FY2023 Annual Operating and Capital Plan

Board of Directors Budget Presentation

June 14, 2022



Agenda

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FY2023 Budget Overview:

• Key Plan Drivers | Inflationary Assumptions

Key Statistical / Growth Indicators

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- Revenue Trend Analysis

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Salary, Benefits, and FTE Trend Analysis

Non Labor Analysis:

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FY2023 Annual Budget Summary / EBIDA Recap

Three-Year Capital Plan

Five-Year Financial Projections



Executive Summary

The FY2023 budget provides a plan to meet the current healthcare needs of the district in a post-pandemic environment, while incorporating strategic growth to prepare for future demands. The plan:

- Supports achievement of the five-year financial and capital plan as well as current and long-term strategic plan objectives
- Incorporates continued return of demand for services as the impact of COVID begins to stabilize
- Targets EBIDA of \$123 million, with growth of \$17 million from current projected FY2022 performance
- Continues deployment of capital resources to expand key services and maintain existing facilities
- Identifies expense management initiatives designed to support the long-term goal of cost alignment with Medicare reimbursement models
- Maintains focus on key organizational goals regarding clinical excellence, outcomes, and patient satisfaction



FY2023 Budget – Key Drivers & Overview



FY2023 Annual Operating and Capital Plan

Key Plan Drivers

- Strategic Plan alignment including year-over-year EBIDA improvement, which is consistent with the long-range financial and capital plan targets
- Volume projections that include targeted growth as well as adjustments in demand as the community adapts to a "new normal"
- Strategic focus on meeting the local healthcare needs of the community
- Continued expansion of key service lines including Behavioral Health, Women's Services, Oncology, Spine, Orthopedics, and Cardiology
- Unprecedented supply and drug inflation, partially offset by strategic expense management initiatives
- Increased staffing needs to support throughput and patient experience initiatives, as well as increased patient volumes
- Reimbursement pressures driven by industry relationships and shifting payor mix, offset by reimbursement enhancement strategies that yield rate increases consistent with annual expense inflation



Inflationary Assumptions

- FY2023 budget incorporates the nation-wide trend of higher than normal inflation, as a reflection of the uncertainty in global supply chains
- Several initiatives offset inflationary increases through either improved documentation to ensure full revenue capture or contract renegotiation to control expenses

Healthcare Industry Inflation Comparison

Category / Expense	FY2023 Budget	Industry Expectation
Implants	2.0%	0-8%
General Surgery Supplies	3.0%	3-5%
Surgical Needles & Packs	0-4%	0-6%
Oxygen – Gas	10.0%	8-16%
IV Solutions	7.0%	4-10%
Pharmaceuticals	5.5%	5-10%
Radioactive and X-Ray Material	1-2%	5-7%
Other Medical	3.0%	0-12%
Food	3.0%	2-5%
Linen	1.0%	5-10%
All Other: Cleaning, Forms, Office, Uniforms	3-18%	0-21%



Key Statistical Indicators



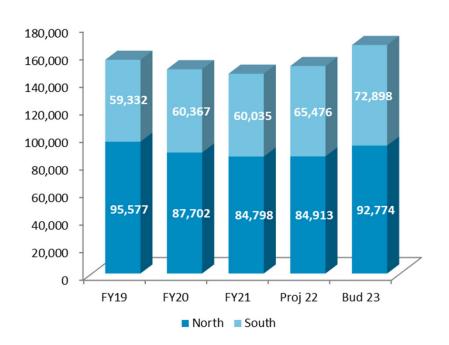
Key Statistical Indicators | Inpatient

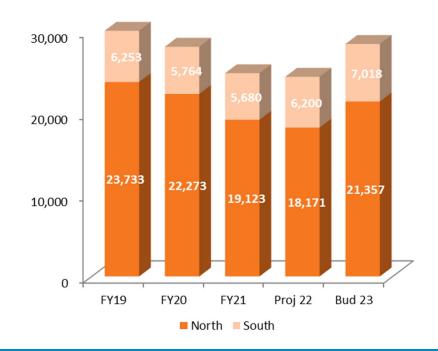
Total Patient Days (Incl. SNF)

FY2023 planned patient days are increasing by 10.2% due to growth initiatives and returning demand for emergency services

Total Discharges (Incl. SNF)

FY2023 discharges are increasing by 4,004, or 16.4%, year-over-year



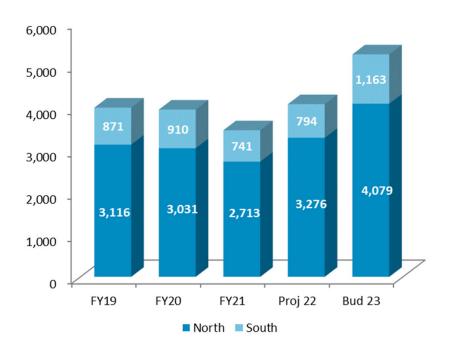




Key Statistical Indicators | Inpatient

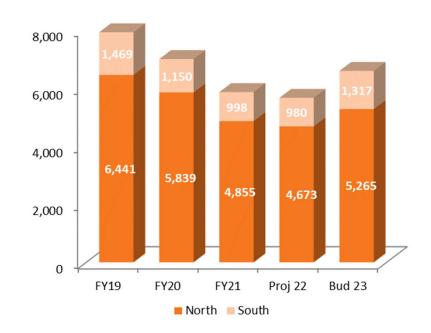
Deliveries

FY2023 deliveries are increasing 28.8%, based on planned growth in Women's Services



Inpatient Surgeries

FY2023 inpatient surgeries are increasing by 16.4%, as capacity for elective cases begins to increase



Key Statistical Indicators | Outpatient

Outpatient Services

- Emergency Department visits are increasing by 12,504, or 10.6%, as demand increases and throughput improvements create capacity
- Outpatient registrations are increasing based on growth in Oncology and Crisis Stabilization Unit
- Outpatient surgeries are decreasing by 8.9% as low-acuity cases move to the ambulatory setting

Emergency Visits Outpatient Registration Outpatient Surgery 10,000 150,000 200,000 150,000 26,887 100,000 5,000 100,000 55,507 56,885 2,284 2,331 105,419 95,607 86,481 86,115 97,516 50,000 50,000 72,180 3,475 62,328 _{56,065} 62,287 63,587 3,004 2.857 3,164 3,066 FY21 Proj 22 Bud 23 FY19 FY20 FY21 Proj 22 Bud 23 FY19 FY20 FY21 Proj 22 Bud 23 FY19 FY20 ■ North ■ South ■ North ■ South ■ North ■ South



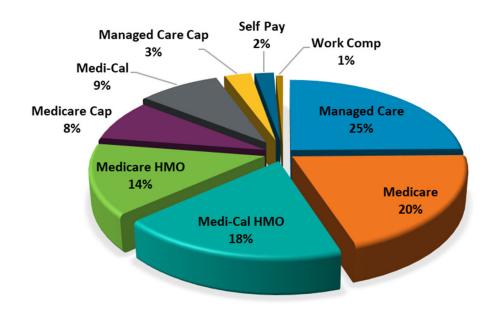
Revenue



Key Revenue Considerations

Payor Category	Total Charges (\$000s)
Managed Care	\$1,294,536
Medicare	\$1,055,704
Medi-Cal HMO	\$970,528
Medicare HMO	\$732,718
Medicare Cap	\$426,581
Medi-Cal	\$459,506
Managed Care Cap	\$147,929
Self Pay	\$106,580
Work Comp	\$38,589
Total	\$5,232,673

Budgeted Payor Mix



Assumptions:

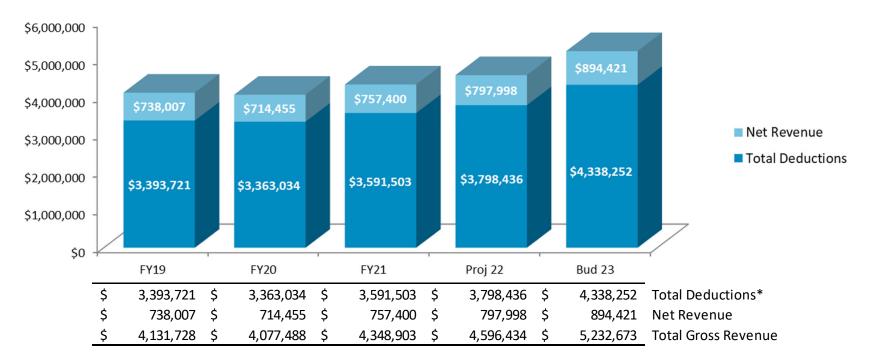
- Overall effective rate increase of 4.55% (targeted 5%)
- Bad debt and uncompensated care have stabilized at approximately 2% year (FY2023 Budget = 2.0%; FY2022 Budget = 1.9%)



Revenue Trend Analysis

Net revenue is increasing by 12.1% from current year projections due to strategic volume growth

Gross Charges and Net Revenue (\$000s)



^{*}Deductions include net capitation impact



Salaries, Wages, Benefits & FTEs



Labor Impact Summary

The FY2023 labor budget establishes a plan to:

- Support ongoing throughput and patient experience initiatives with targeted FTE additions
- Refocus on staff education and return to pre-COVID learning practices
- Increase staffing in Women's Services, Oncology, and Behavioral Health to meet strategic growth initiatives
- Significantly expand grant-based programs to support forensic health and earlychildhood services for the community

2023 Budgeted FTE Roll Forward	FTEs
FY2022 Paid FTEs (as of 03/26/2022)	3,424
Volume-Related Changes	194
Training FTE Additions	16
Throughput FTE Additions	35
Other Targeted FTE Additions	98
FY2023 Paid FTEs	3,767



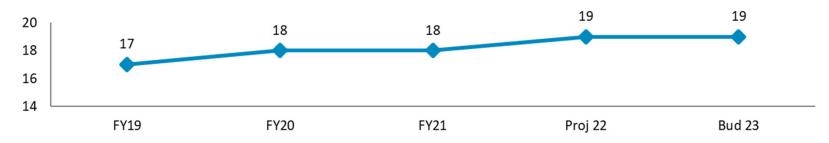
Labor Analysis | FTEs

FTEs per adjusted discharge are going down slightly as increased volume drives efficiencies, while direct caregiver FTEs remain consistent

FTEs per Adjusted Discharge (Incl. SNF)



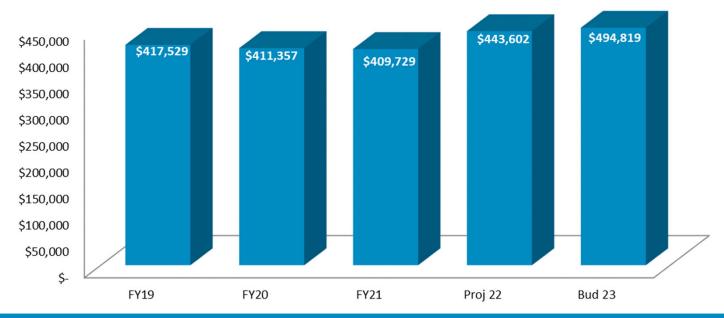
Direct Caregiver FTEs per Adjusted Discharge (Incl. SNF)



Labor Analysis | Salaries, Wages & Benefits

- FY2023 total Salaries, Wages, Contract Labor, and Benefits are increasing by \$51 million or 11.5%
- Salary increases are driven by augmented staffing to support volume growth and wage increases to recruit and retain employees in the current market







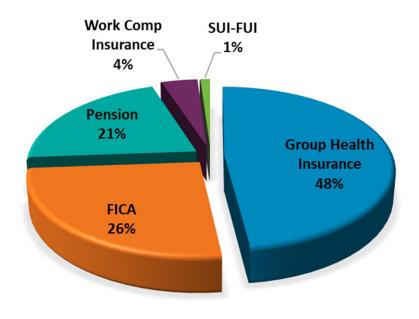
Labor Analysis | Benefits (Excl. PTO)

Type of Benefit	% of Total Benefits
Group Health Insurance	48%
FICA	26%
Pension	21%
Workers' Compensation Insurance	4%
SUI-FUI	1%
Total Benefit Spend (\$000s)	\$109,228

Significant Impacts

- FICA, pension, and group health insurance are increasing along with increased FTE projections
- State and federal unemployment insurance costs are increasing, as CARES Act relief ends

Labor Benefits Analysis



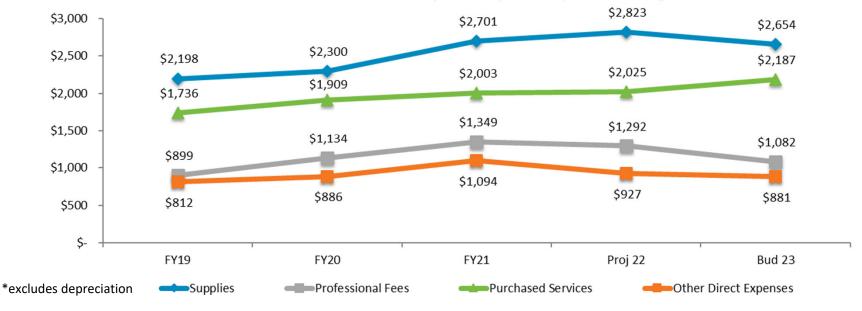
Non Labor Analysis



Non Labor Analysis | Summary

- FY2023 Non-Labor Expense* is increasing \$32.7 million or 11.9%, due to growth in patient volumes and expansion of key services
- Despite an overall increase, non-labor expense is decreasing by 3.7% on a per adjusted discharge basis





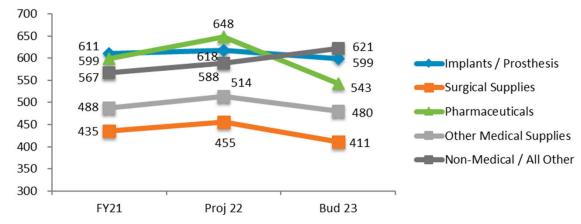


Non Labor Analysis | Supplies

FY2023 Supply Roll Forward	Expense (\$000s)
FY2022 Supply Expense (Mar 2022 Projection)	\$110,156
Changes due to Volume and Utilization	8,007
Inflationary Increases	4,161
Supply Reduction Initiatives	(2,000)
FY2023 Budgeted Supply Expense	\$120,324

Supplies per Adjusted Discharge (Incl. SNF)

Supply management efforts and documentation initiatives are crucial to help offset increasing inflation and ensure appropriate reimbursement for supplies and drugs

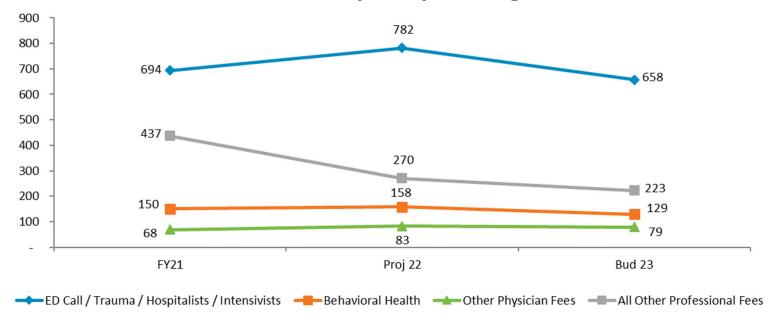




Non Labor Analysis | Professional Fees

- FY2023 Professional Fees are decreasing by \$1.1 million or 2.2%
- Improvements in legal, consulting, and physician professional fees are driving this decrease

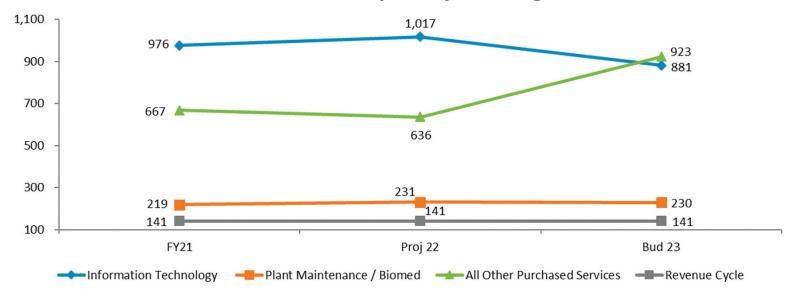
Professional Fees per Adj Discharge + SNF



Non Labor Analysis | Purchased Services

- FY2023 Purchased Services are increasing by \$19.6 million or 24.8%, year over year
- Expansion of inpatient care services, including the Neonatal Intensive Care Unit,
 Pediatrics, and Hospital at Home, are driving the majority of the increase

Purchased Services per Adj Discharge + SNF



Purchased Services | IT Roadmap

FY2022 Accomplishments						
Patient Status Order (PSO)	Email Retention Project					
Tele Health Phase 1	PACS Image Retention					
Network Security & Infrastructure Upgrades	Surgery Optimization Review					
Self-Service Password Reset	Patient Safe at PMCP					
Information Security Phase 1	Multifactor Authentication					
Expanded Security Cameras	Experian Enhanced Eligibility					

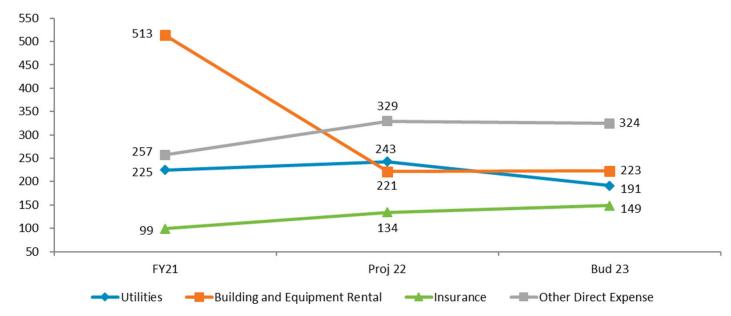
FY2023 Planned Projects					
Information Security Phase 2	Data Visualization & Analytics				
Surgery Charge Improvement	Kronos Time & Attendance				
Anesthesia Documentation	Infrastructure Phase 2				
nThrive Contract Modeling	Office 365				
Mindray Patient Monitoring	Healthe Intent/EDW				
Quality Improvement Program (QIP)	MCDS-Leapfrog				



Non Labor Analysis | Other Direct Expense

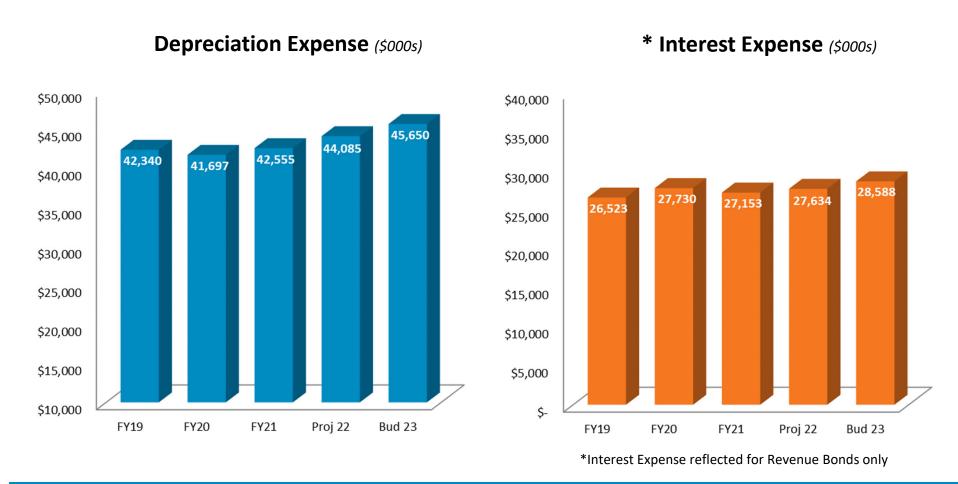
- FY2023 Budgeted Other Direct Expense is increasing by \$4.0 million or 11.1%
- Adjustments in building rent and utilities offset increases in insurance, marketing, and strategic projects

Other Direct Expense per Adj Discharge + SNF





Depreciation and Interest Expense





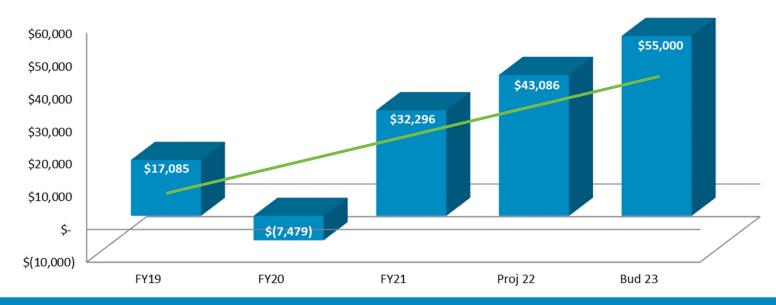
Annual Operating Budget Summary & EBIDA Recap



Income from Operations

- FY2023 Income from Operations is increasing by \$11.9 million from current year projections
- The increase is driven through strategic volume and revenue growth combined with continued focus on expense management

Income from Operations (\$000s)





FY2023 Annual Operating and Capital Plan

Annual Operating Budget Summary and Trend

	FY2020	FY2021		20 FY2021 FY2022		FY2023		
	 Results	F	Results	Pr	Projection		Budget	
Revenue:								
Net Revenue	714,454,518		757,399,651		797,997,875		894,420,502	
Other Operating Revenue	 10,948,217		9,899,382		8,562,946		9,524,811	
Total Operating Revenue	\$ 725,402,735	\$	767,299,032	\$	806,560,821	\$	903,945,313	
Expenses:								
Salaries, Wages, Registry, Benefits	411,357,391		409,728,562		443,602,199		494,819,283	
Supplies	103,317,897		106,833,220		110,156,337		120,324,108	
Depreciation	41,697,090		42,555,205		44,084,543		45,649,855	
Other	 176,508,912		175,886,344		165,631,446		188,152,066	
Total Operating Expense	\$ 732,881,291	\$	735,003,330	\$	763,474,526	\$	848,945,313	
Operating Income	(7,478,556)		32,295,702		43,086,296		55,000,000	
Non-Operating Income (Loss)	24,374,389		4,509,195		(532,199)		2,086,088	
(Interest Expense)	(27,730,285)		(27,153,206)		(27,633,740)		(28,587,640)	
Unrealized (loss) gain on interest rate swap	(9,642,486)		9,444,610		0		0	
Property Tax Revenue	 18,356,493		19,319,455		18,982,664		20,100,000	
Income (Loss)	\$ (2,120,446)	\$	38,415,755	\$	33,903,020	\$	48,598,448	
PHMG Foundation Support	18,959,000		21,500,000		27,000,000		33,000,000	
Net Margin %	-0.3%		5.0%		4.2%		5.4%	
OEBIDA Margin (Excl. Property Tax Rev)	4.7%		9.8%		10.8%		11.1%	
OEBIDA Margin (Incl. Property Tax Rev)	7.2%		12.3%		13.2%		13.4%	
EBIDA Margin	10.6%		12.9%		13.1%		13.6%	
Total Uncompensated Care & Bad Debt	84,604,670		95,388,405		93,198,242		106,243,075	
Total Uncompensated Care as % of Gross	2.07%		2.19%		2.03%		2.03%	



FY2023 Annual Operating and Capital Plan

FY2023 EBIDA Recap (\$000s)

-	_	Y2020 esults	 2021 sults	 /2022 jected	=	Y2023 udget
Net Income from Ops (Excl. Interest Expense)		(7,479)	32,296	43,086		55,000
Depreciation Expense		41,697	42,555	44,085		45,650
OEBIDA	\$	34,219	\$ 74,851	\$ 87,171	\$	100,650
OEBIDA Margin (Excl. Property Tax Rev)		4.7%	9.8%	10.8%		11.1%
OEBIDA Margin (Incl. Property Tax Rev)		7.2%	12.3%	13.2%		13.4%
EBIDA		76,949	98,680	105,621		122,836
EBIDA Margin		10.6%	12.9%	13.1%		13.6%
Total Uncompensated Care & Bad Debt		84,605	95,388	93,198		106,243
Total Uncompensated Care as % of Gross		2.07%	2.19%	2.03%		2.03%
Net Income / (Loss) after Non-Op Income	\$	(2,120)	\$ 38,416	\$ 33,903	\$	48,598



Capital Plan



Capital Plan | Three-Year Planning Process

During the preparation of the three-year plan, capital priorities are based on:

- Equipment reaching end of useful life
- Organizational strategic initiatives and expansion of services in the community
- Enhancing the IT capabilities of the organization to improve physician, staff, and patient experience
- Deploying capital across the entire district
- Balancing the needs vs. resources of the organization

Funding sources for capital projects and acquisitions include:

- Proceeds from Certificates of Participation (COP) issuances
- Cash from operations
- Equipment Leases
- Tenant Improvement Funds
- Foundation fundraising



Capital Plan | Three-Year Summary

Three-Year Capital Budget Summary (\$000s)

	FY2023	FY2024	FY2025	Total Project Spend
Funded by Operations:				
Equipment	9,000	7,000	8,000	24,000
Facilities	14,000	19,000	10,000	43,000
Information Technology	8,000	7,000	7,000	22,000
Escondido 9th Floor Build-out	12,600	-	-	12,600
Total Funded by Operations	43,600	33,000	25,000	101,600
Other Funding Sources:				
Funded from Restricted Cash:				
Parking Garage - Escondido	17,000	-	-	17,000
Funded by Tenant Improvement Credit:				
Outpatient Strategy	17,200	-	-	17,200
Funded by Foundation:				
Conference Center / Sleep Room	540	-	-	540
Other	2,200	3,000	3,000	8,200
Subtotal	2,740	3,000	3,000	8,740
Total from Other Funding Sources	36,940	3,000	3,000	42,940
Grand Total	80,540	36,000	28,000	144,540



FY2023 Budget Summary & Key Take-Aways



FY2023 Annual Operating and Capital Plan

Summary



FY2023 Budget sets achievable targets and ties to the Strategic Financial & Capital Plan. It requires success in the following areas:

- Effective execution of planned strategies to increase volume in key service lines
- A 12% growth in Net Patient Revenue year over year, with continued contributions from supplemental programs to augment revenues from the growing Medi-Cal population
- Improvements in patient throughput to ease Emergency Room capacity and provide a better patient experience
- Continued implementation of expense management initiatives to begin shifting the organization to a Medicare cost-profile

Successful execution will allow Palomar Health to:

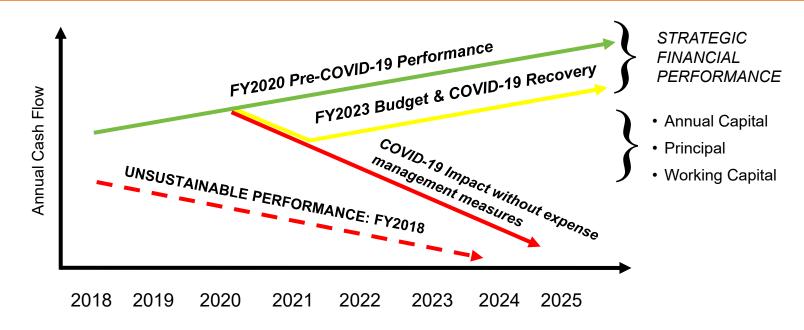
- Expand local healthcare services to the district while continuing to navigate amongst fluid COVID conditions
- Deploy sufficient capital to meet the needs of the organization and continue improvement of liquidity
- Continue improvements in clinical excellence and patient satisfaction
- Achieve net income improvement of \$14.7 million year over year and operating income improvement of \$11.9 million



Five-Year Financial Projections



Five-Year Financial Projections



Palomar Health needs a sound financial strategy in order to:

- Deploy sufficient capital to support the strategic plan and development / expansion of services
- Adjust capacity to serve the changing needs of the community in a post-COVID-19 environment
- Continue the development of a fully integrated health delivery system
- Sustain improvement of key liquidity ratios and achieve investment level ratings from all rating agencies



Five-Year Financial Projections

Datio (Chatistia	Aud	lited	Estimated	Projection Years				
Ratio/Statistic	2020	2021	2022	2023	2024	2025	2026	2027
Total Operating Revenue	\$765,928	\$842,901	\$884,085	\$945,309	\$965,657	\$1,005,767	\$1,048,741	\$1,091,700
Operating EBIDA	\$11,171	\$53,315	\$57,725	\$68,449	\$66,532	\$79,043	\$91,516	\$95,154
Operating Income	(\$59,599)	(\$18,535)	(\$15,226)	(\$5,698)	(\$10,722)	\$1,242	\$13,546	\$16,910
Operating Income Excl. Interest expense	(\$31,829)	\$8,618	\$12,864	\$21,804	\$16,191	\$27,527	\$39,122	\$41,787
Palomar Health	(\$8,781)	\$30,154	\$43,060	\$55,000	\$49,887	\$61,723	\$73,818	\$76,983
PHMG	(\$22,466)	(\$21,340)	(\$30,000)	(\$33,000)	(\$33,500)	(\$34,000)	(\$34,500)	(\$35,000)
Net Income	(\$31,802)	\$18,433	\$4,188	\$8,350	\$18,392	\$33,462	\$48,095	\$53,513
Unrestricted Cash	\$302,348	\$292,404	\$245,356	\$224,948	\$244,262	\$283,951	\$338,470	\$399,548
Capital Expenditures	\$35,137	\$21,023	\$33,000	\$80,540	\$36,000	\$28,000	\$28,000	\$28,000
Profitability								
Operating Margin	(7.8%)	(2.2%)	(1.7%)	(0.6%)	(1.1%)	0.1%	1.3%	1.5%
Operating Margin Excl. interest expense	(4.2%)	1.0%	1.5%	2.3%	1.7%	2.7%	3.7%	3.8%
Operating EBIDA Margin	1.5%	6.3%	6.5%	7.2%	6.9%	7.9%	8.7%	8.7%
Palomar Health Operating EBIDA Margin	4.7%	9.8%	10.9%	11.7%	11.3%	12.2%	13.0%	12.9%
Debt Position								
Debt Service Coverage (x)	1.4x	1.9x	2.0x	2.0x	2.3x	2.7x	3.0x	3.1x
Liquidity								
Cash to Long Term Debt	51.3%	47.0%	40.1%	37.7%	41.9%	50.1%	61.5%	74.9%
Days Cash On Hand (days)	141.4	130.7	104.8	90.8	96.3	109.1	125.7	142.8
Days Cash On Hand (days) - Excl. interest	146.6	135.2	108.4	93.6	99.2	112.1	129.1	146.3
Other								
Discharges	28,453	24,325	25,047	27,680	27,198	27,772	28,574	29,296
Adjusted Discharges	44,946	38,437	39,689	42,713	42,611	43,565	44,661	45,677
Cost / Adj Discharge	\$16,793	\$20,542	\$20,821	\$20,529	\$21,101	\$21,272	\$21,433	\$21,817
Capital Spending Ratio	81.7%	47.0%	73.6%	172.7%	71.5%	54.4%	53.4%	52.5%

