Palomar Health Development, Inc., held on February 5, 2021, by the following vote:

AYES:
NOES:
ABSENT:
ABSTAINING:

DATED: February 5, 2021

APPROVED: Terry Corrales, RN, Chairperson
ATTESTED: Secretary

Board of Directors
Board of Directors
Palomar Health Development, Inc.
Palomar Health Development, Inc.
Resolution No. 02.05.21(04)-4
Bank of America Deposit Account & Treasury Management Services
Banking Resolution & Certificate of Incumbency

TO: Palomar Health Development Board

MEETING DATE: Friday, February 5, 2021

FROM: Michael J. Bogert, Chief Financial Officer

Background: Palomar Health Development, Inc., maintains banking accounts with Bank of America. Adoption of the attached Bank of America Deposit Account & Treasury Management Services Banking Resolution & Certificate of Incumbency (No. 02.05.21(04)-4) is required in order to provide the Bank with specimen signatures of the current corporate officers and other authorized signatories. This superseding Resolution has been updated based on the following actions:

- Changes to the organizational structure of Palomar Health

Budget Impact: N/A

STAFF RECOMMENDATION: Staff recommends that the Board adopt Resolution No. 02.05.21(04)-4 Bank of America Deposit Account & Treasury Management Services Banking Resolution & Certificate of Incumbency.

Motion:

Individual Action: X

Information:

Required Time:
Resolution No. 02.05.21(04)-4 Bank of America Deposit Account & Treasury Management Services Banking Resolution and Certificate of Incumbency

Note: Please enable Macros

CLIENT INFORMATION

Please select one of the following options:
- New Resolution/Incumbency
- Update Incumbency (Used to Add or Delete individual authorized signers)
- Supersede Resolution/Incumbency (Replaces any and all prior banking resolutions)

ORGANIZATION LEGAL NAME (Must match legal name indicated in company formation documents)
PALOMAR HEALTH DEVELOPMENT INC

- This Banking Resolution and Certificate of Incumbency will apply to all accounts the Organization maintains with us.
- The Organization adopts the following Banking Resolution and Certificate of Incumbency (with specimen signatures)*

The undersigned certifies that:
1) Any individual (each an “Authorized Signer”) with any of the following Titles

<table>
<thead>
<tr>
<th>Title</th>
<th>Name</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRESIDENT</td>
<td>DIANE L. HANSEN</td>
<td></td>
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<tr>
<td>CHIEF FINANCIAL OFFICER</td>
<td>MICHAEL J. BOGERT</td>
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<tr>
<td>VICE PRESIDENT OF FINANCE -</td>
<td>JAMES L. SMITH</td>
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<tr>
<td>PALOMAR HEALTH</td>
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is authorized, acting alone, including by electronic signature, electronic record or other electronic form, (a) to establish accounts from time to time for the Organization at Bank of America, N.A. (the “Bank”), as well as to operate and close such accounts, (b) to enter into any and all agreements and transactions contemplated by the provision of treasury management services by the Bank, including but not limited to Electronic Funds Transfer Services, and (c) designate persons to operate each such account including closing the account, and to designate persons to act in the name and on behalf of the Organization/Client with respect to the establishment and operation of treasury management services.

2) the person whose signature, name, and title appear in the “AGREEMENT, TAX INFORMATION CERTIFICATION and AUTHORIZATION” section of the Deposit Account Documentation Signature Card or Amendment to Signature Card (“Signature Card”) and those persons listed below on the Incumbency Certificate, are Authorized Signers who are authorized, including by electronic signature, electronic record or other electronic form, to establish accounts and to designate persons to operate each such account and to execute contracts and agreements (including treasury management service agreements, including but not limited to Electronic Funds Transfer Agreements) with the Bank and that the signatures of such Authorized Signers are genuine.

3) the persons who signed in the Designated Account Signers section of the Signature Card or Amendment to Signature Card are authorized to operate any accounts opened with the deposit account documentation unless otherwise noted on the Signature Card, and that the signatures of such Designated Account Signers are genuine.

4) the foregoing is a complete, true and correct copy of the banking resolutions adopted by the Board of Directors, the Members or the General Partners, Commission, Council or Governing Board as applicable, of the Organization, government entity or authority and that the resolutions are still in full force and effect and have not been amended or revoked and do not exceed the objects or powers of the Organization, government entity, authority or the powers of its management or Governing Board, Commission or Council.

Incumbency Certificate:

<table>
<thead>
<tr>
<th>Add/Delete</th>
<th>Name</th>
<th>Title</th>
<th>Signature</th>
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<tbody>
<tr>
<td>Add</td>
<td>DIANE L. HANSEN</td>
<td>PRESIDENT</td>
<td></td>
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<tr>
<td>Add</td>
<td>MICHAEL J. BOGERT</td>
<td>CHIEF FINANCIAL OFFICER</td>
<td></td>
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<tr>
<td>Add</td>
<td>JAMES L. SMITH</td>
<td>VICE PRESIDENT OF FINANCE -</td>
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<td></td>
<td>PALOMAR HEALTH</td>
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* If you choose to provide your own Banking Resolution and Certificate of Incumbency (with specimen signatures), it must be attached to the signature card.

This Banking Resolution and Certificate of Incumbency must be signed as follows:

- Corporations: Secretary or assistant secretary of the company must sign.
- Any Partnership type: One of the general partners must sign. If the general partner is an organization, show the name of the general partner and include capacity of signer.
- Limited Liability Company:
  - Member Managed LLC: One of the members or an officer of the company must sign. If the member or manager is an organization, show the name of the member or manager and include capacity of signer.
  - Manager Managed LLC: The manager or managers or an officer authorized of the company must sign. If the member or manager is an
organization, show the name of the member or manager and include capacity of signer.

- **Other unincorporated organizations**: An officer of the organization who is authorized by the by-laws or operating agreement of the company must sign.
- **Government entities, authorities or agencies**: An authorized signer of the government entity/authority who is authorized by the statutes must sign.

<table>
<thead>
<tr>
<th>In Witness Whereof, I have hereunto set my hand as (title) of the Organization listed above</th>
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<tbody>
<tr>
<td><strong>Title:</strong> CORPORATE SECRETARY</td>
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<table>
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<tr>
<th>Type or Print Name of Certifying Individual</th>
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<tbody>
<tr>
<td>TANYA HOWELL</td>
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<thead>
<tr>
<th>Name of Company who is General Partner or Member, leave blank if not applicable. (Type or print Name of company including the legal name of any member, managing member, manager, or general partner who is signing and who is not an individual)</th>
</tr>
</thead>
</table>

| Signature: | Date: |
Resolution No. 02.05.21(05)-5  
Setting the Date and Time for the Remaining Regular Meeting  
for Calendar Year 2021

TO: Palomar Health Development Board  
MEETING DATE: Friday, February 5, 2021  
FROM: Tanya Howell, Corporate Secretary

Background: The Bylaws of Palomar Health Development, Inc. (ARTICLE IV, Section 4.03(a), amended January 7, 2015) require that the Board pass a Resolution stating the date, time and location of the Board’s second regular meeting for the calendar year.

As this is the Annual Meeting of the Board, the attached Resolution stating the date, time and place of the Board’s remaining regular meeting for the calendar year has been drafted. The month of November has been chosen in order to allow time for completion of the Annual Audited Financials and review thereof by the Audit Committee of the Board.

The Board is requested to choose between the two following dates, with a start time of 12:00 noon. Until further guidance regarding the ability to again meet in person is received from the appropriate authorities, it is recommended that the meeting be posted as “To Be Determined (TBD)”, with either a virtual or an in-person location to be set at a later date.

<table>
<thead>
<tr>
<th>DATE</th>
<th>PURPOSE OF MEETING</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday November 5, 2021</td>
<td>Second Regular Meeting Calendar Year 2021</td>
<td>TBD</td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Friday, November 12, 2021</td>
<td>Second Regular Meeting Calendar Year 2021</td>
<td>TBD</td>
</tr>
</tbody>
</table>

Resolution No. 02.05.21(05)-5 has been drafted to present the recommended schedule and is attached for the Board’s review and approval.

Budget Impact: N/A

STAFF RECOMMENDATION: Staff recommends that the Board set the date and time for the Board’s second regular meeting for Calendar Year 2021, with a location of “To Be Determined”, and that the Board adopt Resolution No. 02.05.21(05)-5 after it has been amended to reflect the date and time chosen.

Motion:  
Individual Action: X

Information:
WHEREAS, Palomar Health Development, Inc. [Health Development] is required, pursuant to Section 54954 of the California Government Code and Section 4.03(b) of the Health Development Bylaws, to pass a resolution adopting the time, place and location of the regular board meetings.

NOW, THEREFORE, IT IS HEREBY RESOLVED by the Board of Directors of Health Development that the following are the date and time for the remaining regular meeting for Calendar Year 2021 (January – December), and;

NOW, THEREFORE, IT IS HEREBY FURTHER RESOLVED by the Board of Directors of Health Development that the location for the meeting shall be listed as “To Be Determined” and will be posted following receipt of further guidance from the appropriate authorities regarding the ability to again hold meetings in person:

CALENDAR YEAR 2021 BOARD MEETING SCHEDULE

<table>
<thead>
<tr>
<th>DATE</th>
<th>PURPOSE OF MEETING</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday November 5, 2021, <strong>OR</strong> Friday November 12, 2021 12:00 noon</td>
<td>Regular Meeting Fiscal Year 2021</td>
<td>To Be Determined</td>
</tr>
</tbody>
</table>

PASSED AND ADOPTED at the meeting of the Board of Directors of Health Development, held on February 5, 2021, by the following vote:

AYES: 

NOES: 

ABSENT: 

ABSTAINING: 

DATED: February 5, 2021

APPROVED: 

Terry Corrales, RN, Chairperson
Board of Directors
Palomar Health Development, Inc.

ATTESTED: 

____________________________, Secretary
Board of Directors
Palomar Health Development, Inc.
### ATTENDANCE ROSTER

<table>
<thead>
<tr>
<th>MEMBERS</th>
<th>MEETING DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jeff Griffith, EMT-P</td>
<td>V</td>
</tr>
<tr>
<td>Past Vice-Chairperson, Acting Chair</td>
<td>V</td>
</tr>
<tr>
<td>Diane L. Hansen</td>
<td>V</td>
</tr>
<tr>
<td>Michael J. Bogert</td>
<td>V</td>
</tr>
<tr>
<td>Vacant Board Member</td>
<td>V</td>
</tr>
<tr>
<td>Vacant Board Member</td>
<td>V</td>
</tr>
<tr>
<td><strong>Staff Attendee</strong></td>
<td></td>
</tr>
<tr>
<td>Tanya Howell</td>
<td>V</td>
</tr>
<tr>
<td>Board Assistant/Corporate Secretary</td>
<td>V</td>
</tr>
<tr>
<td><strong>Guest Presenters</strong>(^1)</td>
<td></td>
</tr>
</tbody>
</table>

V = Virtual  P = Present  E = Excused

\(^1\) See text of minutes for names of invited guests/presenters
## AGENDA ITEM

### DISCUSSION

<table>
<thead>
<tr>
<th>CONCLUSIONS/ACTIONS</th>
<th>FOLLOW-UP/RESP PARTY</th>
</tr>
</thead>
</table>

### CALL TO ORDER

- Acting Chairperson Jeff Griffith called the meeting to order at 12:02 p.m.
- Quorum comprised of Directors Griffith, Hansen & Bogert
  - Noting that he was on duty and might have to leave the meeting should he get a call (which would leave the Board without a quorum), Acting Chairperson Griffith asked if any items could be consolidated, and Board Assistant Tanya Howell stated that all of the Resolutions required individual votes, as did most of the other items—all of which required Board action; however, the three physician agreements could be consolidated into one vote
- Notice of Meeting and Full Agenda Packet were posted at PH’s Administrative Offices and on the Palomar Health Development, Inc. (PHD) home page on the PH website on Monday, December 14, 2020, which is consistent with legal requirements. Notice of that posting was also made that date via email to the Board and staff members.

### PUBLIC COMMENTS

- There were no public comments

### INFORMATION ITEMS

- None

### OLD BUSINESS

#### A. FOLLOW-UPS

- Information Only

- Board Assistant Howell reported that all of the follow-up requests made at the last Board meeting had been completed and were addressed in the attached Form A

### MINUTES

#### A. Regular Meeting, Wednesday, December 11, 2019

- **MOTION:** By Director Bogert, seconded by Director Hansen and carried to approve the minutes of the Regular Meeting of Wednesday, December 11, 2019.

  Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2

- No discussion

### PRESENTATIONS

- None
## BOARD OF DIRECTORS – MEETING MINUTES – THURSDAY, DECEMBER 17, 2020

### VII. NEW BUSINESS

#### A. Resolution No. 12.17.20(01)-1 – Acknowledging Selection of the New Board

**MOTION:** By Director Hansen, seconded by Director Bogert to approve Resolution No. 12.17.20(01)-1 – Acknowledging Selection of the New Board.

Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2

#### B. Resolution No. 12.17.20(02)-2 – Confirming Appointment of Corporate Officers for Calendar Year 2020

**MOTIONS:**
- By Director Bogert to nominate Director Hansen President, seconded by Acting Chair Griffith
- By Director Hansen, to nominate Director Bogert CFO, seconded by Acting Chair Griffith
- By Director Bogert, to nominate Board Assistant Tanya Howell Secretary of the Corporation, seconded by Director Hansen
- By Director Bogert, seconded by Director Hansen, to approve Resolution No. 12.17.20(02)-2 – Confirming Appointment of Corporate Officers for Calendar Year 2020

Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2

- Director Hansen attempted to nominate Director Griffith for President, and Mrs. Howell reminded her that these were corporate officers, so Director Bogert nominated Director Hansen for President

#### C. Administrative Services Agreement – Oversight of the New Alternatives Contract 1.1.2020 – Mary

*SEE BELOW*
<table>
<thead>
<tr>
<th>AGENDA ITEM</th>
<th>DISCUSSION</th>
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<tbody>
<tr>
<td>(I.A)</td>
<td>• DISCUSSION</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Spencer, MD</td>
<td></td>
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<td></td>
<td></td>
<td>• No discussion</td>
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</tr>
<tr>
<td>D. Amendment No. 7 to the Medical Director Agreement for the First 5 First Steps Home Visiting Program 9.1.2020 – Byron Chow, MD</td>
<td><em>SEE BELOW</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• No discussion</td>
<td></td>
</tr>
<tr>
<td>E. Amendment No. 6 to the Medical Director Agreement for the First 5 Healthy Development Services Program 7.1.2020 – Byron Chow, MD</td>
<td><em>SEE BELOW</em></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>• No discussion</td>
<td></td>
</tr>
<tr>
<td><em>NOTE: ITEMS C, D AND E WERE VOTED ON AS A SLATE</em></td>
<td>MOTION: By Director Hansen, seconded by Director Bogert to approve the three agreements with physicians presented as items C, D and E of the agenda</td>
<td>Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>• No discussion</td>
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</tbody>
</table>
**BOARD OF DIRECTORS – MEETING MINUTES – THURSDAY, DECEMBER 17, 2020**

<table>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>G. Ratification of the FY2021 Operating Budget for Palomar Health Development</strong></td>
<td><strong>MOTION:</strong> By Director Hansen, seconded by Director Bogert to ratify the FY2021 Operating Budget for Palomar Health Development. Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2</td>
<td></td>
</tr>
<tr>
<td>• No discussion</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>H. November 2020 &amp; YTD FY2021 Financial Report</strong></td>
<td><strong>MOTION:</strong> By Director Bogert, seconded by Director Hansen to approve the November 2020 &amp; YTD FY2021 Financial Report as presented. Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2</td>
<td></td>
</tr>
<tr>
<td>• No discussion</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>I. Third Amended Line of Credit Agreement</strong></td>
<td><strong>MOTION:</strong> By Director Bogert, seconded by Director Hansen to approve the Third Amended Line of Credit Agreement as presented. Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2</td>
<td><strong>Mrs. Howell will prepare the appropriate documentation to submit the agreement to the Palomar Health Board for approval</strong></td>
</tr>
<tr>
<td>• In response to an inquiry from Director Bogert, Mrs. Howell stated that the background for the Line of Credit was contained within the Form A (<em>page 20 of the packet</em>), and the request by Management at today’s meeting was to extend the Line of Credit for another five years, amending both the Promissory Note and the Security Agreement in conjunction therewith</td>
<td></td>
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<tr>
<td>• Mrs. Howell further noted that once the Line of Credit had been approved by this Board, it would be presented for approval by the Palomar Health Board at its January 2021 meeting</td>
<td></td>
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</tr>
<tr>
<td>AGENDA ITEM</td>
<td>CONCLUSIONS/ACTIONS</td>
<td>FOLLOW-UP/RESP PARTY</td>
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<tr>
<td>J. Administrative Oversight for Palomar Health Development</td>
<td><strong>MOTION</strong>: By Director Hansen, seconded by Director Bogert to ratify the automatic renewal of the Financial &amp; Accounting Services Agreement between Palomar Health Development, Inc., and Palomar Health, effective July 1, 2020; and to approve a $1,000 per month increase in the compensation, bringing the total compensation to $3,000 per month in reimbursement to Palomar Health, effective July 1, 2020. Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2</td>
<td></td>
</tr>
<tr>
<td>K. Resolution No. 12.17.20(04)-4 – Bank of America Deposit Account &amp; Treasury Management Services Banking Resolution and Certificate of Incumbency</td>
<td><strong>MOTION</strong>: By Director Bogert, seconded by Director Hansen to approve Resolution No. 12.17.20(04)-4 – Bank of America Deposit Account &amp; Treasury Management Services Banking Resolution and Certificate of Incumbency. Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2</td>
<td>Mrs. Howell will obtain appropriate signatures and submit the resolution to Financial Services Manager Aimee Ebner to submit to the banking institution</td>
</tr>
<tr>
<td>L. Resolution No. 12.17.20(05)-5 – Setting the Date, Time &amp; Location for the Annual Organizational Meeting for Calendar Year 2021</td>
<td><strong>MOTION</strong>: By Director Bogert, seconded by Director Hansen to approve Resolution No. 12.17.20(05)-5 – Setting the Date, Time &amp; Location for the Annual Organizational Meeting for Calendar Year 2021. Carried by the following vote, taken by roll call: Director Bogert – aye; Director Hansen – aye; Acting Chair Griffith – aye; Vacant: 2</td>
<td>Mrs. Howell will edit the resolution to denote the date chosen and post that information on the PHD page of the PH website</td>
</tr>
</tbody>
</table>
**BOARD OF DIRECTORS – MEETING MINUTES – THURSDAY, DECEMBER 17, 2020**

<table>
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<tbody>
<tr>
<td>DISCUSSION</td>
<td></td>
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</tr>
</tbody>
</table>

- Mrs. Howell stated that a date could be chosen now and changed if necessary to accommodate the schedules of the new Board members once they had been appointed by the Palomar Health Board
- Friday, February 5, 2021, at 12:00 noon, with a location to be determined depending on social distancing rules in place at that time, was chosen

**VIII. BOARD FUTURE AGENDA ITEMS**

- none

**IX. ADJOURNMENT**

**MOTION:** The meeting was adjourned by Acting Chairperson Griffith at 12:18 p.m.

**SIGNATURES:**

<table>
<thead>
<tr>
<th>PHD Board Acting Chairperson</th>
<th>PHD Board Assistant</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jeff Griffith, EMT-P</td>
<td>Tanya Howell</td>
</tr>
</tbody>
</table>

Next Meeting: Organizational Meeting – Friday, February 5, 2021, at 12:00 noon, location TBD depending on social distancing rules in place at that time
Grant Update

February 5, 2021
## Current Grants

<table>
<thead>
<tr>
<th>TITLE</th>
<th>GRANTOR</th>
<th>PURPOSE</th>
<th>AWARDED</th>
<th>FY21 FUNDS REMAINING</th>
<th>BEG/END DATE</th>
<th>UPDATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthy Development Services (HDS)</td>
<td>First 5 Commission</td>
<td>To serve as lead agency for the North Inland Region to provide integrated care and treatment services that address the health, developmental and behavioral needs of children ages birth through 5 years</td>
<td>$1,602,884 Renewed Annually *includes rollover of $76,385 from FY20</td>
<td>$887,088</td>
<td>07/01/20-06/30/22</td>
<td>*$715,796 invoiced in FY21 (Jul-Dec20) *$80,782 overhead received in FY21 *Overhead budget of $179,777 for FY21</td>
</tr>
<tr>
<td>First 5 First Steps</td>
<td>First 5 Commission</td>
<td>To provide a comprehensive, community-based Targeted at Risk Home Visiting project for the North Inland/North Coastal regions using the Healthy Families America (HFA) and Parents As Teachers (PAT) nationally-recognized evidence-based models. Palomar Health leads this project and provides education, resources and support through direct home visiting services, parenting workshops, and special events for children and families.</td>
<td>$1,060,538 Renewed Annually *includes rollover of $238,756 from FY20</td>
<td>$633,116</td>
<td>07/01/20-06/30/22</td>
<td>*$427,422 invoiced in FY21 (Jul-Dec20) *$48,069 overhead received in FY21 *Overhead budget is $109,911 for FY21</td>
</tr>
<tr>
<td>TITLE</td>
<td>GRANTOR</td>
<td>PURPOSE</td>
<td>AWARDED</td>
<td>FY21 FUNDS REMAINING</td>
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<td>UPDATES</td>
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</tr>
<tr>
<td>CalWORKs Home Visiting Program</td>
<td>County of San Diego HHSA</td>
<td>To provide direct home visiting services to North Inland/North Coastal families who are enrolled in CalWORKs (the California Work Opportunities and Responsibility to Kids program).</td>
<td>$513,315</td>
<td>$366,509</td>
<td>07/01/20-06/30/22</td>
<td>*$146,806 invoiced in FY21 (Jul-Dec20)</td>
</tr>
<tr>
<td></td>
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<td></td>
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<td>*$17,730 overhead received in FY21</td>
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<td></td>
<td></td>
<td>*Overhead budget is $43,664 for FY21</td>
</tr>
<tr>
<td>Cal Learn Home Visiting Program</td>
<td>County of San Diego HHSA</td>
<td>To provide direct home visiting services to North Inland/North Coastal families who are enrolled in Cal Learn (statewide program for pregnant and parenting teens).</td>
<td>$169,003</td>
<td>$98,902</td>
<td>07/01/20-06/30/22</td>
<td>*$70,101 invoiced in FY21 (Jul-Dec20)</td>
</tr>
<tr>
<td></td>
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<td>*$8,773 overhead received in FY21</td>
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<td></td>
<td></td>
<td></td>
<td>*Overhead budget is $20,253 for FY21</td>
</tr>
<tr>
<td>Green Oaks Ranch</td>
<td>New Alternatives, Inc.</td>
<td>Provides an intake center for assessment and placement of abused, neglected, and/or abandoned children taken into immediate protective custody by Law Enforcement Officers and/or Health &amp; Human Services Agency Social Workers.</td>
<td>$157,000 per calendar year</td>
<td>$157,000</td>
<td>1/1/21-12/31/21</td>
<td>*$75,355 invoiced in FY21 (Jul-Dec20)</td>
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<td>*contract is based on calendar year</td>
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<td></td>
<td></td>
<td></td>
<td>*CY21 contract was fully executed 12/31/20</td>
</tr>
</tbody>
</table>
# Current Grants

<table>
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<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Victim Services Fund</td>
<td>San Diego County Sheriff’s Department (eff. 1/1/2021)</td>
<td>To provide forensic medical exams on an on-call basis for victims in San Diego County.</td>
<td>$1,335,000 (includes increase of $500k eff. 1/1/21)</td>
<td>$500,000</td>
<td>1/1/21 – 6/30/21</td>
<td>*$169,500 invoiced in FY21 (Jul-Dec 20)</td>
</tr>
<tr>
<td>Previously Emergency Medical Services</td>
<td>Previously County of San Diego, Health and Human Services, Emergency Medical Services (2/1/17-12/31/20)</td>
<td></td>
<td>Multi-Year Award</td>
<td></td>
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<td>*Reimbursement rate of $1,000 per initial exam for up to 443 exams. $500 per follow-up exam for up to 114 exams.</td>
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<td>*Additional $500k was awarded 1/1/2021</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td>*$500,000 in funding available from 1/1/21-6/30/21</td>
</tr>
<tr>
<td>TITLE</td>
<td>GRANTOR</td>
<td>PURPOSE</td>
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<td>UPDATES</td>
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<tr>
<td>Bioterrorism/ Emergency Preparedness</td>
<td>County of San Diego, Health &amp; Human Agency</td>
<td>To enhance San Diego’s Emergency Preparedness by utilizing HPP funding to purchase priority equipment and supplies including evacuation equipment, interoperable communications equipment, and surge capacity for pandemic influenza and fatality management.</td>
<td>$1,625,483</td>
<td>Multi-Year Award</td>
<td>July 2005 – June 2019</td>
<td>$0 *$133,594 currently remains in fund</td>
</tr>
<tr>
<td>Marjorie Mosher Schmidt Foundation - Child Abuse Program</td>
<td>Marjorie Mosher Schmidt Foundation</td>
<td>To provide funds for Nurse education as well as forensic imaging equipment.</td>
<td>$27,000</td>
<td>Multi-Year Award</td>
<td>Dec 2009 – Dec 2012</td>
<td>$0 *$829 currently remains in fund *Additional funding is not expected at this time</td>
</tr>
<tr>
<td>In-N-Out Burger Child Abuse Prevention Project</td>
<td>In-N-Out Burger Foundation</td>
<td>To provide funding for SART/Child Abuse Program community education and bilingual interviewing at the center. Funds to be used to provide follow-up with families and children who have been through counseling.</td>
<td>$59,000</td>
<td>Multi-Year Award</td>
<td>Dec 2019</td>
<td>$0 *$7,878 currently remains in fund</td>
</tr>
</tbody>
</table>
ADDENDUM C

First 5 First Steps (First Steps)
Shirin Strauss, M.A., ICCE, IBCLC

Healthy Development Services (HDS)
Cindy Linder, RN, BSN

Virginia Barragan, FACHE, PT, MOMT, DPT
Sheila Brown, RN, MBA, FACHE

February 5, 2021
First 5 Grant Funded Services

- California Prop 10 Tobacco Tax (1998) funds First 5 California (58 Counties)
  - Comprehensive, integrated, and coordinated system for California’s children prenatal through age 5 and their families
  - Promote, support and optimize early childhood development
- Palomar Health serving as a Grantee of San Diego County First 5 Commission since 2001
  - Total funding received to date: $45,053,194
  - Total # of Children and Families served to date: 36,096
Key Community Partners

[Logos and images of various community partners]
First 5 First Steps (First Steps) – Funding Parent Support Program

Two Year Contract 2020-2022
$3,214,054

July 2020 - June 2021
$1,709,954 (21.5 FTE)

Funding Sources
1. First 5 San Diego: Tobacco Tax Initiative
2. CalWORKS: State of California
3. CalLearn: State of California
First Steps Services: North Inland/North Coastal

- Home Visiting Services (Families stay in our program 3 - 3½ years)
  - Using 3 Nationally-Recognized, Evidence-Based Models
  - Parent Education and Empowerment
  - Child Development
  - Connections to Resources and a Medical Home
- Parent and Family Workshops and Special Events
- Mental Health Services, Nutrition Counseling
First Steps Outcomes: FY19-20

2,281 HOME VISITS 153 FAMILIES

48% EXCLUSIVE BREASTFEEDING AT 6 MONTHS (National Average 19%)

96% UP TO DATE WITH IMMUNIZATIONS (National Healthy People 2020 Goal of 90%)

Extensive data collection on processes and outcomes.
First Steps Response to COVID-19

March 2020:  - Closed All Sites and Set Up Staff To Work Remotely
             - Connected All Clients To Technology (Equipment) and Virtual Platforms (ZOOM, GoTo)

April 2020:  - All Services Provided Virtually (Home Visits, Workshops, Special Events)
             - Began Contactless Distribution Events to Provide Emergency Needs for Clients
             - Recognized County Leader Implementing Comprehensive Services Virtually
             - Constantly evaluating, planning and implementing best practice

“    We are a much stronger family, and we know how to take better care of our children now. We have learned so much. You have truly made a difference in our lives! We love First Steps!”
Healthy Development Services (HDS) - Funding

Two Year Contract 2020-2022

$3,052,998

July 2020 - June 2021

$1,526,499 (15.5 FTE)
HDS Services

Level 1
- Screening & Assessment
- Parent Workshops
- Specialized Classes
- Care Coordination

Level 2
- 1:1 Coaching with Parent & Child
- Care Coordination

Level 3
- Speech, Physical & Occupational Therapy
- Behavior Therapy
- Care Coordination
HDS Outcomes: FY19-20

1,221 Children Served.
9,621 Treatment Sessions.
100% Families Would Recommend HDS to Family or Friends.

FIGURE 2. HELP EXPRESSIVE LANGUAGE STRAND TRAJECTORIES (n=1,205)
HDS Response to COVID-19

March 17, 2020:
– Closed all sites and set up all staff to work remotely
– Care Coordination support to families
– Service Providers began on-line telehealth training

April 1, 2020 to Present:
– HDS Teleservices up and running via ZOOM
– Constantly evaluating, planning and implementing best practice

“We had a wonderful experience and learned tools that we would implement at home. I definitely love the progress in my child’s speech and behavior.

Thank you so much!”
Palomar Health a Recognized Industry Leader

- Palomar Health Best Practices (First Steps/HDS) Are Required Countywide by First 5 San Diego and the American Academy of Pediatrics Chapter 3 (Countywide Coordinators)
- Over 150 Shared Community Partners
- Regional Referral Pathways - Best First Referral
- Established Community Advisory Groups and Home Visiting Collaborative
- Palomar Health is a LIVE WELL PARTNER with the County of San Diego

THANK YOU Palomar Health Development Board for your support!
Contact Information

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  Program Director North Region First Steps
  Phone: 760-739-3990
  Email: shirin.strauss@palomarhealth.org

• Cindy Linder
  Regional Coordinator HDS North Inland
  Phone: 760-807-0113
  Email: cynthia.linder@palomarhealth.org
Forensic Health Services

Michelle Shores, RN, MSN, MBA-HC, CEN, SANE-A, SANE-P
Director of Forensic Health Services
Presented to the Palomar Health Development Board on February 5, 2021

**Please Note: In the interests of time, the presenter will review the highlights of this presentation**

**All Videos may be reviewed at your leisure, and the presenter is available for additional, more in-depth discussions by request**
History of Child Abuse

**Slide credit to Brittnee Aten-Acheson, LCSW with Rady Chadwick Center**

1889 – Jane Addams founded *Hull House* and provided critical social services and advocacy for children.

1962 – Dr. C. Henry Kempe publishes *The Battered Child Syndrome* leading medical professionals to identify and report child abuse.

1974 – President Nixon signs the Child Abuse Prevention and Treatment Act (CAPTA).

1975 – Dr. David Chadwick developed the San Diego County Child Abuse Coordinating Council, the Child Protection Team (CPT) and what is now the Chadwick Center.

1980s – The field of child protection grew and CACs were developed to coordinate appropriate responses.
Forensic Health Services Program Overview

– Child Abuse Program (CAP)
  • 1984
  • Nationally Accredited Child Advocacy Center (CAC)
– Sexual Assault Response Team (SART)
  • 1991
– Forensic Nurse Examiner (FNE) programs
  • 2017
– North County Child Assessment Center
  • New Alternatives-Vista
Locations

• These services will be provided at
  – Palomar Health
    • 121 N Fig Escondido (Child Advocacy Center)
    • 15611 Pomerado Road, Poway
  – San Diego Downtown Family Justice Center
  – Santee Sheriff Station (DAFE/FAX only)
  – After hours/weekends/holidays Acute pediatric exams at Rady Children’s Hospital
  – UCSD Student Health (Beginning July 2018)
  – In an emergency situation, authorized by law enforcement, exams may be performed at offsite facilities such as, hospitals, skilled nursing facilities, police and sheriff departments, jails, morgues, or alternate offsite exams.
Overview of Services

• **Forensic Medical Evidentiary Exams 24/7/365**
  - Sexual Assault Forensic Medical Examinations (SART)
    • Victim and Suspect Exams
  - Domestic Violence Forensic Medical Examinations (DAFE)
  - Strangulation Forensic Medical Examinations
  - Elder Abuse Forensic Medical Examinations (EA)
  - General Assault Forensic Examinations (FAX)
  - Pediatric Acute Sexual Assault Examinations (CAP)
    • Palomar Health
    • Staff Support for Rady Children’s Chadwick Center for Acute Examinations
  - Pediatric Non-Acute Sexual Assault Exams (CAP)
  - STI Testing and Emergency Assault Related Medication Prophylaxis
  - Assault Related TBI/ABI Risk and Referral for Outpatient Rehab Services

• **Child Abuse Program (CAP)**
  - Forensic Interviews
    - Forensic Interviews offered Business hours or on emergent basis after hours

• Case Coordination/Advocacy (CAP)
• Onsite Child Trauma Therapy (CAP)
• Only North County Human Trafficking “Soft Room” Option
• Community Education/Expert Witness Testimony
Trauma

- Trauma is an injury
  - Trauma can be physical, emotional, physiological, or spiritual
  - It causes damage
  - It needs to be treated in order to heal
- The Multidisciplinary Team Approach is an important first step on the pathway to healing

Stock internet photo

https://vimeo.com/126501517
Multidisciplinary Team (MDT)

• MDT Partners:
  – Law Enforcement
  – Child Welfare
  – Prosecution
  – Victim Advocates
  – Mental Health
  – Forensic Interviewers
  – Medical Providers
  – Administrative and Program Staff
  – Community Partners

• MDT Benefits
  – Clear communication
  – Sharing of information to make informed decisions
  – Fewer cases falling through the cracks or duplication of effort
  – Reducing number of child interviews
  – Better case outcomes
  – More kids get medical exams
  – More kids get referrals to therapy
  – More cases get prosecuted
The Service Provider Team

Palomar Health Forensic Health Services has highly qualified forensic staff that have the ability to perform both Medical/Interview forensic services.
### Volumes (Calendar Year)

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<td>466</td>
<td>891</td>
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Overview of Patient Volume

Volume Does Not include Follow-up Exams

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<td>2015</td>
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<td>2019</td>
<td>1394</td>
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<tr>
<td>2020</td>
<td>1408</td>
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Volume Trend Visual

- SART 660
- SART 687
- SART 578
- CAP Interview 253
- CAP Interview 269
- CAP Interview 312
- Peds Medical 23
- Peds Medical 31
- Peds Medical 40
- DV/FAX 273
- DV/FAX 216
- DV/FAX 277

Years: 2018, 2019, 2020

Palomar Health Development, Inc.
Child Advocacy Centers (CAC)

CACs are defined by the Children’s Bureau (U.S. Department of Health and Human Services) as Level 1 emergency responders

- CACs are how communities mount a coordinated response to allegations of child abuse
- Sexual abuse, physical abuse, and neglect are forms of adverse childhood experiences (ACEs) that researchers have linked to mental health problems, such as mood disorders, anxiety, substance abuse, and impulse control disorders.¹
  - Child abuse often co-occurs with other ACEs, like witness to domestic violence or community violence, traumatic loss or separation, or sexual assault.
  - Adults with multiple ACEs have even been shown to be more likely to endure poor health outcomes like diabetes, STDs, heart disease, and early death.

In short, without intervention, child abuse causes lifelong problems

¹Centers for Disease Control, 1998. [https://www.cdc.gov/violenceprevention/acetstudy/about.html](https://www.cdc.gov/violenceprevention/acetstudy/about.html)
[https://www.nationalchildrensalliance.org/media-room/nca-digital-media-kit/fact-sheet/#:~:text=Types%20of%20NCA%20Members%20NCA%20on%20cases%20of%20child%20abuse](https://www.nationalchildrensalliance.org/media-room/nca-digital-media-kit/fact-sheet/#:~:text=Types%20of%20NCA%20Members%20NCA%20on%20cases%20of%20child%20abuse)
CAC SUPPORT STRUCTURE

National
• National Children’s Alliance - membership, advocacy, support and training

Regional
• Western Regional Children’s Advocacy Center - training, support, collaboration, resources

State
• Children’s Advocacy Centers of California - statewide leadership, training, support, technical assistance

**Slide credit to Brittnee Aten-Acheson, LCSW with Rady Chadwick Center**
CACs must meet the following standards for accreditation (or for re-accreditation every 5 years). The standards ensure that child abuse victims throughout the country receive effective, efficient and compassionate services.

1. Multidisciplinary Team (MDT)  
2. Cultural Competency and Diversity  
3. Forensic Interviews  
4. Victim Support and Advocacy  
5. Medical Evaluation  
6. Mental Health  
7. Case Review  
8. Case Tracking  
9. Organizational Capacity  
10. Child-Focused Setting
CAC Model

Without CACs

With CACs

https://www.nationalchildrensalliance.org/media-room/nca-digital-media-kit/fact-sheet/#:~:text=Types%20of%20NCA%20Members%2FNCA,on%20cases%20of%20child%20abuse.

https://vimeo.com/263000974

PALOMAR HEALTH DEVELOPMENT, INC.
HOW DOES THE CHILDREN’S ADVOCACY CENTER MODEL WORK?

### Core Function of CAC

**LAW ENFORCEMENT**
- The role of local law enforcement is grounded in public safety
- If not criminal in nature, law enforcement may not take action
  - Immediate Response

**CHILD PROTECTIVE SERVICES**
- The role of CPS is to ensure that a child’s home is safe
- If the family/caretaker is not the alleged abuser, CPS may not take action
  - Priority Assigned (24-72 hours)
  - Child is brought to children’s advocacy center
  - Joint Investigation Begins
    - Forensic Interview
    - Evidence Collected
    - Photos Taken
    - Witness Interview
    - Medical Treatment and Exam
  - CAC coordinates Case Review with all team members, including law enforcement, prosecution, Child Protective Services, the forensic interviewer, a mental health provider, a medical professional, and a family advocate
  - Case presented to District Attorney
  - Child & family receive mental health services—Family advocate works with family to assess critical resources and provide support as the case moves through the justice system
  - Child Removed from Home, or Case Opened for Services, or Case Closed
  - Suspect Charged or Case Refused

Our Child Advocacy Center

Forensic Health Services Center

Exam Room

Interview Room
Cost of Child Abuse without a CAC Approach

The Financial Impacts of Child Abuse

The cumulative financial impact to San Diego County for the 3,787 verified survivors of maltreatment and 11 maltreatment fatalities in 2019 is $1,420,000,000. Though these costs are accrued over the course of the victim’s life, the community will continue to occur the same cost each year until we are able to reduce and ultimately end child abuse.

- **CHILD WELFARE - $259,169,998**
  Victims may require intervention services, foster care, and counseling services.

- **EDUCATION - $60,599,903**
  Maltreated children are 77 percent more likely to require special education.

- **CRIMINAL JUSTICE - $30,934,626**
  Maltreated children are 59 percent more likely to be arrested as juveniles, and 28 percent more likely to have an adult criminal record.

- **HEALTHCARE - $328,654,175**
  Victims may require hospital care, mental health services, and other medical services during childhood, and have a higher incidence of physical and mental health issues throughout adulthood.

- **LIFETIME PRODUCTIVITY - $720,544,947**
  Victims are more likely to be unemployed and rely on public assistance which lead to diminished earning potential.

- **FATALITY - $18,022,688**
  Accounts for the victims’ lost wages and healthcare costs.

See Attachment California-https://economics.safeandsound.org/static_reports/2020CA_Snapshot.pdf

See Attachment San Diego-https://economics.safeandsound.org/
How do we Know a CAC Model Works?

Kids and caregivers report kids have fewer PTSD symptoms after trauma treatment at CACs.1

https://www.nationalchildrensalliance.org/media-room/nca-digital-media-kit/fact-sheet/#:~:text=Types%20of%20NCA%20Members%20in%20cases%20of%20child%20abuse.
The Forensic Medical Exam

- Forensic Medical and evidentiary based exam performed by specialized Registered nurses
  - Focused medical assessment
  - Obtain history
  - Identify and document injuries
  - Evaluate and refer for treatment of injuries

- Focused medical assessment

- Detailed forensic report

- Collection of forensic evidence

- Forensic photography

- Crisis intervention

- If Applicable STI and pregnancy prophylaxis treatment

- Referrals for follow up care
Forensic Evidence Collection

- Swabs for potential suspect DNA
  - Neck
  - Under fingernails
  - As indicated by history
    - Bitten
    - Spit upon
    - If sexual acts occurred will convert to SART exam
- Clothing collection
Injury Identification

- Blunt Force
  - Abrasions
  - Contusions
  - Laceration
- Sharp force
- Burns
- Bite injuries
- Strangulation injury

*Any injury will be photographed*
Forensic Photography

Stock internet photo
Five question assessment

- Has the physical violence increased over the past year?
- Has he ever used a weapon against you or threatened you with a weapon?
- Do you believe he is capable of killing you?
- Does he ever try to choke you?
- Is he violently and constantly jealous of you?

If indicated, Advocate will complete full danger assessment after exam.
Palomar Health’s SART Protocol Published in the Journal of Emergency Medicine

https://doi.org/10.1016/j.jemermed.2020.07.047

EMERGENCY DEPARTMENT MANAGEMENT OF THE SEXUAL ASSAULT VICTIM IN THE COVID ERA: A MODEL SAFET-I GUIDELINE FROM SAN DIEGO COUNTY

Kristi L. Koenig, MD, FACEP, FIFEM, FAEMS, †Stephanie B. Benjamin, MD, MA, ‡Christian K. Bej, BS, §Sue Dickinson, RN, MSN, * and Michelle Shores, RN, MSN, MBA–HC, CEN, SANE–A, SANE–P

*County of San Diego, Health and Human Services Agency, Emergency Medical Services, San Diego, California, †Department of Emergency Medicine, University of California Irvine, Orange, California, ‡University of California San Diego Health, San Diego, California, §University of California San Diego, La Jolla, California, and †Palomar Health, Forensic Health Services, Escondido, California

Reprint Address: Kristi L. Koenig, MD, County of San Diego, Health and Human Services Agency, Emergency Medical Services, 6255 Mission Gorge Road, San Diego, CA 92120

• https://www.jem-journal.com/article/S0736-4679(20)30788-5/fulltext

PALOMAR HEALTH DEVELOPMENT, INC.
Public Support started with an article...

Clock ticking on North County’s forensic health center

By Logan Jenkins · Contact Reporter

Today, the hand is out. Shamelessly, I’m asking for money.

How much?

Let’s say $130,000 before Dec. 31 and eventually a lot more, maybe a couple of million in one check.

The money’s not for me but it could be for mine when they’re hurt. It could be for a hurt kid or woman you love. Or a hurt kid or woman you don’t know but feel something for.

As a rule, I never go down this road. Not my job, at least as I describe it, to pull at the heartstrings to lever your purse strings. Even during the holiday season when gift-giving...
Donations needed to save child abuse, sexual assault programs

By Elizabeth Marie Himchak - Contact Reporter

January 8, 2014, 1:24 PM

By Elizabeth Marie Himchak

After 30 years of quietly helping thousands of victims of sexual assault and other forms of violence, the Palomar Health Forensic Unit now needs the community’s help to keep its doors open.
Doors to Stay Open at North County Forensic Health Center

The North County facility was at risk of closing
By Christina London
Published at 3:10 PM PDT on May 29, 2014

Victims of child abuse and sexual assault in the North County will continue to receive one-stop care, county and health officials announced Thursday.

After serving the North County for 30 years, the Forensic Health Services Center inside Palomar Medical Center in Escondido was in danger of closing its door because of hospital budget cuts.

On Thursday, District 3 Supervisor Dave Roberts announced that the Golden Door Spa Resort is giving $75,000 to the center. The county will match that amount with

PALOMAR HEALTH DEVELOPMENT, INC.
Community Support Prevailed

Palomar's forensic nurses rise from ashes to serve whole county
STRANGULATION BACKGROUND
Why Is this important?

- There are approximately 17,000 domestic violence incidents reported to law enforcement in our county each year (SANDAG).
- Intimate Partner Abuse (also called “Domestic Violence”) can have short and long-term impacts on:
  - Physical health such as hypertension, chronic pain, headaches, heart disease, miscarriage, and stroke.
  - Behavioral health such as PTSD, anxiety, depression, and substance misuse.
13% of DV homicide cases in SD County over a 22 year period included strangulation as the method.

Source: County of SD Domestic Violence Fatality Review Team
Why Our Process Matters

Why a Strangulation Protocol?

Strangulation is close, personal, and potentially lethal.

Strangulation is a form of power & control used to let the victim know that her attacker could kill her, and is capable and willing to do so at any point in time.

Strangulation represents an escalation of force.

- Riverside County District Attorney’s Office 2013 study, DDA Gerald Fineman:
- From 1993-2013, law enforcement officers killed in the line of duty:
- 50% of officers were killed by a criminal suspect with a public records act history of strangulation assault against a woman in a prior relationship
Why Our Process Matters

Last year, Amanda Taub also wrote powerfully on this issue in The Times. "Celtic Fred shot 17 people at his Kansas workplace, killing three, only 90 minutes after being served with a restraining order sought by his ex-girlfriend, who said he had abused her," Taub wrote. "And Man Haron Monis, who held up with hostages for 17 hours in a cafe in Sydney, Australia, in 2014, an episode that left two people dead and four wounded, had threatened his ex-wife. He had threatened to harm her if she left him, and was eventually charged with organizing her murder."

Obviously, not everyone accused of domestic violence becomes a mass shooter. But it’s clear that an alarming number of those who have been accused of domestic abuse pose serious and often lethal threats, not just to their intimate...
HEALTH RISKS AND CONSEQUENCES OF STRANGULATION

Female survivors of strangulation are 6 times more likely to be victims of attempted murder and 7 times more likely to be victims of murder.

In a study of 300 strangulation cases in San Diego, 50% had no visible injury, and in 35% of the cases injury not sufficient to photograph.

In the same study of 300 cases, only 3% of survivors sought the medical attention they need.

Strangulation does not always have visible injury but can have significant signs and symptoms, and become fatal days after an event.

https://www.youtube.com/watch?v=8t7QfdB8Q1s&feature=youtu.be
CA Law & Law Enforcement

PC 13730 Each law enforcement agency shall develop a system...for recording all domestic violence-related calls for assistance made to the department, including whether weapons are involved, or whether the incident involved strangulation or suffocation.

PC 13701(c)(9)(I) A statement informing the victim that strangulation may cause internal injuries and encouraging the victim to seek medical attention.
Protocols Overview of Initiatives

2017
San Diego County
Approved by the Chiefs of Police, Sheriff, San Diego District Attorney and San Diego City Attorney on February 3, 2017

STRANGULATION PROTOCOL
Developed and approved in collaboration with criminal justice, healthcare, and social service staff from organizations throughout San Diego.

PALOMAR HEALTH
Forensic Health Service
Domestic Assault Forensic Exam

aim People Purpose

016, San Diego County obtained funding through the California Governor’s Office of Emergency Services (OES) Victim Services (VC) Program. The purpose of the VC Program is to provide one-time banner and One-Act (VOCA) funding to help fill gaps and needs in the San Diego County region for victim’s grant implementation plan identified several areas that have gaps and needs in services of crime. One of the areas identified was the capacity and accessibility of forensic medi nistic violence and strangulation victims.

issions Provided

mar Health, Forensic Health Services’ trained Forensic Nurse Examiners (FNE) will perform exams for the purposes of documenting injuries sustained during a domestic violence assault. Provided at Palomar Health, San Diego Family Justice Center, or in an emergency situation, exams may be performed at offsite facilities such as hospitals.

iting a Domestic Assault Forensic Exam (DAFE)

A. Criteria

1. Examination of persons involved in intimate partner violence including dating

2. Ages 12 and older

   i. Ages 12 to 17 may consent for themselves for medical care per family or

3. 100% strangulation evaluation

   i. Ideal time 120 hours or 5 days, post strangulation event and/or consult seen up to 10 days post assault

   ii. Medical attention is priority and forensic exam can be activated after m

   iii. Please consult FNE

4. Domestic Violence assault and battery

   i. Time frame is variable

   ii. Acute injury

   iii. Visible injury

   iv. Please consult FNE

B. Process

1. Forensic exams shall be provided in private, trauma-informed environments to sense of safety and security.

2. North County Sites

   i. 121 N Fig Street, Escondido, CA

   ii. Palomar Medical Center-Poway; 15611 Pomerado Rd, Poway, CA

   iii. Emergency Offsite Exams for medically unstable patients

3. South and East County Site
Survivor Lead Change

• A Survivor’s comment sparks inspiration
  – “I have no evidence, I can’t take pictures because he tracks my phone, I go to my doctor only when he lets me and the bruises are gone. I have no one to prove that I have been hurt and bruised.”
  – All of the components for a multidisciplinary team to care for the Survivor of Domestic Violence were there...except the Forensic Medical Exams
Penal Code section 11161.2(a)

- “The Legislature finds and declares that adequate protection of victims of domestic violence and elder and dependent adult abuse has been hampered by lack of consistent and comprehensive medical examinations. Enhancing examination procedures, documentation, and evidence collection will improve investigation and prosecution efforts.”
San Diego County Pioneers for Victim Services

Forensic exam made available to domestic violence victims

With the camera she used on the bed next to her, Karan Marcus, a forensic nurse with Palomar Medical Center, stands in the medical unit where victims of domestic violence are examined at downtown San Diego's Sandy Justice Center. (P. C. Abbott - San Diego Union-Tribune)

By Lyndsay Winkley - Contact Reporter
What’s in a name?

• Ideas for a Name:
  – DART-Domestic Assault Response Team
  – FART-Forensic Assault Response Team (Not a good name)
  None seemed to catch on

• DAFE** (The Winner)
  – Domestic Assault Forensic Exam
  – All credit goes to our colleague
    • Lieutenant Misty Cedrun
Driving Policy & Best Practice

- Identified gaps in law
  - Family code 6930 was changed as result
- Upcoming Legislation for improved state wide access
- National and local training
- California Health Alert Notification

---

Date: February 12, 2019
To: CAHAN San Diego Participants
From: Health and Human Services Agency

**Strangulation: Intimate Partner Violence in San Diego County**

This health advisory informs healthcare providers about the risks of intimate partner, non-fatal strangulation. It also contains resource links and recommendations for local healthcare providers.
Publications

Strangulation Assessment
for Health Care Providers and First Responders
Forensic Learning Series

Diana K. Fauquto, MSN, RN, CPN, SANE-A, SANE-P, FAAFS, DFIAFN, DF-AFN
Valerie Sievers, MSN, RN, CNS, SANE-A, SANE-P, DF-AFN
Michelle Shores, MSN, RN, MBA-HC, CEN, SANE-A, SANE-P
Bill Smoek, MD
Patricia M. Specht, DNSc, CRNP, FNP-BC, DFIAFN, FAAFS, DF-AFN, FAAN

2. 21-Year-Old Male Patient
   Assaulted by an Acquaintance

3. 66-Year-Old Female Patient
   Assaulted by Her Son

4. 17-Year-Old Female Patient Assaulted by a Nonintimate Acquaintance Stalker

5. 26-Year-Old Female Patient
   Assaulted by a Former Intimate Partner

6. 15-Year-Old Female Patient
   Assaulted by a Stranger

7. 24-Year-Old Female Patient
   Assaulted by a Former Intimate Partner

8. 65-Year-Old Female Patient
   Assaulted by a Former Intimate Partner

9. 31-Year-Old Female Patient
   Assaulted by a Former Intimate Partner

10. 22-Year-Old Female Patient
    Assaulted by a Former Intimate Partner

11. 70-Year-Old Male Patient
    Assaulted by an Employee

12. 56-Year-Old Female Patient
    Assaulted by an Ex-Husband

13. 30-Year-Old Female Patient
    Assaulted and Strangled by an Intimate Partner

14. 25-Year-Old Female Patient
    Assaulted by a Stranger

15. 46-Year-old Female Patient
    Assaulted and Strangled by Her Husband

Section III: Appendix
Section IV: Recommended Reading
Breaking The Cycle of Violence

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<th>Total Primary Interviews</th>
<th>Secondary Victim Interviews</th>
<th>Total CAP</th>
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<td>2020</td>
<td>238</td>
<td>74</td>
<td>312</td>
</tr>
</tbody>
</table>

3-10 Million Children Witness DV Violence in Their Homes Each Year
SINCE 2013:
SEVEN-FOLD INCREASE IN FELONY STRANGULATION FILINGS

STRANGULATION PROTOCOL IMPLEMENTED
Felony Filing Rate More than Quadrupled

Felony Strangulation Filings 2013-2019

- 2013: 33
- 2014: 29
- 2015: 37
- 2016: 89
- 2017: 120
- 2018: 136
- 2019: 226
HIGHER ISSUANCE RATE – DAFE v. NO DAFE

Issued DV Cases (Feb 2017-Dec 2019)

- **With DAFE**: 64%
- **No DAFE**: 33%

PALOMAR HEALTH DEVELOPMENT, INC.
Now...A Health Care Protocol

Passing the torch
FROM CRIMINAL JUSTICE TO HEALTH CARE

Health CARES
About Domestic Violence

October 16, 2019
9:00am-3:00pm (Sign-in 8:30-9:00 am)
Registration Required (No Walk-in):
https://www.surveymonkey.com/r/TSST7B

We are inviting staff across healthcare sites in San Diego County to attend this one day train-the-trainer event to receive prevention kits, resources for their patients, and learn how to:

C – Conduct Screening for current and former intimate partner abuse
A – Assess for signs and symptoms of strangulation
R – Report suspicious injuries to law enforcement
E – Evaluate patient (evidence collection by a forensic examiner)
S – Safety Plan and connect patient to resources

PALOMAR HEALTH DEVELOPMENT, INC.
San Diego County Health CARES

Domestic Violence & DV Strangulation Prevention Initiative
SAN DIEGO COUNTY HEALTH CARES

C Conduct screening for current and former intimate partner abuse
A Assess for signs and symptoms of strangulation
R Report suspicious injuries to law enforcement
E Evaluate patient (evidence collection by a forensic examiner)
S Safety plan and connect patient to resources

https://www.kusi.com/county-to-help-healthcare-professionals-better-identify-and-address-domestic-violence/?fbclid=IwAR36qon8sKe5QgZqxMgdnYB3ynd9MoQooX_9d47CkQw-FceJeK89uYVCpoL8
Promoting Palomar FHS for CARES

- [Link](https://www.nbcsandiego.com/on-air/as-seen-on/Campaign-to-Identify-Domestic-Violence-Victims-Data-Driven_San-Diego-563178242.html)
Promoting Palomar FHS for CARES

Countywide campaign unveiled to help healthcare professionals better identify, address domestic violence

Effort builds on countywide protocol that helped trauma care providers better document strangulation cases, resulting in a spike in felony strangulation prosecutions

Training Event

- County Public Health
  - Administration
  - Public Health Nursing
- County EMS
- San Ysidro Health Center
- Neighborhood Healthcare
- Imperial Beach Community Clinic
- Rady Children’s
  - Hospital
  - Chadwick
- Scripps:
  - Scripps Healthcare
  - Scripps Memorial Hospital
- Navy:
  - Naval Medical Center SD
  - Naval Hospital SD
  - Naval Hospital Camp Pendleton
  - Navy Marine Corps Public Health Center
- Kaiser Permanente
- Sharp:
  - Sharp Memorial Hospital
  - Sharp Healthcare
- UCSD
  - UCSD Health
  - UCSD Hospital
- Palomar Health
  - Palomar Hospital
  - Palomar Health Forensic Services
- Planned Parenthood of the Pacific Southwest
- American Medical Response
- San Marcos Fire Dept
- Vista Fire Dept
- San Diego Mesa College
- Palomar College
- San Diego County Medical Examiner’s Office
Awareness and Information Packets

SU SALUD INVOLUCRA MÁS DE LO QUE SE PUEDE VER
HABLE CON SU PROVEEDOR DE SERVICIOS DE SALUD SI SU PAREJA ACTUAL O ANTERIOR LA(LO) ESTÁ lastimando. HAY AyUDA DISPONIBLE.

¿Sabías esto?
1. La violencia doméstica puede presentarse en varios tipos de formas, no solo el maltrato físico, sino también emocional y sexual.
2. El estrangulamiento de una pareja es un signo de una relación violenta.
3. Se ha observado que la violencia doméstica afecta a los hijos de las familias en sus relaciones personales y laborales futuras.

Línea Nacional Contra la Violencia Doméstica 1-800-799-7233 (24 Horas/Confidencial) WWW.THELHOTLINE.ORG
2-11 San Diego (24 Horas/Confidencial) WWW.211.ORG

ONLY YOU DECIDE WHAT GOES ON YOUR NECK
TALK WITH YOUR HEALTHCARE PROVIDER TODAY IF SOMEONE HAS PUT THEIR HANDS OR AN OBJECT AROUND YOUR NECK

San Diego County Health & Social Services
WWW.HEALTHANDS.COM
National Domestic Violence Hotline 1-800-799-SAFE (7233) WWW.THELHOTLINE.ORG
2-11 San Diego WWW.211.ORG

PALOMAR HEALTH DEVELOPMENT, INC.
CARES Website

www.sdcountyhealthcares.org

For Health CARES initiative tools, education, resource and training links
Community Outreach

• Law Enforcement Briefings
• Trainings
  – Stewards of Children Darkness to Light prevention Training
• Advocacy Training
• Public Health
• Partner or Medical Agencies
A Few of Our Community Partners

ALLIANCE for HOPE INTERNATIONAL

AL assistance league

Center for Community Solutions
Hope, Healing, & Prevention

Empowering Native Wellness

Indian Health Council, Inc.

Peace Between Partners Program

PALOMAR HEALTH
Foundation

Chadwick Center for Children & Families

San Diego Law Enforcement Agencies

NATIONAL CHILDREN'S ALLIANCE®

north county Lifeline

PALOMAR HEALTH
Development, Inc.
Some of Our Community Partners
RECOGNITION

Proclamation
Sexual Assault Awareness Month
April 2018

Certificate of Special Congressional Recognition
Presented to
Palomar Forensic Health Services
Escondido, CA

Certificate of Recognition
Palomar Health
In honor of
Child Abuse Prevention & Sexual Assault Awareness Month
Thank you for your efforts in raising awareness for and efforts to reduce child abuse and sexual assault in North County

Assembly
Certificate of Recognition
Presented to
Palomar Health
In honor of
Child Abuse Prevention & Sexual Assault Awareness Month
Thank you for your efforts in raising awareness for and efforts to reduce child abuse and sexual assault in North County

PALOMAR HEALTH DEVELOPMENT, INC.
Thank you


Forensic Health Services is thankful for your support, which allows us to help survivors of:

- Domestic Violence
- Sexual Assault
- Child Abuse

PALOMAR HEALTH DEVELOPMENT, INC.
Team Tribute Video with animation by a child:

https://vimeo.com/412798761/f99ada910a
Pinwheel Displays, *Planting Hope*

*Palomar Medical Center – Downtown Escondido*

*Palomar Medical Center – Poway*
Why We Strive to Get it Right

https://flic.kr/s/aHsmdS9ca5

https://www.flickr.com/photos/153611942@N07/41354745512/in/album-72157692413154682/
Financial Performance

Fiscal Year 2021 – December 2020

February 5, 2021
## Combined Balance Sheet
For the Period Ending December 31, 2020

<table>
<thead>
<tr>
<th></th>
<th>Palomar Health Development, Inc.</th>
<th>Research Institute</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assets</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Cash</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash in Bank - Operating</td>
<td>1,380,189</td>
<td>32,384</td>
<td>1,412,573</td>
</tr>
<tr>
<td>Cash in Bank-Money Market</td>
<td>238,217</td>
<td></td>
<td>238,217</td>
</tr>
<tr>
<td>Total Cash</td>
<td>1,618,406</td>
<td>32,384</td>
<td>1,650,790</td>
</tr>
<tr>
<td><strong>Receivables</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interfund Receivable</td>
<td>54,408</td>
<td></td>
<td>54,408</td>
</tr>
<tr>
<td>Total Receivables</td>
<td>54,408</td>
<td></td>
<td>54,408</td>
</tr>
<tr>
<td><strong>Prepaid Services</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prepaid Service Contracts</td>
<td>686</td>
<td></td>
<td>686</td>
</tr>
<tr>
<td>Total Prepaid Services</td>
<td>686</td>
<td></td>
<td>686</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$1,673,500</td>
<td>$32,384</td>
<td>$1,705,884</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Liabilities &amp; Fund Balance</strong></th>
<th>Palomar Health Development, Inc.</th>
<th>Research Institute</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Payables</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts Payable - Customer</td>
<td>16,000</td>
<td></td>
<td>16,000</td>
</tr>
<tr>
<td>Total Payables</td>
<td>16,000</td>
<td></td>
<td>16,000</td>
</tr>
<tr>
<td><strong>Note Payable - PPH</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Note Payable - PPH</td>
<td>1,180,783</td>
<td>905,116</td>
<td>2,085,899</td>
</tr>
<tr>
<td>Note Payable - Current Portion</td>
<td>120,000</td>
<td></td>
<td>120,000</td>
</tr>
<tr>
<td>Note Payable - Debt Discount</td>
<td>(7,198)</td>
<td></td>
<td>(7,198)</td>
</tr>
<tr>
<td>Total Note Payable - PPH</td>
<td>1,293,585</td>
<td>905,116</td>
<td>2,198,701</td>
</tr>
<tr>
<td><strong>Fund Balance</strong></td>
<td>273,453</td>
<td>(872,732)</td>
<td>(599,279)</td>
</tr>
<tr>
<td>Excess Revenue over Expenditures</td>
<td>90,462</td>
<td></td>
<td>90,462</td>
</tr>
<tr>
<td>Total Liabilities &amp; Fund Balance</td>
<td>$1,673,500</td>
<td>$32,384</td>
<td>$1,705,884</td>
</tr>
</tbody>
</table>
# Income Statement

**For the Period Ending December 31, 2020**

<table>
<thead>
<tr>
<th></th>
<th>YTD Actual</th>
<th>YTD Budget</th>
<th>Variance</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenue and Support</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Revenue - Grants/Contracts</td>
<td>155,352</td>
<td>175,000</td>
<td>(19,648)</td>
</tr>
<tr>
<td>Revenue - Other</td>
<td>294</td>
<td>2,000</td>
<td>(1,706)</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>$ 155,646</td>
<td>$ 177,000</td>
<td>(21,354)</td>
</tr>
<tr>
<td><strong>Expense</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounting Fees</td>
<td>225</td>
<td>8,250</td>
<td>8,025</td>
</tr>
<tr>
<td>Consulting Fees</td>
<td>18,000</td>
<td>18,000</td>
<td>-</td>
</tr>
<tr>
<td>Supplies Hospitality</td>
<td>-</td>
<td>200</td>
<td>200</td>
</tr>
<tr>
<td>Repair &amp; Maintenance</td>
<td>2,058</td>
<td>2,058</td>
<td>-</td>
</tr>
<tr>
<td>Purchased Services Other</td>
<td>-</td>
<td>10</td>
<td>10</td>
</tr>
<tr>
<td>Interest</td>
<td>43,348</td>
<td>43,348</td>
<td>-</td>
</tr>
<tr>
<td>Insurance</td>
<td>1,404</td>
<td>700</td>
<td>(704)</td>
</tr>
<tr>
<td>Mileage</td>
<td>-</td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td>License Fees</td>
<td>150</td>
<td>-</td>
<td>(150)</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$ 65,184</td>
<td>$ 72,585</td>
<td>$ 7,401</td>
</tr>
<tr>
<td><strong>Changes in Net Assets</strong></td>
<td>$ 90,462</td>
<td>$ 104,415</td>
<td>(13,953)</td>
</tr>
</tbody>
</table>

* No activity for Research Institute during period ending December 31, 2020
Financial Trend

FY 2016- FY 2020
FY21 Indirect Revenue Sources - December 2020

HD Indirect Revenue

- HDS: 52%
- First Steps: 31%
- CalWORKS: 11%
- Cal Learn: 6%