



# MyPalomarHealth

**MyPalomarHealth** is available to help you manage your care privately and securely when it's convenient for you.

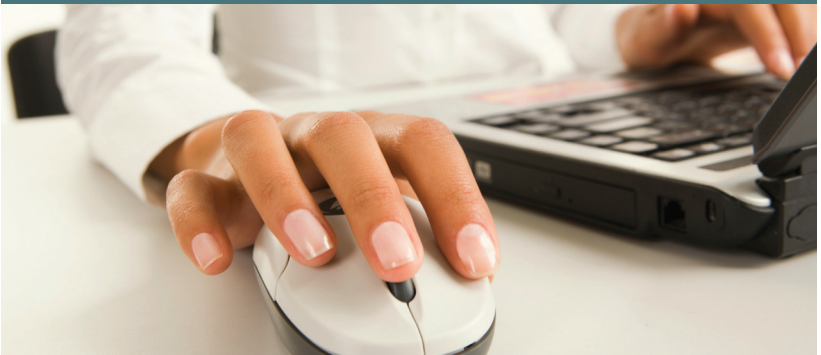
## Using MyPalomarHealth you can:

- View your hospital or emergency department discharge information
- View your health summary from Palomar Health's Electronic Health Record (EHR)
- Access trusted health information resources
- View scheduled hospital-based medical appointments
- View and download portions of your medical record to other specified providers and/or hospitals
- Securely send a summary of your medical record from Palomar Health's Electronic Health Record (EHR)
- View test results (lab results)
- Update your personal information
- Pay a bill (coming soon!)

All of this online, at your fingertips and at no cost to you!

Ask a Palomar Health registration staff member for assistance to enroll in MyPalomarHealth before leaving.

Learn more at [www.PalomarHealth.org/MyPalomarHealth](http://www.PalomarHealth.org/MyPalomarHealth).



# Thank you for enrolling in MyPalomarHealth!

Here's what you need to know to move forward as a MyPalomarHealth patient.

## How do I complete enrollment?

Please check the email account you provided to the registration staff during enrollment. You will receive an email invitation with instructions within 24 hours of enrolling. After you sign up, your account will be activated.

## What if I did not receive my invitation email?

Please check your spam or junk mail folders in your email account. If you still can't find it, please call support at **877.621.8014** and ask them to verify your email address and resend the invitation.

## Once I'm enrolled, how do I log in?

You can visit [www.PalomarHealth.org/MyPalomarHealth](http://www.PalomarHealth.org/MyPalomarHealth) any time to sign in to your account. FAQs are also available on the Palomar Health website to assist you.

## How do I find my health record information on the Palomar Health website?

Once you are signed in, you can review your "Latest Results" or click on the "Health Record" icon to review additional health record information.

## Who do I call for help using MyPalomarHealth?

If you are experiencing trouble logging in to your account, need to change your email address or have other technical issues, please call **877.621.8014**. Support staff is available 24 hours a day, 7 days a week.



[www.PalomarHealth.org/MyPalomarHealth](http://www.PalomarHealth.org/MyPalomarHealth)

Email Address

Challenge Question

Challenge Answer