**BOARD COMMUNITY RELATIONS COMMITTEE** 

POSTED

Agenda



**F**RIDAY **SEPTEMBER 29, 2023** 

#### Wednesday, October 4, 2023

3:30 p.m.

#### PLEASE SEE PAGE 2 FOR MEETING LOCATION

#### PLEASE TURN OFF CELL HONES OR SET THEM TO SILENT MODE UPON ENTEREING THE MEETING ROOM

		000	<u>Time</u>	<u>Form</u> <u>A</u>	<u>Target</u>
CALL T	O ORDER				3:30
1.	1. Establishment of Quorum				3:31
2.	Public Comments <sup>1</sup>		30		4:01
3.	Action Item(s)				
	a. *Minutes: Board Community Relations Committee Meeting –	June 7, 2023 <i>(ADD A- Pp7-Pp11)</i>	5	1	4:06
4.	Standing Items(s)				
	a. Community Engagement Update – Forensic Health and Traum	a Recovery Center <mark>(ADD B –Pp13-Pp19)</mark>	5	2	4:16
	b. Community Engagement Update – First Steps Grant (ADD C – F	Pp21-Pp25)	5	2	4:21
	c. Community Engagement Update – Healthy Development Servi	ices (ADD D –Pp27-Pp32)	5	2	4:26
	d. Patient Experience Focus Group Update (ADD E – Pp34-Pp37)			3	4:36
	e. Foundation Update			4	4:46
	f. Marketing Update (ADD F – Pp39- Pp47)			5	4:56
FINAL	ADJOURNMENT		1		4:57
Board	Community Relations Committee Members:				
	<u>VOTING</u> MEMBERSHIP	<u>NON-VOTING</u> MEMBERSHIP			
Terry	Corrales, – Chairperson, Board Member	Sheila Brown, RN, MBA, FACHE, Executive -	Strategio	c Priorities	
Laurie	Edwards-Tate, Board Member	Virginia Barragan, FACHE, PT, DPT, MOMT,	Vice Pre	esident Conti	nuumCare
Michael Pacheco, Board Member		Kristin Gaspar, Vice President Philanthropy Palomar Health Foundation			
Diane	Hansen, CPA, President / Chief Executive Officer	Marketing Representative			
Jorge	Monraz, Palomar Health Foundation Board Member	RN Representative			
Linda	<b>Greer</b> , Board Member 1 <sup>st</sup> Alternative	Valerie Martinez, RN, BSN, MHA, CIC, CPHC Quality/Patient Safety/Infection Control, Stroke			tor

NOTE: If you have a disability, please notify us by calling 442.281.3244, 72 hours prior to the event so that we may provide reasonable accommodations.

Asterisks indicate anticipated action. Action is not limited to those designated items. 1-5 minutes allowed per speaker with a cumulative total of 15 minutes per group.

# Board Community Relations Committee Location Options

## The Linda Greer Conference Room

## 2125 Citracado Parkway, Suite 300, Escondido, CA 92029

Elected members of the Board of Directors will attend at this location, unless otherwise noticed below – Members of the public may also attend at this location.

PLEASE TURN OFF CELL PHONES OR SET THEM TO SILENT MODE UPON ENTERING THE MEETING ROOM.

### Click here to join the meeting Meeting ID: 243 156 674 901 Passcode: Vm8Bp2

or

call in (audio only) <u>929-352-2216,,746561794#</u> Phone Conference ID: 746 561 794#

- Non-Board member attendees and members of the public may attend the meeting virtually utilizing the above link
- 4747 Viewridge Avenue, San Diego, CA 92123 Elected member of the Board Laurie Edwards-Tate will be attending the meeting virtually from this location
- Members of the public may also attend at this location

New to Teams? Get the app now and be ready when your first meeting starts @

https://www.microsoft.com/en-us/microsoft-teams/download-app

#### Minutes Palomar Health Board of Directors Community Relations Committee Wednesday, October 4, 2023

TO:	Palomar Health Board of Directors Community Relations Committee
MEETING DATE:	Wednesday, October 4, 2023
FROM:	Tina Bassett, Committee Assistant
BY:	Sheila Brown, Executive Strategic Priorities
BACKGROUND:	The minutes of the Board of Directors Community Relations Committee meeting held on Wednesday, June 7, 2023 are respectfully submitted for approval
BUDGET IMPACT:	None
STAFF RECOMMENDATION:	Staff recommends approval of the June 7, 2023 Palomar Health Board of Directors Community Relations Committee meeting minutes

**Committee Questions:** 

#### COMMITTEE RECOMMENDATION:

Motion: X

Individual Action:

Information:

### **Community Engagement**

TO:	Board Community Relations Committee
MEETING DATE:	Wednesday, October 4, 2023
FROM:	Tina Bassett, Committee Assistant
Background:	Palomar Health departments provide an awareness presentation on services that support the community
Budget Impact:	N/A
Staff Recommend	ation:

Committee Questions:

COMMITTEE RECOMMENDATION:

Motion:

Individual Action:

Information:

#### Patient Experience Focus Group Update Palomar Health Board of Directors Community Relations Committee October 4, 2023

TO:	Palomar Health Board of Directors Community Relations Committee
MEETING DATE:	Wednesday, October 4, 2023
FROM:	Valerie Martinez, Senior Director Quality/Patient Safety/Infection Control, Stroke Program
Background:	The Patient Experience Focus Group is a partnership with community members and Palomar Health to identify and address healthcare needs of our communities through mutual support and partnership
Budget Impact:	N/A

Staff Recommendation: Approval

**Committee Questions:** 

Motion:

Individual Action:

Information:

#### Foundation Update Palomar Health Board of Directors Community Relations Committee Wednesday, October 4, 2023

TO:	Palomar Health Board of Directors Community Relations Committee
MEETING DATE:	Wednesday, October 4, 2023
FROM:	Tina Bassett, Committee Assistant
BY:	Sheila Brown, Chief Operations Officer
BACKGROUND:	Foundation Update is provided for review
BUDGET IMPACT:	None
STAFF RECOMMENDATION:	

**Committee Questions:** 

#### Marketing Update Palomar Health Board of Directors Community Relations Committee Wednesday, October 4, 2023

TO:	Palomar Health Board of Directors Community Relations Committee
MEETING DATE:	Wednesday, October 4, 2023
FROM:	Tina Bassett, Committee Assistant
BY:	Sheila Brown, Chief Operations Officer
BACKGROUND:	Marketing Update is provided for review
BUDGET IMPACT:	None
STAFF RECOMMENDATION:	

**Committee Questions:** 

Motion:

Individual Action:

Information:

# ADDENDUM A

### **BOARD COMMUNITY RELATIONS COMMITTEE**

### CALENDAR YEAR 2023

## **Meeting Minutes**



[P = Present  V = V]	/irtual	E = Excused	A = Absent	]		
ATTENDANCE ROSTER						
	MEETING DATES:					
Members	2/1/23	4/5/23	6/7/23	8/2/23 CANCELED	10/4/23	DECEMBER DARK
Director Terry Corrales – Chair	Р	Р	Р			
Director Laurie Edwards-Tate	V	А	V			
DIRECTOR MIKE PACHECO	Р	Р	Р			
DIANE HANSEN, PRESIDENT & CEO	Р	V	E			
FOUNDATION BOARD MEMBER PAULINE GOURDIE	А	А				
FOUNDATION BOARD MEMBER JORGE MONRAZ			Р			
DIRECTOR LINDA GREER - ALTERNATE	А	А	А			
STAFF ATTENDEES						
SHEILA BROWN, EXECUTIVE-STRATEGIC PRIORITIES	Р	Р	Р			
VIRGINIA BARRAGAN, VP OF CONTINUUM CARE	Р	Р	Р			
KRISTIN GASPAR, PRESIDENT AND CEO PALOMAR HEALTH FOUNDATION	V	E	E			
TRICIA KASSAB, VP PATIENT SATISFACTION AND QUALITY	V					
VALERIE MARTINEZ, SENIOR DIRECTOR QUALITY/PATIENT SAFETY INFECTION CONTROL, STROKE PROGRAM			v			
KELLY READER-DOVER, RN NURSE REPRESENTATIVE	V	Р				
RIC MILITI, CEO INNOVISION MARKETING GROUP	V	E	E			
JORDAN O'KEEFE, ACCOUNT EXECUTIVE INNOVISION MARKETING GROUP	V	E	V			
TINA BASSETT, COMMITTEE ASSISTANT	V	Р	Р			

INVITED GUES	rs	SEE TEXT OF MINUTES FOR NAMES OF INVITED GUESTS



	BOARD OF DIRECTORS COMMUNITY RELATIONS COMMITTEE MEETING MINUTES – WEDNESDAY, JUNE 7, 2023							
	Agenda Item	<b>CONCLUSION/ACTION</b>	FOLLOW UP/ RESPONSIBLE PARTY	FINAL?				
	Discussion							
	CALL TO ORDER							
	The meeting, which was held virtually pursuant to Palomar Health Board Resolu Terry Corrales	ution No. 01.10.22(03)-03, was calle	d to order at 3:31 p.m. by Board	Committee Chair				
	NOTICE OF MEETING							
	Notice of meeting was posted at Palomar Health's Administrative Office. The meeting notice was also posted with the full agenda packet on the Palomar Health website on Friday, June 2,2023 which is consistent with legal requirements							
1.	ESTABLISHMENT OF QUORUM							
	Quorum comprised of Chairperson Corrales, Director Pacheco, Director Edward	ls-Tate						
2.	PUBLIC COMMENTS							
	There were no public comments							
3.	WELCOME/INTRODUCTIONS:							
	Chairperson Corrales initiated attendance roll call and welcome							
4.	*Action Items							
	a. *Minutes: Board of Directors Community Relations Committee Meeting – Wednesday, April 5, 2023							

Agenda Item	<b>CONCLUSION/ACTION</b>	FOLLOW UP/ RESPONSIBLE PARTY	FINAL?
Discussion			
No discussion	MOTION: By Director Pacheco 2 <sup>nd</sup> by Director Edwards-Tate, and carried to recommend approval of the minutes of Wednesday, April 5, 2023 Board Community Relations Committee as presented Chairperson Corrales – Aye Director Pacheco – Aye Director Edwards-Tate – Aye	NA	Y
STANDING ITEMS			
a. Community Initiative			
	Transitions / Home Care Director Vernon Pertelle provided pro organizations to meet health and education needs in our comr		
b. Patient Experience Focus Group Update			
<ul> <li>Experience Suz Fisher provided the Patient Experience</li> <li>2023 work plan to focus on membership to include</li> <li>All members are former patients for real experience</li> <li>Based on patient feedback themes and responses,</li> </ul>	e diversity and term limits		
is out			
c. Foundation Update			

	<b>BOARD OF DIRECTORS COMMUNITY</b>	RELATIONS COMMITTEE MEETING MINUTES – W	EDNESDAY, JUNE 7, 2023	
Agenda Item		<b>CONCLUSION/ACTION</b>	FOLLOW UP/ RESPONSIBLE PARTY	FINAL?
Discussion				
d. Marketing Update				
<ul> <li>Highlighting True Char</li> <li>Print campaigns contir</li> <li>Nursing recruitment er</li> <li>Billboard placement or</li> </ul>	mpions utilized as creative strategy to con nue celebrating the accomplishments of o fforts continue with media support acros n I-805 and I-78 shared	dan O'Keefe provided the Marketing update: mmunicate the extraordinary experience expect our Board of Directors as radio endorsements, digital ads, print and loca ig Bay Boom fireworks shows in San Diego again	al news coverage	ed by Fox 5 News
FINAL ADJOURNMENT				
Chairperson Corrales adjou	rned the meeting at 4:28 p.m.			
Signatures:	COMMITTEE CHAIR	Terry Corrales, RN		
	COMMITTEE SECRETARY	Tina Bassett		

# ADDENDUM B

## PALOMAR HEALTH

## Forensic Health & Trauma Recovery Center Services 2023

Michelle Shores, RN, MSN, MBA-HC, CEN, SANE-A, SANE-P Director of Forensic Health and Trauma Recovery Center Services

Passion. People. Purpose."

## **Palomar Health Forensic Health Overview**

- National Child Advocacy Center Accreditation
- Forensic Interviews
- Specialty Forensic Medical Exams
- Case Coordination
- Specialty Case Coordinator for Military and Human Trafficking
- Trauma Therapy



**PALOMAR HEALTH** Forensic Health Services



For Children

## PALOMAR HEALTH

## **Department Updates - 2023**



- Renew Child Therapy Grant (AT Program)
- Received 2 Additional Years of Funding for Trauma Recovery Center
- Designated as the California Hospital Based Training Center for Forensic Medical Exams or the California Clinical Forensic Medical Training Center (CCFMTC)
- Designated National Affiliated Site with Camp Hope America
  - Launched the North County Camp Hope America and Pathways Program



## Palomar Health Trauma Recovery Center (TRC)

- First Adult Trauma Recovery Center in San Diego County
  - Short Term Trauma Based Psychotherapy
  - Case Coordination
  - Physiatrist
    - Referral for TBI/ABI to outpatient rehab
  - Trauma Advocate Peer Program





## **Trauma Recovery Center**

CLIENT SERVICES	
TOTAL: 1724	
Case Management	238
Therapy (Individual/Adjunct)	1467
Family Therapy	19
TBI/ABI Clinic	19
Referrals for Speech Therapy	9
Referrals for Physical Therapy	7

Assertive Outreach/Victim Engagement	i
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Non Client	(Victim	Engagement)	1294
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Active Client Engagement 1005

Male	24
Female	
	133
Child	34
Adult	133
White/Caucasian	45
Hispanic	90
African American/Black	7
Native American	1
Pacific Islander	1
Asian	5
Other	5
Multirace	13
CRIME TYPE	
Assault	55
Child Abuse	30
Kidnapping	2
Bullying	1
Vehicular Assault	1
Sexual Assault	20
Homicide (vicarious)	2
Human Trafficking	1
Domestic Violence	49
Stalking	6



## **Community Outreach**

- Law Enforcement Briefings
- Trainings
  - Stewards of Children
     Darkness to Light prevention
     Training
- Advocacy Training
- Public Health
- Partner or Medical Agencies
- Cal State San Marcos
- FY 21-23:
  - Training=18
  - Outreach=24
  - Collaboration=106





## PALOMAR HEALTH

Passion. People. Purpose."

## **California Clinical Forensic Medical Training Center (CCFMTC)**



- 70 New Forensic Examiners Trained in California
- Palomar Health Hosted 12<sup>th</sup> Annual Statewide Sexual Assault Response Team Summit
  - Mission Bay Hyatt-September 5-7
  - 275 participants
  - CCFMTC.org

# ADDENDUM C

## PALOMAR HEALTH



## First 5 First Steps (First Steps) Family Support Program "Changing lives, one child, one family at a time."

Shirin Strauss, M.A., ICCE, IBCLC Virginia Barragan, FACHE, PT, MOMT, DPT

October 4, 2023

Passion. People. Purpose."

## **Services First Steps Provides**

- Parent education, mental health support, trauma-informed care, and linkages to resources for families with children from prenatal to age 3
  - Screening and Assessment
  - Home Visiting Services: Evidence-Based Curriculums
  - Mental Health Services
  - Enhanced Lactation Support
  - Parent and Family Workshops and Special Events
  - Socialization Opportunities/Connections for Isolated Families
- Our goal is to strengthen parent-child interaction and family relationships, decrease child abuse and neglect, and build family self-sufficiency
- All services are NO COST to families

All services provided In-person and Virtually, and in English and Spanish.





## Palomar Health First Steps Family Support Program

2013-2023

Funding Provided By

<u>First 5 San Diego</u> Tobacco Tax Initiative

<u>CalWORKs</u> State of California

**640** Families Enrolled (3½ Years: Prenatal to Age 3)

> 20,783 Home Visits

#### 100%

First Steps Families Would Recommend First Steps to Family or Friends

20,047 Parent and Child Assessments

**100%** All Families Have a Medical Home

150

Parent and Family Workshops and Special Events

### 34,082

Referrals Provided for Healthcare, Food, Childcare and More



YEARS

### PALOMAR HEALTH

3

## Highlights of FY22-23

- Countywide Recognition and Replication
- Community & County Partnerships
- Increased Referrals, Donations
- Program Families
  - Increasing Health & Wellness
  - Trauma-Informed Care
  - Enhanced Lactation and Mental Health Services & Support
  - Parent and Family Workshops
- Our Team
  - Majority With Us 10-Years
  - Ongoing Professional Development
  - Reflective and Mindfulness Practice
- We've Moved!
- 10-Year Anniversary Gala Celebration







### 185

Families Served (Enrolled) (Enrolled for 3½ Years on Average)

> 1,963 Home Visits

"You helped me so much as a person. You helped me heal, reflect on my strengths, helped me learn, and helped me set goals. I feel more secure of myself as a person and I can instill this in my children because I now understand the role I play in their development. I am a better mother because of Palomar Health First Steps."

## PALOMAR HEALTH

Passion. People. Purpose."



## **Contact Information**

Shirin Strauss, M.A., ICCE, IBCLC Program Director North Region First 5 First Steps Phone: 760-739-3990 Email: <u>shirin.strauss@palomarhealth.org</u>



5

# ADDENDUM D



# Healthy Development Services

October 4, 2023

## Cindy Linder, RN, BSN

Virginia Barragan, FACHE, PT, MOMT, DPT





## Healthy Development Services

Annual Funding \$1,851,499 (17.5 FTE)

> 973 Children Served FY23

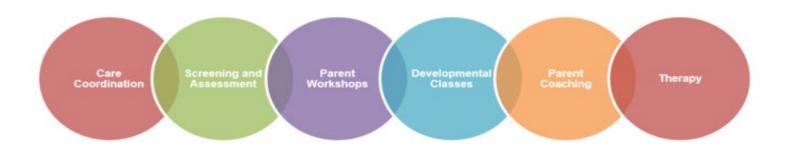
> > 100%

HDS Families Would Recommend HDS to Family or Friends



# What Services Does HDS Provide?

 A network of services for children from birth to age 5 with mild to moderate developmental and behavioral concerns



 95% of children who complete HDS developmental or behavioral services make improvements



# HDS Community Partnerships





# Connecting with our Community!

#### **Outreach Events and Conference Presentations**

- $\circ~$  TrueCare National Breastfeeding Month; Milk Drive and Health Fair
- Children's Paradise Preschool and Infant Centers ASQ Screening Events
- o Neighborhood Healthcare Women's Health Fair
- o PHMG New Provider Inservice
- EUHSD CalSafe Screening Event at SD Children's Discovery Museum
- o CalSafe Life Skills Conference Presentation
- $\circ~$  Early Years Conference Presentations Self Nurturing for Early Educators
- o Primary Care Provider Roundtable
- National Night Out Health Fair sponsored by Escondido Police Department

#### **HDS Updates**

- New location WE ARE IN PERSON!
- o HDS Referral Portal
- o Returning to Rincon Indian Health







Cindy Linder, RN, BSN Regional Coordinator HDS North Inland 760-807-0113 cynthia.linder@palomarhealth.org





# ADDENDUM E

# Patient Experience Focus Group(PEFG)

Valerie Martinez Sr. Dir Quality & Patient Safety October 2023



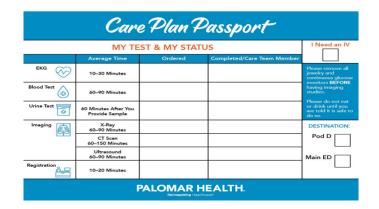
### **PEFG Update**

• Emergency Department Patient Experience in ED Waiting Area

• Lobby navigator



Care plan passport





# **Patient Feedback Themes and Responses**

**Theme** – The perception that "no one is answering my call light"

### Pilot project at PMC Escondido

- Two minutes too long
- Communication and explanation
  - Example: Letting the patient know a general timeframe if possible based on calling the CNA or RN
  - Escalation of patient calls

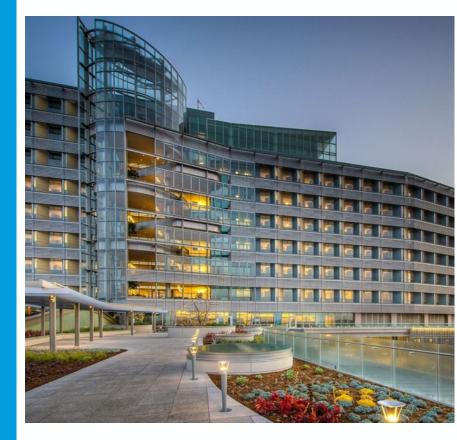






# ADDENDUM F







# Marketing Update

October 2023

# Career Fair Advertising

- Palomar Health hosted two wildly successful Career Fairs for Palomar Health & PHMG positions.
- InnoVision supported these events with strategic advertising across multiple mediums, including:
  - Print ads
  - Digital ads
  - Radio endorser commentary
  - Sixty second radio commercial featuring Diane Hansen
  - Internal materials highlighting the employee referral bonus programs offered at Palomar Health





Wednesday, May 10 10AM to 6PM Palomar Medical Center Escondido 2185 Citracado Parkway, Escondido, CA 92029

Calling all nursing and non-medical applicants ready to take the next step at growing their career. At Palomar Health's Career Fair, we're off

FREE headshots Competitive compensation, like On-the-spot interviews State-of-the-art facility tours
 And many more benefits!

our up to \$100,000 RN Incentive

OUR NURSES \$100,000

Palomar Health - Champions of Healthcare

CHAMPIONS FOR YOU.

PALOMAR ining Career Opportunities

PalomarHealth.org/ApplyNow

### **PALOMAR HEALTH Reimagining** Healthcare<sup>\*\*</sup>

# Palomar Health Billboards

- Palomar Health has secured billboards across North County, San Diego
- Each billboard communicates a creative, strategic message:
  - Recent awards that Palomar Health has received.
  - How Palomar Health is reimagining healthcare by removing the fear that is often associated with it.
  - How the Palomar Health team members are the *True Champions* of healthcare.



### PALOMAR HEALTH® Reimagining Healthcare\*

# **Recent Print Ads**



#### Orthopedic Care



Palomai fleath's cedicated speech Pathology team helps patients in tages of the find their unique voice. We develop a cutomized speech therapy oursey based on each patient's specific goals. Our world class team of experts treats communication, cognitive, voice and swallowing disorders. Rediscover your voice with Paloware Health.

Palomar Health - Champions of Healthcare.

CHAMPIONS FOR YOU.

PALOMAR HEALTH.

PalomarHealth.org

Speech Pathology

#### LOS VERDADEROS CAMPEONES NO BUSCAN LA GLORIA



#### LA ENCUENTRAN POR MEDIO DE UNA **SONRISA.**

Nuestra prioritàdi en Palonar Health es brindar una experiencia astraordinaria al paciente Lo logramos eliminando el mindo a la stanción médica y tratando a cada paciente como parte de nuestra familia. Nuestros médicos de clase mundial trabajan continuamente para par feccionar sus técnicas y están comprometidos en haverte semiti trangula o la lo yero de su trayecto en la stanción médica.

Palomar Health - Campeones de la Salud.

CAMPEONES POR TI.

PALOMAR HEALTH

PalomarHealth.org

Compassionate Care

### PALOMAR HEALTH. Reimagining Healthcare\*

**43** 

# Advertising Demographics

- Diversity inclusion is of the upmost importance throughout Palomar Health advertising. These statistics indicate the • percentage breakdown of Palomar Health creative that include images of people (2021 – 2023).
- According to the United States Census Bureau, as of July 2022, the County of San Diego's population is made up • of 74.4% Caucasian, leaving the balance of all other ethnicities at 25.6%.



#### **Champions of healthcare**

Eligible nurses to receive \$100,000 for their commitment, Palomar Health announces

vital part of every healthcare rganization. They work tirelessvay to make a patient's experience nore comfortable. They are the true

providing patients with the best possible healthcare experience, including compensation programs for their team members. care through a consistent team of the This is why Palomar Health is rewarding their eligible RNs \$100,000, which will be world's best nurses. "We appreciate all of our nurses and If y to ensure that every patient we extraordinary care and go out of distributed over a three-year commitment.
"We approciate all of our nurses and their oligible RNs \$100,000, which will be distributed over a three-year commitment. for a limited time only. This groundbreaking program is patients each day. We are hopeful this new recruitment and retention incentive

to the organization, dedicated to provi extraordinary care and creating better outcomes for every patient. It also offers more opportunities to new nurses hoping to join the largest healthcare system in California, while offering an added laye of incentive and appreciation activity

Print Ad Creative (2021-2023)		
Total (with images of people):	57	
Featuring Minorities:	47	82.5%
Breakdown		
2022 (with images of people):	42	
Featuring Minorities:	39	92.9%
2023 (with images of people):	15	
Featuring Minorities:	8	53.3%
Billboard Creative (2021-2023)		
Total (with images of people):	3	
Featuring Minorities:	3	100.0%



### **Press Releases**

To keep Palomar Health's recent accolades and strategic initiatives in front of the community, InnoVision has developed a variety of exciting press releases on Palomar Health's behalf.

Recently, these press releases have included:

#### Palomar Health Career Fairs

Palomar Health's Hearing Angels

Palomar Health Recognized as an ENA Lantern Award Recipient

Palomar Health partners with the Vista Community Clinic & TrueCare

Jean McLaughlin Women's Center is a Breast Center of Excellence (NQMBC)

### PALOMAR HEALTH® Reimagining Healthcare\*

### **PHMG Website**

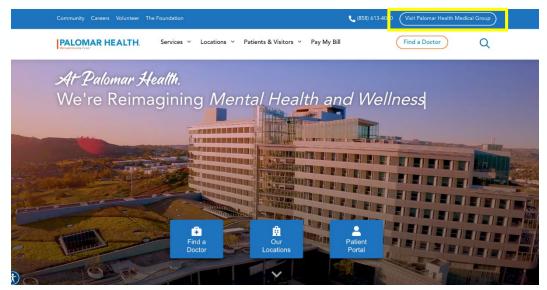
- On July 12, 2023, InnoVision launched the brand new and improved PHMG.org.
- The new site follows the same look and feel as the updated PalomarHealth.org.
  - Users now can toggle back and forth between the
  - Palomar Health and Palomar Health Medical Group websites.





### **PHMG Website**

- On July 12, 2023, InnoVision launched the brand new and improved PHMG.org.
- The new site follows the same look & feel as the updated PalomarHealth.org.
  - Users now can toggle back & forth between the Palomar Health & Palomar Health Medical Group websites.



• This is a simple, yet deliberate method used to communicate that Palomar Heath & Palomar Health Medical Group are one united system.





