Posted
Thursday
September 21 2023

#### BOARD STRATEGIC & FACILITIES PLANNING COMMITTEE MEETING







2:00 p.m. Meeting

#### PLEASE SEE PAGE 2 FOR MEETING LOCATION OPTIONS

	PLEASE TURN OFF CELL PHONES OR SET THEM TO SILENT MODE UPON ENTERING THE MEETING ROOM	<u>Time</u>	Form A Page	<u>Target</u>
CA	LL TO ORDER & ESTABLISHMENT OF QUORUM			2:00
*	Public Comments <sup>1</sup>	30		2:30
1.	Board Strategic & Facilities Planning Committee Follow-up	2	4	2:32
2.	* Review/Approval: Minutes of the Board Strategic & Facilities Planning Committee Meeting – Tuesday, May 30, 2023 (ADD A – Pp8-13)	3	5	2:35
3.	Review: Service Line Update – Palomar Behavioral Health Institute (ADD B – Pp14 24)	10	6	2:55
4.	Review: Construction Update (ADD C-Pp25 43)	10	7	2:45
AD	JOURNMENT			2:55

NOTE: The meeting—without public comments—is scheduled to last 25 minutes, starting at 2:00 p.m., with adjournment at 2:55 p.m.

Board Strategic & Facilities Planning Committee – Voting Members						
Mike Pacheco, Director – Chair Laura Barry – Director Jeff Griffith, EMT-P – Director						
Diana Hansan Brasidant 8 CCO	Kanchan Koira	ala, MD, CoS	Sam Filiciotto, MD, CoS			
Diane Hansen, President & CEO	Palomar Medical (	Center Escondido	Palomar Medical Center Poway			
	Board Strategic & Facilities Plannii	ng Committee – Alternate Voting Me	embers			
Lauric Educardo Tato MC BoD Altorrato	Andrew Nguyen, MD, CoS-Elect		Mark Goldsworthy, MD – CoS-Elect			
Laurie Edwards-Tate, MS – BoD Alternate	CoS Alternate – Palomar Medical Center Escondido		CoS Alternate – Palomar Medical Center Poway			
	Board Strategic & Facilities Plan	ning Committee – Non-Voting Mem	bers			
Hugh King, CFO	Ryan Olse	en, COO	Omar Khawaja, MD, CMO			
Mel Russell, RN, CNE	Julie Purse	ell, CHRO	Kevin DeBruin, CLO			
Miles Mills V/D Facilities & Construction		Kirk Effinger, Palomar Health	Connie Wong, Senior Director of Managed Care &			
Mike Mills, VP Facilities & Construction	Kristin Gaspar, VP Philanthropy	Foundation Board Member	<b>Business Development</b>			

<sup>\*</sup> Asterisks indicate anticipated action. Action is not limited to those designated items.

#### **Board Strategic & Facilities Planning Committee Location Options**

- The Linda Greer Conference Room, 2125 Citracado Parkway, Suite 300, Escondido, CA 92029
  - Committee members who are elected members of the Board of Directors will attend at this location, unless otherwise noticed below
  - Elected members of the Board of Directors who are not members of the Committee and wish only to observe, non-Board member attendees, and members of the public may also attend at this location
- Join on your computer, mobile app or room device:

Click here to join the meeting | Meeting ID: 275 718 817 308 Passcode: rn2DvB

OR

Dial in using your phone (audio only):

929.352.2216 | Phone Conference ID: 248587169#

- Elected members of the Board of Directors who are not members of the Committee and wish only to observe, non-Board member attendees, and members of the public may attend the meeting virtually utilizing the above options
- 744 Beacon Place, Escondido, CA 92025
  - An elected member of the Board of Directors will be attending the meeting virtually from this location





DocID: 21790
Revision: 9

Status: Official

 Source:
 Applies to Facilities:
 Applies to Departments:

 Administrative
 All Palomar Health Facilities
 Board of Directors

Board of Directors

#### Policy: Public Comments and Attendance at Public Board Meetings

#### I. PURPOSE:

A. It is the intention of the Palomar Health Board of Directors to hear public comment about any topic that is under its jurisdiction. This policy is intended to provide guidelines in the interest of conducting orderly, open public meetings while ensuring that the public is afforded ample opportunity to attend and to address the board at any meetings of the whole board or board committees.

#### **II. DEFINITIONS:**

A. None defined.

#### **III. TEXT / STANDARDS OF PRACTICE:**

- A. There will be one-time period allotted for public comment at the start of the public meeting. Should the chair determine that further public comment is required during a public meeting, the chair can call for such additional public comment immediately prior to the adjournment of the public meeting. Members of the public who wish to address the Board are asked to complete a Request for Public Comment form and submit to the Board Assistant prior to or during the meeting. The information requested shall be limited to name, address, phone number and subject, however, the requesting public member shall submit the requested information voluntarily. It will not be a condition of speaking.
- B. Should Board action be requested, it is encouraged that the public requestor include the request on the *Request for Public Comment* as well. Any member of the public who is speaking is encouraged to submit written copies of the presentation. C. The subject matter of any speaker must be germane to Palomar Health's jurisdiction.
- D. Based solely on the number of speaking requests, the Board will set the time allowed for each speaker prior to the public sections of the meeting, but usually will not exceed 3 minutes per speaker, with a cumulative total of thirty minutes.
- E. Questions or comments will be entertained during the "Public Comments" section on the agenda. All public comments will be limited to the designated times, including at all board meetings, committee meetings and board workshops.
- F. All voting and non-voting members of a Board committee will be seated at the table. Name placards will be created as placeholders for those seats for Board members, committee members, staff, and scribes. Any other attendees, staff or public, are welcome to sit at seats that do not have name placards, as well as on any other chairs in the room. For Palomar Health Board meetings, members of the public will sit in a seating area designated for the public.
- G. In the event of a disturbance that is sufficient to impede the proceedings, all persons may be excluded with the exception of newspaper personnel who were not involved in the disturbance in question.
- H. The public shall be afforded those rights listed below (Government Code Section 54953 and 54954).
  - To receive appropriate notice of meetings;
  - 2. To attend with no pre-conditions to attendance;
  - 3. To testify within reasonable limits prior to ordering consideration of the subject in question;
  - 4. To know the result of any ballots cast;
  - 5. To broadcast or record proceedings (conditional on lack of disruption to meeting);
  - 6. To review recordings of meetings within thirty days of recording; minutes to be Board approved before release,
  - 7. To publicly criticize Palomar Health or the Board; and
  - 8. To review without delay agendas of all public meetings and any other writings distributed at the meeting. I. This policy will be reviewed and updated as required or at least every three years.

#### IV. ADDENDUM:

Original Document Date: 2/94
Reviewed: 8/95; 1/99; 9/05
Revision Number: 1 Dated: 9/20/05
Source Administrator Hernandez, Lisa
Document Owner DeBruin, Kevin

Collaborators: Carla Albright, Deanna Peterson, Deborah Hollick, Douglas Moir, Jami Piearson, Jeffrey Griffith, Julie H Avila, Kelly Wells, Laurie Edwards-Tate,

Megan Strole, Nancy Calabria, Nanette Irwin, Richard Engel, Sally Valle, Tanya L Howell, Thomas Kumura Reviewers

Approvals

- Committees: (10/12/2022) Policies & Procedures

- Signers: Kevin DeBruin

Original Effective Date Kevin DeBruin, Chief Legal Officer ( 10/25/2022 09:21AM PST )

Revised Reviewed [09/20/2005 Rev. 1], [03/13/2009 Rev. 2], [04/14/2012 Rev. 3], [05/01/2014 Rev. 4], [02/03/2017 Rev. 5], [04/22/2019 Rev. 6],

[07/10/2019 Rev. 7], [12/02/2021 Rev. 8], [10/25/2022 Rev. 9]

Next Review Date 10/24/2025

Attachments:

(REFERENCED BY Public Comment Form

Paper copies of this document may not be current and should not be relied on for official purposes. The current version is in Lucidoc at

#### **Board Strategic & Facilities Planning Committee Follow-Up**

Tuesday, September 26, 2023

Board Strategic & Facilities Planning Committee

TO:

**MEETING DATE:** 

FROM: Hubert U. King, Chief Financial Officer							
<b>Background:</b> At the Board's request, a list of items on which follow-up information was requested has been compiled, with items remaining on the list until each matter has been finalized.							
June 30, 2023							
<ul> <li>Dr. Khawaja and Brian Cohen were asked to provide a brief synopsis to Chair Pacheco for his use at the upcoming Board meeting as part of his Committee follow-up</li> </ul>							
<ul> <li>That request was overlooked, and the materials were not provided; however, at the Board meeting, Chair Pacheco commented that the report to the Board was included in the Meeting Summary</li> </ul>							
Budget Impact: N/A Staff Recommendation: Information Only							
Committee Questions:							
COMMITTEE RECOMMENDATION:							
Motion:							
Individual Action:							
Information:							
Required Time:							

## Minutes Strategic & Facilities Planning Committee Meeting Tuesday, May 30, 2023

TO:	Board Strategic & Facilities Planning Committee					
MEETING DATE:	Tuesday, September 26, 2023					
FROM:	Tanya Howell, Assistant					
BY:	Hubert U. King, Chief Financial Officer					
_	utes of the Board Strategic & Facilities Planning Committee meeting held 023, are attached for the Committee's approval (Addendum A).					
Budget Impact:	I/A					
Staff Recommendation	: Approval					
Committee Questions:						
COMMITTEE RECOMM	ENDATION:					
Motion:						
Individual Action:						
Information:						
Required Time:						

#### **Palomar Behavioral Health Institute**

TO:	Board Strategic & Facilities Planning Committee
MEETING DATE:	Tuesday, September 26, 2023
FROM:	Sheila D. Brown, RN, MBA, FACHE – Executive Strategic Priorities
appropriate actions to agreement was entered Health facility (to be le Board-approved pure	t, the Board authorized Management to move forward with taking o expand the District's Behavioral Health Facilities. A Joint Venture d into with Lifepoint. Ongoing plans for the development of the Behavioral known as the Palomar Behavioral Health Institute), including the recent chase of property adjacent to the Palomar Medical Center III be discussed at the meeting (Addendum B).
Budget Impact:	N/A
Staff Recommendation	n: Information only
Committee Questions	
COMMITTEE RECOMM	IENDATION:
Motion:	
Individual Action:	
Information:	
Required Time:	

#### **District Construction Projects**

TO:	Board Strategic & Facilities Planning Committee				
MEETING DATE:	Tuesday, September 26, 2023				
FROM:	Hubert U. King, Chief Financial Officer				
_	Mills, Vice President Facilities and Construction, will provide an struction projects within the District (Addendum C).				
Budget Impact: V	/aries				
Staff Recommendation	n: Information only				
Committee Questions:					
COMMITTEE RECOMM	ENDATION:				
Motion:					
Individual Action:					
Information:					
Required Time:					

# ADDENDUM A

## Meeting Minutes BOARD STRATEGIC & FACILITIES PLANNING COMMITTEE CALENDAR YEAR 2023



 $[P = Present \ V = Virtual \ E = Excused \ A = Absent \ G = Guest]$ 

	ATTENDA	NCE ROST	ER			
		MEETING DATES:				
MEMBERS	1/31/23	3/28/23	5/30/23			
DIRECTOR MIKE PACHECO – CHAIR	Р	Р	Р			
DIRECTOR LAURA BARRY	Р	Р	Р			
DIRECTOR JEFF GRIFFITH, EMT-P	Р	Р	Р			
DIANE HANSEN, PRESIDENT & CEO	Р	V	Р			
KANCHAN KOIRALA, MD, COS, PMC ESCONDIDO	V	V	Р			
SAM FILICIOTTO, MD, COS, PMC POWAY	V	V	V/P*			
DIRECTOR LAURIE EDWARDS-TATE, MS – ALTERNATE						
ANDREW NGUYEN, MD – ALTERNATE COS						
PMC Escondido						
MARK GOLDSWORTHY, MD – ALTERNATE COS						
PMC Poway						
STAFF ATTENDEES						
HUGH KING, CHIEF FINANCIAL OFFICER	Р	Р	Р			
RYAN OLSEN, CHIEF OPERATIONS OFFICER	Р	V	E			
OMAR KHAWAJA, MD, CHIEF MEDICAL OFFICER	Р	V	Р			
MEL RUSSELL, RN, CHIEF NURSE EXECUTIVE	Р	V	V			
Julie Pursell, Chief Human Resources Officer	٧	Е	Е			
KEVIN DEBRUIN, CHIEF LEGAL OFFICER	٧	V	V			
MIKE MILLS, VP FACILITIES & CONSTRUCTION	E	V	V			
KRISTIN GASPAR, VP PHILANTHROPY	V	V	Е			
KIRK EFFINGER, FOUNDATION BOARD	E	Е	Е			
CONNIE WONG, SENIOR DIRECTOR OF MANAGED CARE &	V	Е	V			
BUSINESS DEVELOPMENT	V		V			
Tanya Howell – Committee Assistant	Р	Р	Р			
INVITED GUESTS	SEE TEXT OF MINUTES FOR NAMES OF INVITED GUESTS					

	6	Turn Turn 1420 2002						
	DARD STRATEGIC & FACILITIES PLANNING COMMITTEE – M	<u> </u>		F2				
•	AGENDA İTEM	Conclusion/Action	FOLLOW UP/RESPONSIBLE PARTY	FINAL?				
•	DISCUSSION							
No	OTICE OF MEETING							
•	The agenda (as Notice of Meeting) was posted requirements	The agenda (as Notice of Meeting) was posted on Wednesday, May 24, 2023, at Palomar Health's Administrative Office, which is consistent with legal requirements						
•	The full agenda packet was also posted that date	on the Palomar Health website; and notice of that posting was	made via email to the Board and sta	ıff				
CA	ALL TO ORDER							
•	The meeting – held in the Linda Greer Conference by Chair Mike Pacheco	te Room, 2125 Citracado Parkway, Suite 300, Escondido, CA, an	d virtually – was called to order at 3	:04 p.m.				
Es	TABLISHMENT OF QUORUM							
•	Quorum was established (see roster) *Dr. Filiciotto initially joined the meeting by phor	ne						
Pι	JBLIC COMMENTS							
•	None filed							
1.	BOARD STRATEGIC & FACILITIES PLANNING COMMITTEE	FOLLOW-UP						
•	<ul> <li>Secretary Howell stated that responses to the follow-ups were either provided in the Form A or would be addressed during Mr. Mills' presentation related to construction</li> <li>Chair Pacheco commented that he believed his question was specific to whether the neurology group would be moving into the 3<sup>rd</sup> floor at the PHOC, and Dr. Khawaja elaborated on the "no" provided in the Form A by stating that the group was interested in having space in the infusion center, but that would require a larger space, and the 3<sup>rd</sup> floor at the PHOC was already scheduled for occupation by Rehabilitation and Vascular</li> </ul>							
2.	MINUTES OF THE BOARD STRATEGIC & FACILITIES PLANNING COMMITTEE MEETING – TUESDAY, MARCH 28, 2023	MOTION: By Director Griffith, seconded by Director Barry and carried to approve the Minutes of the Board Strategic & Facilities Planning Committee Meeting, Tuesday, March 28, 2023  Vote taken by Roll Call:  Director Barry – aye; Director Griffith – aye; Ms. Hansen – aye; Director Pacheco – aye; Dr. Koirala – aye; Dr. Filiciotto – aye; Absent:	Board of Directors meeting as	Y				

• No discussion

Вс	BOARD STRATEGIC & FACILITIES PLANNING COMMITTEE - MEETING MINUTES - TUESDAY, MAY 30, 2023							
•	AGENDA İTEM	CONCLUSION/ACTION		FOLLOW UP/RESPONSIBLE PARTY	FINAL?			
DISCUSSION								
3.	SERVICE LINE UPDATE - NEUROLOGY	Information Only	formation Only Forwarded to the June 12, 2023, Board of Directors meeting as information					
			<ul> <li>There is no way to encapsulate the entire presentation for Director Pacheco; however, since the presentation will be in the Board packet, Dr. Khawaja/Mr. Cohen can provide a few bullet points for him to discuss at the Board meeting</li> </ul>					

- Utilizing the presentation included in the agenda packet, Omar Khawaja, MD, CMO, and Brian Cohen, Senior Director of Service Lines, presented an informational update on the Neurology Service Line
  - o Dr. Khawaja stated that they were going to be discussing a couple of service lines that were very well-aligned within the health system, with direct contracts with Palomar Health Medical Group (PHMG), which was the way Management had been expanding the system's footprint
  - o There were very few where the physicians sat on their own, and he could only think of 3 that were not aligned in this manner
- The Neurology group we utilize covers North County for Scripps, Tri-City and Palomar, and they do a little bit of work at Sharp and UCSD
  - The currently run our Stroke program and the EMU, and there is a potential for collaborations in the future via the infusion center
- Dealing with Stroke patients was something that Palomar has done very well
  - There were 3 certifications, with the highest level being Comprehensive, the main benefit of which was marketing the program, something Palomar was already doing as a Primary Stroke Center
  - The next highest certification that could be achieved was as a Thrombectomy-Capable Stroke Center, and Thrombectomy was a procedure that was already being performed
    - To clear a clot, there were two basic procedures: either the use of medications or by the Interventional Radiologist (IR) or Neurosurgeon actually grabbing the clot and pulling it out of the brain
  - The Neurosurgeons trained in Thrombectomy were on 24/7 call, available for any patient coming in, with the ability to either divert the patient to the IR or tell the team on site to give the patient the medication instead
    - The window for use of the drug was about 3 hours; and the window for a Thrombectomy was 6 to 24 hours
  - In response to a question from Chair Pacheco, Dr. Khawaja stated that the on-call Neurosurgeons would take the phone call on their way to the hospital, following a protocol developed with the aid of the ED physicians, and having them on site 24/7 wasn't a viable alternative
- Page 20 highlighted the number of cases treated over the course of 2022
- Page 21 detailed how the program compared to national benchmarks, which was part of the credentialing process
- Pages 22-23 highlighted the program's Performance Improvement Projects from 2022 to the present
  - VIZ AI was a software package that could look at the CT results to confirm whether the patient was a candidate for Thrombectomy, sending an alert at the time of the read, thereby shortening the time from review to procedure
  - o All other targets were achieved or exceeded
- Pages 24-25 detailed the new Epilepsy Monitoring Unit (EMU) service line

BOARD STRATEGIC & FACILITIES PLANNING COMMITTEE – MEETING MINUTES – TUESDAY, MAY 30, 2023						
AGENDA ITEM	Conclusion/Action	FOLLOW UP/RESPONSIBLE PARTY	FINAL?			

#### DISCUSSION

- There were 2 physicians who did epilepsy monitoring on epilepsy patients
  - Following a planned hospitalization, the patient would be taken off their epilepsy medications, at which point it would be discovered that they no longer needed that medication or the patient would have a seizure requiring medical intervention
    - A good percentage of the patients no longer needed the medications or needed lesser dosages, which was good for them as most of the medications had side effects
  - Bottom line was that the EMU provided a pathway through which the physician could map a pathway toward the best medications or procedures for each patient going forward; the District had made a fairly large investment in equipment for the very high acuity clinic; and it was a financially advantageous program that was anticipated to provide a ROI in about 6 months

4. CONSTRUCTION UPDATE	Information Only Forwarded to the June 12, 2023, Board of Directors meeting		N
		<u>information</u>	

- Utilizing the presentation included in the agenda packet, Mike Mills, VP of Facilities & Construction, presented an informational update on the status of construction projects throughout the district, touching on the highlights
- Poway Projects in Progress (Pages 30-36)
  - Designs for the Imaging Suite in the POP were anticipated to be complete by October
  - The Main Lobby Expansion was going well, with vending machines due to be installed in the next few days
  - o The ED Lobby Expansion was comprised of 3 phases, with the first scheduled for completion in August, and the final two scheduled by the end of the year
  - The UPS Building had a planned completion date of September
  - o An employee survey related to the Cafeteria refresh had been completed in June, following which the designs had been completed
- ESCONDIDO PROJECTS IN PROGRESS (PAGES 37-49)
  - O PHOC III (FKA MOB2) The space for all services had been completed, except for the Ambulatory Surgery Center, which was 95% complete and was anticipated to be completed by the end of the month
    - Certificates of occupancy had been received on all other spaces, and Outpatient Rehab was open and seeing patients
      - Chair Pacheco commented that he had been one of those patients
  - o PHOC II was still in the design phase, with the construction team talking to potential end users to determine the best use of space
  - o The Lab Automated Line had been completed and was in use
  - o The 9<sup>th</sup> Floor Build Out had an anticipated completion date of June 2024 and it would house 24 Med/Surg/Tele beds
  - o 10<sup>th</sup> & 11<sup>th</sup> Floor Build Outs
    - Architects had been procured to develop the designs
    - Demolition contractors had been procured to remove the temporary ductwork and air handlers that had been installed for the COVID/FEMA buildout
  - $\circ\quad$  The team was in the process of drafting RFPs for the General Contractors

BOARD STRATEGIC & FACILITIES PLANNING COMMITTEE - MEETING MINUTES - TUESDAY, MAY 30, 2023							
AGENDA ITEM		CONCLUSION/ACTION			FOLLOW UP/RESPONSIBLE PARTY	FINAL?	
• Discussion							
o The Parkir	ng Structure's pay system was sche	duled to go live the following M	londay, at which	time the ROI wo	ould begin		
ADJOURNMENT	The meeting was adjourned	by Chair Pacheco at 3:50 p.m.					
SIGNATURES:	COMMITTEE CHAIR	MIKE PACHECO					
	COMMITTEE ASSISTANT	TANYA HOWELL					





#### Palomar Behavioral Health Institute

Sheila Brown, RN, MBA, FACHE Executive Strategic Priorities

**Cleve Haralson SVP Joint Ventures and Strategic Services** 

## Palomar Behavioral Health Institute Key Points

- Structure and Management: Will mirror the Palomar Health Rehabilitation Institute
- Expertise: Lifepoint has national expertise with 18+ free-standing BH Hospitals
- Capital: Joint Venture will carry the operational expense, Lifepoint will contribute capital to commence operations
- Need: First to Market in both North County San Diego and Riverside County, filling a critical need for the most vulnerable populations



## Improved Access to Services

- Public Access and Safety:
  - As patient and community safety are paramount, the facility will be fully secured with locked exterior doors and no-climb fencing at courtyard areas
- Continuum:
  - Patients will remain on the Palomar campus and be cared for by Palomar Physicians and medical staff
- Environment:
  - Warm and comfortable furnishings will be designed with safety as the highest priority, and will include semi-private rooms, group therapy spaces, and recreational areas to support healing
- Regional Geographic Presence:
  - Will be servicing the needs of the adolescent through senior populations throughout the entire region



## **Enhanced Community Safety**

- State-of-the-Art Hospital Safety Design to support patient, staff and community safety
- Decreased Mental Health Acuity in the Community
- Decreased boarding of Behavioral Health patients in Emergency Departments throughout the region























SE COURTYARD





RENDERING CENTRAL YARD















ADDENDUM C

Strategic & Facilities
Planning Committee

Diane Hansen, Chief Executive Officer

Michael Mills, VP Facilities/Construction Mgt | September 26, 2023

PALOMAR HEALTH

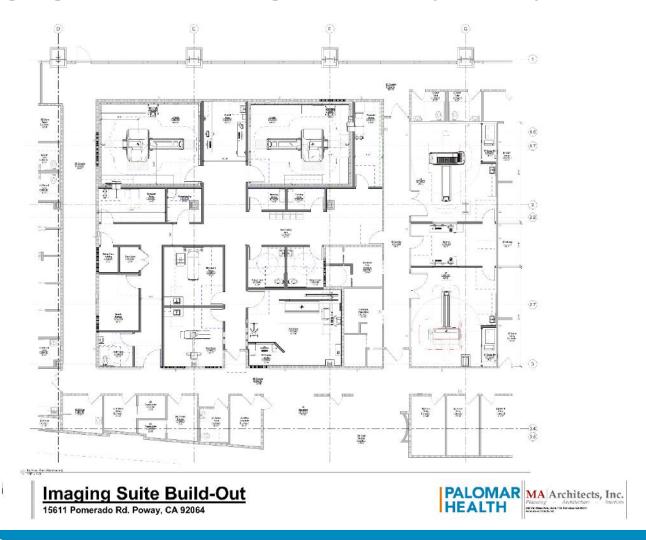
**Reimagining** Healthcare







POP Imaging Suite — Design revised per JV partner





ED Multi-station treatment room—Completion 9/2024



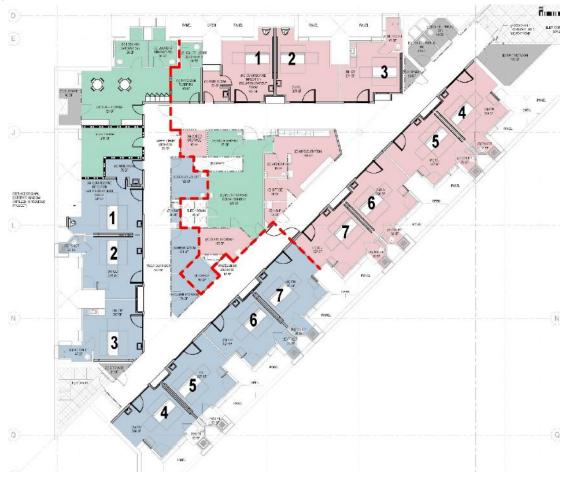




Main Lobby Expansion — Finalizing Air Balancing



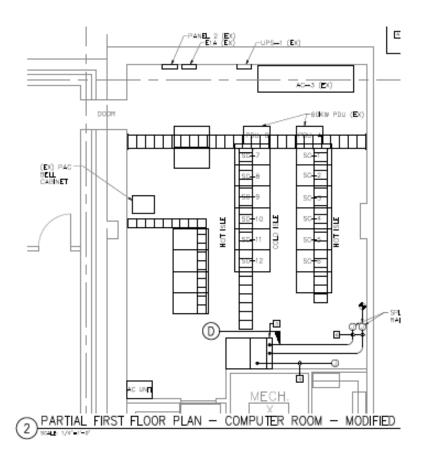
- 5<sup>th</sup> floor Convert Birthing Center to ICU
  - Completion 12/2025





Data Center UPS — Completion 12/2023







Nurse Call Replacement — Completion 4/2024







Chiller Replacement — Completion 12/2023



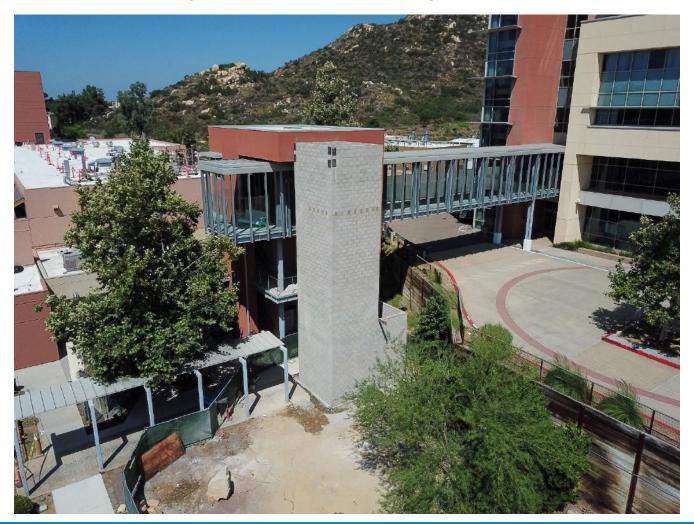


- ED Lobby Expansion
  - Completion Phase I 10/2023
  - Completion Phase II & III 4/2024



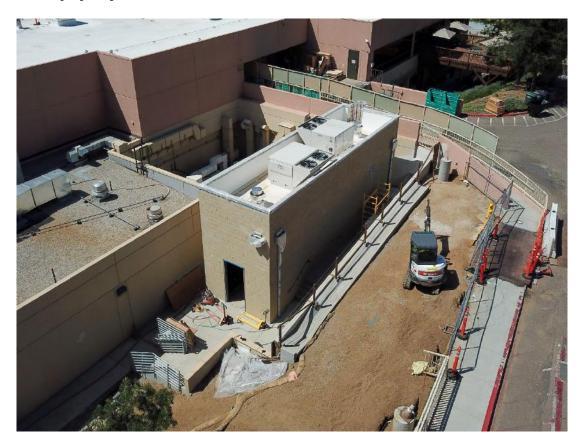


POP Elevator Expansion — Completion 2/2024





- UPS Building Completion 12/2023
  - Future site to support new imaging equipment
  - Main supply cut over 11/2023





- Cafeteria refresh
  - Design Review with HCAI on 9/20/2023

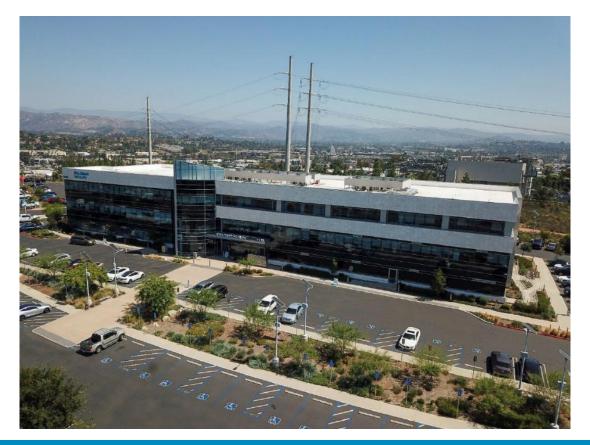








- Palomar Health Outpatient Center III
  - Renovating 1<sup>st</sup> floor ASC for JV Partner
  - Completion 1/2024



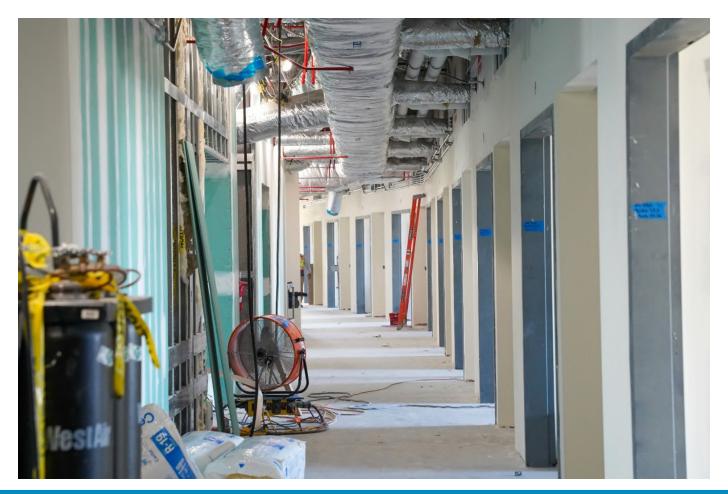


- Palomar Health Outpatient Center II
  - Currently reviewing spacial needs and usage



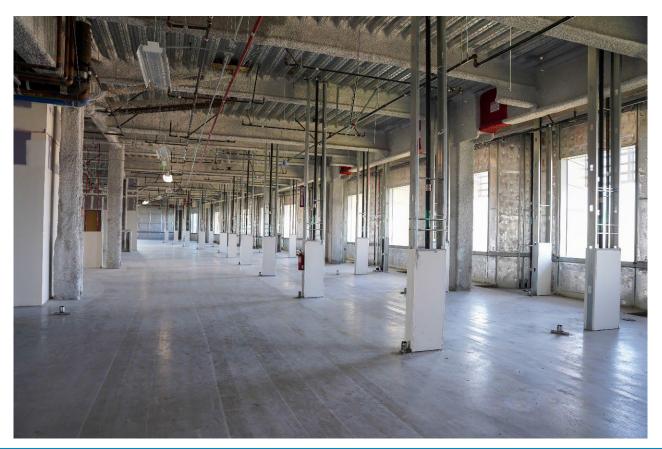


- PMCE 9<sup>th</sup> floor Build Out 24 Med Surge Tele
  - Phase I—12/2023 & Phase II—7/2024





- PMCE 10<sup>th</sup> & 11<sup>th</sup> floor Build Out—Completion 9/2025
  - Evaluating RFQ for General Contractors
  - Drafting RFP





• LINAC #2 — Completion 12/2023



