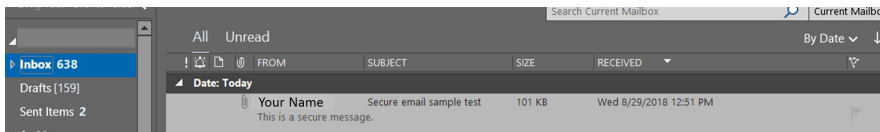# How to
Register for secure emails

The first time you receive a secure email sent from Palomar, you are required to register your email address with Proofpoint Encryption. For subsequent messages, you will only need to enter your password.
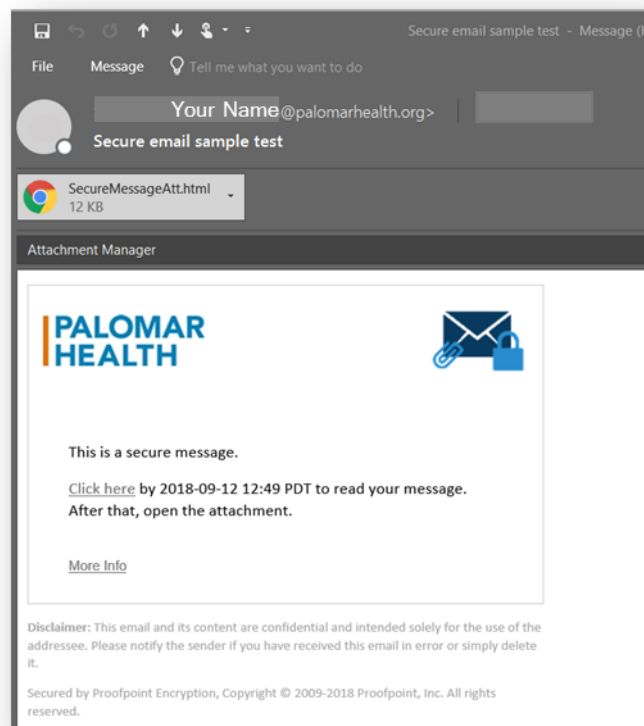
> NOTE:
> - You need to register each email address that you use to receive secure email from Palomar Health.

To register your email address with Proofpoint Encryption:

1. Open the message. It will have "Secure:" in the subject line and will have an attachment.

2. Use the **Click here** link to access the registration form.

PALOMAR HEALTH
Registration

Password Policy   ✕

✓ Passwords must be 8-20 characters long.
✓ At least one digit (0-9) is required.
✓ Your username may not appear in the password.

Create your account to read secure email.

Email Address: jdoe@aol.com

First Name: John

Last Name: Doe

Password: ••••••••

Confirm Password: ••••••••

Continue

4. Click the email attachment to open the message.

Questions should be directed to
Palomar Health Information Security at InfoSec@palomarhealth.org