



## Community Outreach Wellness Screenings and Education

Date	Day	Time	Facility	Location	Type of Screening or Education*
7/6/22	Wednesday	12:00-2:00pm	Vista Library	700 Eucalyptus Ave, Vista, 92084	Body Composition-Obesity
7/14/22	Thursday	11:00am-1:00pm	Julian Library	1850 Hwy 78, Julian, 92036	Blood Pressure
7/19/22	Tuesday	12:00-2:00pm	Vista Library	700 Eucalyptus Ave, Vista, 92084	Blood Pressure
7/21/22	Thursday	1:00-3:00pm	San Marcos Senior Activity Center	111 Richmar Ave, San Marcos, 92069	Body Composition-Obesity
7/28/22	Thursday	11:00am-1:00pm	Julian Library	1850 Hwy 78, Julian, 92036	Body Composition-Obesity
8/4/22	Thursday	12:30-2:30pm	Fallbrook Library	124 Mission Rd, Fallbrook, 92028	Blood Pressure
8/10/22	Wednesday	5:00-6:00pm	Escondido Library	239 Kalmia St, Escondido, 92025	Blood Pressure
8/11/22	Thursday	1:00-3:00pm	Vista Library	700 Eucalyptus Ave, Vista, 92084	Body Composition-Obesity
8/24/22	Wednesday	12:00-2:00pm	Valley Center Library	29200 Cole Grade Rd, Valley Center, 92082	Blood Pressure
8/24/22	Wednesday	5:00-7:00pm	Escondido Library	239 Kalmia St, Escondido, 92025	Body Composition-Obesity
9/6/22	Tuesday	12:30-2:30pm	Fallbrook Library	124 Mission Rd, Fallbrook, 92028	Body Composition-Obesity

\*These classes are free, on a first-come-first-serve basis and do not require enrollment.