Meeting Minutes

| ATTENDANCE ROSTER | | | |
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| Charles & Committee | MEETING DATE | | |
| MEMBERS | 6/6/2022 | TBD | |
| Terry Corrales, RN, Chairperson | V | | |
| Linda Greer, RN | V | | |
| Laurie Edwards-Tate, MS | V | · | |
| Diane L. Hansen | V | | |
| Hugh King | V | | |
| Staff Attendee | | | |
| Tanya Howell Board Assistant/Corporate Secretary | V | | |
| Guest Presenters ¹ | | | |

V = Virtual P = Present E = Excused

¹ See text of minutes for names of invited guests/presenters

| AGENDA ITEM | ARD OF DIRECTORS – MEETING MINUTES – MONDAY, JUNE 6, 2022 | |
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| AGENDA ITEM | | |
| • DISCUSSION | CONCLUSIONS/ACTIONS | FOLLOW-UP/ |
| L CALL TO ORDER | | RESP PARTY |
| I. CALL TO ORDER | | |
| Chairperson Terry Corrales called the | meeting to order at 11:31 a.m. | |
| Quorum comprised of Directors Corr | ales, Greer, Edwards-Tate, Hansen and King | |
| _ · | a Packet were posted at Palomar Health's (PH) Administrative Of the PH website on Wednesday, June 1, 2022, which is consistent with il to the PHD Board and staff members. | |
| II. PUBLIC COMMENTS | | |
| There were no public comments | | |
| III. INFORMATION ITEMS | | |
| There were no information items | | |
| IV. OLD BUSINESS | | |
| A. Board Meeting Follow-up – Use General Bioterrorism Grant Funds | of Information only | ÿ. |
| Ms. Howell stated that the information | on was found on Page 3 of the packet | |
| Chairperson Corrales asked if the responsible of additional funding could be found | oonse satisfied Director Greer's question, and Director Greer comment elsewhere | ed that a perhaps a different source |
| V. MINUTES | | , . <u>.</u> |
| A. Monday, December 13, 2021 | MOTION: By Director Greer, seconded by Director Edwards- Tate and carried to approve the minutes of the Monday, December 13, 2021, meeting. | |
| | Carried by the following vote, taken by roll call: Director Greer – aye; Director Edwards-Tate - aye; Director Hansen – aye; Director King – abstained; Chairperson Corrales – aye | |

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| AGENDA ITEM | | |
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| VI. PRESENTATIONS | | |
| A. Update on Grants & Contract Inventory | Information only | |

- Utilizing the presentation included as Addendum B, Aimee Ebner, Financial Services Manager, presented the update
- CURRENT GRANTS (PAGES 40-42)
 - o For each current grant, Ms. Ebner named the amount awarded, the funds remaining in FY22, the term of the grant and updates on amounts invoiced, overhead amounts received, and budgeted overhead amounts, all as listed in the presentation materials in the packet (other comments listed below)
 - Both Healthy Development Services and the First 5 First Steps programs were funded by the First 5 Commission (First 5)
 - The CalWORKs Home Visiting Program was similar to the First 5 First Steps Program, but only available to families enrolled in CalWORKs
 - The Cal Learn Program was also similar, but only available to pregnant and parenting teens enrolled in Cal Learn
 - The Victim Services Fund encompassed all of San Diego County, not just North County
 - CalOES XC Victim Services also encompassed all of San Diego County
- EXPIRED GRANTS (PAGE 43)
 - o Remaining \$72K in funds were being used to fund the Everbridge emergency notification system throughout the district
 - Marjorie Mosher Schmidt Foundation still had a small amount of \$829 remaining, which was being utilized by the Forensic Health Services department
- Chairperson Corrales asked if Ms. Ebner could explain how the multi-year awards worked (e.g., how long the funding will be available to PHD, whether new applications must be submitted every year, etc.)
 - o Ms. Ebner replied that, in the case of the First 5 grants, the initial award was usually for a 5-year period that she believed ended in FY2021, at which time First 5 amended the agreement to add an additional 2 years, and she was expecting there would be an RFP in FY2023
 - Cindy Linder, North Inland Regional Coordinator for Healthy Development Services (HDS), commented that First 5 had originally indicated that the grants would only be for 2 years, but last year they had decided it would be a 5-year cycle, so the current grant amendment would run through 2025

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| 3. First 5 Commission Funded | Programs | |
| i. First Steps | Information only | |

- Utilizing the presentation included as Addendum C, Shirin Strauss, Manager of the First Steps Program funded by The First 5 Commission, presented the update, noting that she appreciated the support of the Board in making a tremendous difference in the lives of the children and families served
 - The program encompassed the whole north region—not just the 800 square miles of the Palomar Health district—also serving families on the coast and in the north coastal region (e.g., from Oceanside to Encinitas, San Marcos, Vista, Escondido, Fallbrook, Valley Center, Poway and all areas in between)
 - The families became prenatally involved and stayed in the program until the children were 3-4 years of age
 - o There were 17 team members in the First Steps program
 - o CalWORKs & CalLEARN were also funders for the First Steps program
 - CalWORKs was a California Department of Social Services public assistance program that provided ??? and services to eligible families,
 which helped families to cover necessary expenses such as housing and food
 - CalLEARN was a subprogram of CalWORKs, was also a statewide program, and was specifically for pregnant and parenting teens who
 were in the CalWORKs program, targeted at helping them get back into and to stay in school
 - First Steps was contracted with the County to administer both programs, and the programs were enhanced by the addition of the comprehensive home visiting services, resources and support provided by First Steps
 - o The team was very pleased to serve over 155 families per year, and because they were a long-term program, most of the families stayed for 3 to 3.5 years
 - Those served were comprised of low income, military and immigrant/refugee families
 - Last year there were 1,861 home visits provided, and 100% of the families were extremely satisfied with the services and would recommend them to family or friends
 - O A large amount of both process and outcome data was collected throughout the year, from which an annual report that included details about their work and the incredible outcomes was generated
 - o Ms. Strauss assured the Board that there were authorization forms on file so that she would be able to share the photos of the children and their families

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- o The services provided by First Steps were free of charge to families and used nationally recognized curriculum models to help parents achieve their goals
 - First Steps was one of the first programs in the county to have provided services virtually during the pandemic
- o Exclusive and comprehensive services and support were provided
- o The home visiting services were provided wherever the family felt most comfortable often in the home, but also with teens at schools, and with homeless families in restaurants or parks
- o Extensive parent education was provided, as well as extensive screenings and assessments to identify strengths and needs
- o Mental health counseling was provided by licensed social workers as deemed appropriate
- o Families were provided annual passes to the Children's Museum, and small group get-togethers were organized so that families could meet others in the program to help develop relationships for support
- The program had an extensive community partnership, with 60% of the referrals coming from those community partners
 - o There was also a new County partnership called One Safe Place scheduled to open in July 2022 at the North County Family Justice Center in San Marcos, and the program had contracted with the County to be a part of that program
 - Opening day would be on July 2nd, and there would be a ribbon-cutting ceremony on June 23rd at 11:00 a.m.
 - The program would be offering victims of abuse and their families a coordinated and collaborative community response to addressing whole-family healing under one roof
 - Ms. Strauss was very excited about the new Family Justice Center as there was an extremely high need in North County for the services to be provided there
 - 1) There would be over 30 on-site partners, including office space for police officers and sheriff's deputies, and the program would be following a very successful national model, providing cutting-edge services and support and case management to enable victims of abuse to break that cycle

| i. Healthy | Development | Services | Information only | |
|------------|-------------|----------|------------------|--|
| (HDS) | | | | |

- Also utilizing the presentation included as Addendum C, Cindy Linder, North Inland Regional Coordinator for Healthy Development Services (HDS), presented a program update, thanking the Board for the opportunity
- She stated that the program was rolling into its 3rd year of the current 5-year funding cycle, noting that neither HDS nor Five Steps had to rewrite for an RFP since their funding began 15 years ago, with each 5-year cycle created as an amendment, instead

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- The services were funded by First 5 San Diego at no cost to the families, and that funding came from the Proposition 10 tobacco taxes, which were distributed annually among the Counties in the State
- o First 5 provided a framework for how they would locally support early childhood development and prenatal up to age 6, and 1st Steps and HDS were two core initiatives within that strategic plan
- o PHD had been a grantee since 200, and total funding received had been over \$48M, with well over 40K children having participated in the program
- o Although there were services provided all over the County, Palomar Health was the lead in North Inland County
- Ms. Linder felt that HDS was one of the coolest things she had ever done, and all the families agreed, as they stated they would recommend the program to family or friends
- The program served children from birth through age 5 who were not yet enrolled in kindergarten and had mild to moderate developmental and behavioral concerns
 - o Although there were other programs in the County besides HDS, each had their own eligibility requirements, and most of the children with whom HDS worked would not meet those eligibilities
 - At least 1 out of 4 candidates for HDS were referred to a higher level of care where they were supported by the coordination team
- Therapists only worked with each child for 1-2 hours per week, with the parent/caregiver having taken on a significant role in the learning strategies
- Each child was provided intake with care coordination, screening and assessment, and the team worked with the parents to coach them on speech, occupational, physical and behavioral therapy for their child
- HDS would also be located at One Safe Place, there was a location in Fallbrook, and the team also had the use of a trailer at Lincoln Elementary School
- Relying on the community advisory meeting, the team loved sharing knowledge, and the model took advantage of having all the experts in one room talking about the care of one child
- Before March 2020, many families would have to travel for several hours to receive therapy; however, for the last 2 years the therapists had been holding sessions via telehealth
 - o Outcomes had been positive as well as consistent with the in-person services provided before 2020
 - o 80% of the children were meeting their goals, more families were engaged, and there were fewer no-shows

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- o Telehealth had "captured the parent", because with teleservice, the parent had to be the eyes, ears and hands for the child instead of passively sitting in the corner at an office while their child received services
- o Children were also more comfortable at home, where learning could happen much more naturally
- o There was a ratio of about 50/50 in each service
- Referrals came primarily from healthcare providers, with some from community partners, as well as a sliver of self-referrals (e.g., word-of-mouth notification)
- Director Edwards-Tate expressed her congratulations for the success of the programs
- Chair Corrales agreed that it was a phenomenally wonderful program and inquired about the access to laptops and internet for families, especially in remote areas
 - o Ms. Linder responded that the program had received a pocket of money from the Assistance League, specifically for the purchase of laptops and hotspots for the families to borrow, to ensure that the families were using the laptop, not a phone during therapy sessions

| A. Forensic Health Services & Victim of | Information only | |
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| Violence Programs | | |

- Utilizing the presentation included as Addendum D, Michelle Shores, Director of Forensic Health Services (FHS) and the Trauma Recovery Center, presented an update
- FHS had been an outpatient department at Palomar Health since 1984, and it started with the movement to minimize how many times children were talked to after a traumatizing event
 - o Following observations that children were arriving at the hospital with complaints that weren't physical, Palomar Health created the first Child Abuse Program (CAP) in North County, a program that was still serving North County, as a nationally accredited child advocacy center
 - o The U.S. Bureau of Health and Human Services had labeled child advocacy centers as Level 1 responders in their communities
- In 1991, the Sexual Assault Response Team (SART) was created when a woman who had been assaulted had gone to multiple hospitals, and no
 one knew how to help her
 - o In 2017, the team added forensic medical exams for all victims other than victims of sexual assault, which allowed the program to provide services to help victims of domestic violence, human trafficking, elder abuse, etc.
 - o North County Child Assessment Center, with nurse practitioners who evaluated children who had been removed from their homes and placed temporarily at Green Oaks Ranch, performing an assessment before placement in the foster system
 - During COVID, the team also provided testing before the children were placed in care

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- There was an emergency medical service team of specially trained on-call nurses, who were distributed throughout the County and would respond within an hour of being called, 24/7/365
 - o Provided care for victims of sexual assault, domestic violence, elder abuse, human trafficking and gang violence
 - o Child victims were served through the Child Advocacy Center (CAC), with interviews by a forensic examiner, and case coordination
 - All of the partners came to the center rather than the child having to be taken to multiple locations
 - Following the interview, the patients were connected to the short-term trauma therapy for children and family program (also grantfunded), which provided 16-32 weeks of trauma-based therapy, and also integrated components of art and music therapy
 - o All services were provided at no cost to the patients
- The department was also the recipient of a grant to run the Trauma Recovery Center, which although not a grant awarded through PHD –
 was run by Palomar Health's FHS
 - o It was a short-term trauma therapy department that included traumatic brain injury, psychiatric evaluations and other services to anyone who had been the victim of a qualifying assault
 - o As PMCE was the designated trauma center for the North County, having access to all of those important trauma services added to the District's continuum of care
- The Multi-Disciplinary Team coordinated their services to ensure clear communication, prevent duplications of effort, etc.
- Services were provided at numerous locations around the County, and the program would triple its capacity once it was integrated into the
 One Safe Space location
- The program was a non-billable department, so grants and philanthropy helped to keep the program sustainable
- Since 2017, the program had expanded in many different areas; in 2019 it was given the CARES award; and information on responses to sexual assault and exams and work related to strangulation had been published in 2020
- In 2021, a community needs assessment was distributed to learn more about agencies' knowledge and experiences related to the CAC
 - o The survey provided important information related to barriers to receiving CAC services, and a protocol had been developed to remove many of those barrier
- A bill at the State level was passed that showed that lawmakers were aware of the programs at Palomar Health and wanted those programs to be available to all Californians, and the State was anticipated to begin funding the Domestic Assault Victim (DV) exams
- A publication to teach health care providers and first responders how to make a strangulation assessment during a domestic assault forensic exam had been published, and the number of issued DV cases since the program was put in place at PH had almost doubled

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- The CARES initiative allowed the team to train healthcare providers all over the County on how to screen for DV cases.
 - o Last year, the San Diego County Domestic Assault Forensic Exam Health Care Protocol was signed by all of the Chief Medical Officers, and that protocol named PH as the place to take your patients if DV was suspected, another example of best practice
- The program leaders worked with partner agencies to create outreach posters for distribution throughout the County
- The volume of identified cases had increased from 454 in 2015 to 1,617, and Ms. Shores attributed that increase to the availability of access to the services, not an escalation of the problem
- During COVID
 - o The number of sexual assault cases had decreased, but acuity had gone up, probably dye to the stay-at-home orders
 - o Children's cases went up
 - o DV cases also went up
- Children did not have to have been directly assaulted to receive services if they were in the home or witnessed an event, they would be interviewed and provided appropriate therapy
- Since strangulation was not often visible, staff at trauma centers had been trained on how to recognize and treat strangulation events, because those were predictive of the patient becoming a future homicide or stroke victim
- In general, Ms. Shores noted that the continued support from PH and those with whom community partnerships had been formed had allowed them to have the ability to pivot and be innovative, and the cost of abuse in San Diego County would have a \$1.37B cumulative lifetime effect without the services
- So proud we take this was taken seriously, and the lawn of pinwheels represented a life of a brave person who came forward to receive help for this very private problem that had become a public health problem
- Director Greer commented that this program had been her passion for many years, and it had almost been dropped several years back due to lack of funding, so she was very pleased that it had been saved
- Ms. Shores stated that there were amazing success stories, and they in the past had survivor's as speakers at various events, and some of those were now fully grown adults, healed and working in some of the departments at the hospital
- She knew that these weren't money-making departments, but appreciated management's acknowledgment of the need for these services in the district and keeping the programs going, even though losing money
 - o She added that it took a while, but last year the program met budget for the first time

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| Directors Greer, Edwards-Tate and Co community | rrales all expressed enthusiastic support for the programs a | and the impact they were having on the |
| In response to a final inquiry by Chair | Corrales, Ms. Shores stated that the bill she had previously | mentioned was AB2185, which had be |

o The bill had passed Appropriations and was moving to the Senate next

VII. NEW BUSINESS

doing since 2016

A. Resolution No. 06.06.22(01)-1 –
Acknowledging the Selection of the New Board, Ratifying the Appointment of the Chairperson and Confirming the Election of the Vice-Chairperson for Calendar Year 2022

MOTION: By Director Greer, seconded by Ms. Hansen and carried to approve Resolution No. 06.06.22(01)-1 — Acknowledging the Selection of the New Board, Ratifying the Appointment of the Chairperson and Confirming the Election of the Vice-Chairperson for Calendar Year 2022.

Carried by the following vote, taken by roll call: Director King – aye; Director Hansen – aye; Director Greer – aye; Director Edwards-Tate – aye; Chairperson Corrales – aye

- Mrs. Howell explained that Director Greer, as Chair of the PH Board, had appointed three members of that Board (Directors Corrales, Edwards-Tate and Greer) to the PHD Board, and she had also appointed Director Corrales Chairperson of the PHD Board
 - o It was also noted that PH CEO Diane Hansen and PH CFO Hugh King were automatically ex officio members of the PHD Board due to their positions at PH
- Director Greer nominated Director Edwards-Tate as Vice-Chairperson of the PHD Board
- B. Resolution No. 06.06.22(02)-2 –
 Confirming Appointment of
 Corporate Officers for Calendar Year
 2022

MOTION: By Director Greer, seconded by Director Edwards-Tate and carried to approve Resolution No. 06.06.22(02)-2 — Confirming Appointment of Corporate Officers for Calendar Year 2022.

Carried by the following vote, taken by roll call: Director King – aye; Director Hansen – aye; Director Greer – aye; Director Edwards-Tate – aye; Chairperson Corrales – aye

- Mrs. Howell read the resolution, noting that in the past, the corporate officers for PH had been elected President & CFO of PHD, as well as the Executive Assistant to the CFO of PH as the PHD Corporate Secretary
 - o The current slate of officers was Diane Hansen as President, Michael Bogert as CFO, and Tanya Howell as corporate secretary

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| o The recommendation being present named Corporate Secretary | ed was that Diane Hansen remain President, that Hugh King | be named CFO, and that Tanya Howell b |
| C. Amendment 2 to the Administrative Services Agreement with Mary Spencer, MD, for Administrative Oversight of the New Alternatives Contract 1.1.2020 – 1.1.2022 | approve Amendment 2 to the Administrative Services Agreement with Mary Spencer, MD, for Administrative Oversight of the New Alternatives Contract 1.1.2020 | |
| Michelle Shores stated that Dr. Mary Sp of the fiscal year | encer had been assisting at New Alternatives, and her contrac | ct needed to be extended through the en |
| D. April 2022 & YTD FY2022 Financial Report | MOTION: By Director Greer, seconded by Director Edwards-Tate and carried to approve the April 2022 & YTD FY2022 Financial Report as presented. Carried by the following vote, taken by roll call: Director King – aye; Director Hansen – aye; Director Greer – aye; Director Edwards-Tate – aye; Chairperson Corrales – aye | |

- BALANCE SHEET AT APRIL 30, 2022 (SLIDE 56)
 - o Assets
 - Total Cash was just over \$1.8M
 - Total Liabilities were also a \$1.8M, including a note payable to Palomar Health
 - o Director King asked Ms. Ebner if the cash was from grant funds or from administrative fees that had built up over the years, and she responded that it was the indirect income received from grants in prior years, so it was unrestricted
- INCOME STATEMENT AT APRIL 30, 2022 (SLIDE 57)
 - o Total Revenue was under budget by \$16K, which was due to mainly to the indirect revenue budget not being reached, primarily due to a RIF on the HDS side, which provided savings on salaries, but reduced the indirect revenue
 - Revenue Other was income budgeted from the money market account, with interest rates having been lower than anticipated in the budget, creating a negative variance of about \$700

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- o Accounting Fees had been budgeted based on last year's fees, and the auditors increased the fees by \$1K for this year, creating a negative variance in that amount
- o Insurance showed a positive variance of \$1K; however, those fees had not yet hit and should be very close to budget at year end
- FINANCIAL TREND FY2018-FY2022 (SLIDE 58)
 - o Revenues were at \$272K, Expenses were at \$108K, for a total profit at April of \$163K
 - o Ms. Ebner was expecting to receive additional revenue of \$50K before the end of the year, which would put EOY profit at around \$325K
- INDIRECT REVENUE SOURCES APRIL 2022 YTD (SLIDE 59)
 - o Approximately half of the indirect revenues derived from the HDS grant, with the other half from the First Steps grants
 - o Totals received for each YTD were \$136K for HDS; \$86K for First Steps; \$37K for CalWORKs; and \$13K for CalLEARN
- In response to an inquiry from Director King, Ms. Ebner confirmed that the grant revenues were treated as pass-through costs to offset the expenses
- Virginia Barragan, VP Continuum of Care, acknowledged Ms. Ebner, noting that she had worked side by side with the First 5 teams for many years, and every time that First 5 audited the programs, they commented on the impeccably kept books

| E. | Resolution No. 06.06.22(03)-3 - Bank | MOTION: By |
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| | of America Deposit Account & | Tate and ca |
| | Treasury Management Services | Bank of Am |
| | Banking Resolution & Certificate of | Services Ban |
| | Incumbency | Carried by the |

MOTION: By Director Greer, seconded by Director Edwards-Tate and carried to approve Resolution No. 06.06.22(03)-3 – Bank of America Deposit Account & Treasury Management Services Banking Resolution & Certificate of Incumbency.

Carried by the following vote, taken by roll call: Director King – aye; Director Hansen – aye; Director Greer – aye; Director Edwards-Tate – aye; Chairperson Corrales – aye

• Director King stated that the Resolution reaffirmed that PHD would maintain the Bank of America banking account, with changes to the organizational structure of Palomar Health necessitating changes to the specimen signatures of the current corporate officers and other authorized signors (removal of Michael Bogert in favor of Mr. King and removal of James Smith in favor of Amanda Pape)

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| F. Resolution No. 06.06.22(04)-4 – Setting the Date, Time & Location for the Remaining Board Meeting for Calendar Year 2022 | MOTION: By Chairperson Corrales, seconded by Director Greer and carried to approve Resolution No. 06.06.22(04)-4 – Setting the Date, Time & Location for the Remaining Board Meeting for Calendar Year 2022 for 11:30 a.m. on Monday, November 14, 2022, with the location TBD. | /// |
| | Carried by the following vote, taken by roll call: Director King – aye; Director Hansen – aye; Director Greer – aye; Director Edwards-Tate – aye; Chairperson Corrales – aye | |
| Mrs. Howell stated that the Board was rehad been suggested | equired to set a date, time and location for the remaining meeting | for the Calendar Year, and two dates |
| o She further noted that dates in Dece to audit scheduling | ember were being suggested since the second meeting each year | needed to be held in that month due |
| The dates and times suggested were TBD based on social distancing rules | Monday, December 12, 2022, and Tuesday, December 19, 2022, then in place | both at 12:00 noon, with the location |
| • Noting that the month of December coube scheduled for sometime in November | ald be a very busy month due to the elections in November, Direct | tor Greer suggested that the meeting |
| early November, the date of Monda | ether the auditors would have finalized their work and have repo ay, November 14, 2022, was chosen, with the meeting to begin a rson meetings had been reinstated at that time | |
| G. Administrative Oversight for Palomar Health Development | MOTION: By Director Greer, seconded by Ms. Hansen and carried to approve the increased reimbursement to Palomar Health of \$500 per month for Administrative Services provided on behalf of Palomar Health Development, Inc., to become effective July 1, 2022. | |
| | Carried by the following vote, taken by roll call: Director King – aye; Director Hansen – aye; Director Greer – aye; Director Edwards-Tate – aye; Chairperson Corrales – aye | |

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| Director King stated that ther audit and accounting work at a co | | O and PH under which PI | H provided certain financial activities related t |
| | | | ality of Ms. Ebner's work, and he noted that shultiple audits by the grantors each year |
| Management had proposed a | n increase to \$3,500 due to an expecte | services requiring more | of Ms. Ebner's time |
| | | | nt was equitable for Ms. Ebner's duties, Directone time she spent working on PHD financials |
| VIII. BOARD MEMBER COMMEN | ITS/FUTURE AGENDA ITEMS | | |
| • None | | | |
| IX. ADJOURNMENT | | | |
| MOTION: Chairperson Corrales ac | djourned the meeting at 1:18 p.m. | | |
| SIGNATURES: | ry Carrala Ry | | - anyat mull |
| PHD Board Chairperson Te | erry/Corrales, RN | PHD Board Assistant | Tanya Howel |

Next Meeting: TBD