

PALOMAR HEALTH

Corporate Health Services

FOR WORK-RELATED INJURIES, PLEASE VISIT ONE OF OUR CORPORATE HEALTH SERVICES LOCATIONS:

1 POWAY

Monday – Friday: 8 a.m. – 5 p.m.
(Last patient must be registered by 4:30 p.m.)

15611 Pomerado Road, Suite 580, Poway, CA 92064

858.613.6280

* Modified Hours on Some Holidays

2 ESCONDIDO

Monday – Friday: 8 a.m. – 5 p.m.
(Last patient must be registered by 4:30 p.m.)

2125 Citracado Parkway, Suite 130, Escondido, CA 92029

760.510.7373

* Modified Hours on Some Holidays



AFTER HOURS URGENT CARE

Arch Health Medical Group

3 POWAY

15611 Pomerado Road
3rd Floor, North
Poway, CA 92064

858.675.3200

Daily: 9 a.m. – 8 p.m.
(Located in Pomerado
Outpatient Pavilion adjacent
to Pomerado Hospital)

4 RAMONA

211 13th Street
Ramona, CA 92065

760.789.5174

Monday – Friday:
12 – 7 p.m.
Saturday: 9 a.m. – 4 p.m.

* Modified Hours on
Some Holidays

24-HOUR EMERGENCY CARE

5 ESCONDIDO

Palomar Medical Center
Escondido
Emergency Department

2185 Citracado Parkway
Escondido, CA 92029

442.281.4444

6 POWAY

Palomar Medical Center
Poway
Emergency Department

15615 Pomerado Road
Poway, CA 92064

858.613.4000

After Hours and Weekends Life or Limb Threatening Emergencies: Call 9-1-1

Note: Substance abuse testing is NOT supported by the Emergency Department. Employees will need to be sent to Corporate Health the next business day for this service. If a Post Accident Drug Test or Breath Alcohol Test is needed after hours or on the weekend, we have a relationship with **Drug Testing Network (800.989.1206)** who will assist you.

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Corporate Health Services



1 POWAY

DIRECTIONS

1. TURN into Palomar Medical Center Poway
2. First RIGHT to Outpatient Pavilion
3. FOLLOW back to the parking structure
4. PARK on the 2nd Floor
5. ENTER building from walking bridge (do NOT use outside elevators)
6. TAKE inside elevators to the 5th floor
7. SUITE 580 is on the South end of the building

2 ESCONDIDO

DIRECTIONS

1. From Citracado Parkway,
2. Turn onto Health Center Drive South
3. Building and parking lot are on the left
4. Enter building to Suite 130 on the 1st Floor

After Hours and Weekends Life or Limb Threatening Emergencies: Call 9-1-1

Note: Substance abuse testing is NOT supported by the Emergency Department. Employees will need to be sent to Corporate Health the next business day for this service. If a Post Accident Drug Test or Breath Alcohol Test is needed after hours or on the weekend, we have a relationship with **Drug Testing Network (800.989.1206)** who will assist you.