

## NEWS RELEASE



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### **PALOMAR MEDICAL CENTER POWAY HONORS NURSES AND PHYSICIAN OF THE YEAR**

**ESCONDIDO, Calif.** – National Nurses Week is a time to honor professionals that take care of loved ones when they are sick, injured or otherwise afflicted. During the week of May 6-12, staff at Palomar Medical Center Poway selected eight of their peers as unit nurses of the year and the Roz and Len Kolins Nurse of the Year, the highest honor given. Staff also selected the Physician of the Year.

“Our nurses and physicians have set an exceptionally high standard of care,” Palomar Health President and CEO Diane Hansen said. “We employ the best nurses and physicians in the country and I am honored to recognize some of them this week.”

The photos of each nurse of the year, the Roz and Len Kolins Nurse of the Year and Physician of the Year will hang outside the third floor café and conference room.

#### **Palomar Medical Center Poway 2019 Roz & Len Kolins Nurses of the Year**

Erin Messer, RN, NICU/Birth Center

#### **Unit Winners**

Tyler McKim, RN, Emergency Department

Joanne Meza, RN, Intensive Care

Diane Imperial, RN, Surgery

Rajewin Salinas Relieve, RN, Endoscopy

Arlene Barba, RN, Gero-Psych

Jay Ramirez, RN, Medical/Surgical

Laura Rhoads, RN, Post Anesthesia Care

#### **Palomar Medical Center Poway 2019 Physician of the Year**

Karl Marzec, MD, Emergency Department

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#### **About Palomar Health**

Palomar Health is the most comprehensive health care delivery system in northern San Diego County and the first California member of the Mayo Clinic Care Network. It is the largest public healthcare district by area in the state, with more than 500,000 residents, and is governed by a publicly-elected board of directors. Palomar Health has several facilities serving North

County, including hospitals in Escondido and Poway, expresscare health clinics in Escondido and San Elijo Hills, and a skilled nursing facility in Poway. The health system provides medical services in virtually all fields of medicine, including primary care, cardiovascular care, emergency services, trauma, cancer, orthopedics, women's health, rehabilitation, robotic surgery and bariatric surgery. For more information about Palomar Health, please visit [www.PalomarHealth.org](http://www.PalomarHealth.org).