



*Board of Directors
Meeting Agenda Packet*

April 10, 2023



Board of Directors

Linda Greer, RN, Chair
Jeffrey D. Griffith, EMT-P, Vice Chair
Laura Barry, Treasurer
Theresa Corrales, RN, Secretary
John Clark, Director
Laurie Edwards-Tate, MS, Director
Michael Pacheco, Director

Diane Hansen, President and CEO

Regular meetings of the Board of Directors are held on the second Monday of each month at 6:30 p.m., unless indicated otherwise.

For an agenda, locations or further information please call (760) 740-6375 or visit our website at www.palomarhealth.org

Our Mission

To heal, comfort, and promote health
in the communities we serve

Our Vision

Palomar Health will be the health system of choice for patients, physicians and employees, recognized nationally for the highest quality of clinical care and access to comprehensive services

Our Values

Compassion - Providing comfort and care
Integrity - Doing the right thing for the right reason
Teamwork - Working together toward shared goals

Excellence - Aspiring to be the best
Service - Serving others and our community
Trust - Delivering on promises

Policy : Public Comments and Attendance at Public Board Meetings

I. PURPOSE:

A. It is the intention of the Palomar Health Board of Directors to hear public comment about any topic that is under its jurisdiction. This policy is intended to provide guidelines in the interest of conducting orderly, open public meetings while ensuring that the public is afforded ample opportunity to attend and to address the board at any meetings of the whole board or board committees.

II. DEFINITIONS:

A. None defined.

III. TEXT / STANDARDS OF PRACTICE:

- A. There will be one time period allotted for public comment at the start of the public meeting. Should the chair determine that further public comment is required during a public meeting, the chair can call for such additional public comment immediately prior to the adjournment of the public meeting. Members of the public who wish to address the Board are asked to complete a [Request for Public Comment form](#) and submit to the Board Assistant prior to or during the meeting. The information requested shall be limited to name, address, phone number and subject, however, the requesting public member shall submit the requested information voluntarily. It will not be a condition of speaking.
- B. Should Board action be requested, it is encouraged that the public requestor include the request on the *Request for Public Comment* as well. Any member of the public who is speaking is encouraged to submit written copies of the presentation.
- C. The subject matter of any speaker must be germane to Palomar Health's jurisdiction.
- D. Based solely on the number of speaking requests, the Board will set the time allowed for each speaker prior to the public sections of the meeting, but usually will not exceed 3 minutes per speaker, with a cumulative total of thirty minutes.
- E. Questions or comments will be entertained during the "Public Comments" section on the agenda. All public comments will be limited to the designated times, including at all board meetings, committee meetings and board workshops.
- F. All voting and non-voting members of a Board committee will be seated at the table. Name placards will be created as placeholders for those seats for Board members, committee members, staff, and scribes. Any other attendees, staff or public, are welcome to sit at seats that do not have name placards, as well as on any other chairs in the room. For Palomar Health Board meetings, members of the public will sit in a seating area designated for the public.
- G. In the event of a disturbance that is sufficient to impede the proceedings, all persons may be excluded with the exception of newspaper personnel who were not involved in the disturbance in question.
- H. The public shall be afforded those rights listed below (Government Code Section 54953 and 54954).
1. To receive appropriate notice of meetings;
 2. To attend with no pre-conditions to attendance;
 3. To testify within reasonable limits prior to ordering consideration of the subject in question;
 4. To know the result of any ballots cast;
 5. To broadcast or record proceedings (conditional on lack of disruption to meeting);
 6. To review recordings of meetings within thirty days of recording; minutes to be Board approved before release,
 7. To publicly criticize Palomar Health or the Board; and
 8. To review without delay agendas of all public meetings and any other writings distributed at the meeting.
- I. This policy will be reviewed and updated as required or at least every three years.

POSTED
Friday
April 7, 2023

BOARD OF DIRECTORS MEETING

AGENDA

Monday, April 10, 2023
6:30 p.m.

PLEASE SEE PAGE 3 FOR MEETING LOCATION

The Board may take action on any of the items listed below, unless the item is specifically labeled "Informational Only"				Time	Form A Page	Target
CALL TO ORDER						6:30
1.	ESTABLISHMENT OF QUORUM			2	-	6:32
2.	OPENING CEREMONY			3		6:35
	a. Pledge of Allegiance to the Flag					
3.	PUBLIC COMMENTS¹			30	-	7:05
4.	PRESENTATIONS – Informational Only (ADD A)					
	a. Volunteer Program Presentation (Pp 6-16)			10		7:15
	b. Employee Recognition			5		7:20
5.	APPROVAL OF MINUTES (ADD B)			5		7:25
	a. Special Session Board of Directors Meeting – Monday, March 13, 2023 (Pp 17-20)				2	
	b. Board of Directors Meeting - Monday, March 13, 2023 (Pp 21-30)				2	
6.	APPROVAL OF AGENDA to accept the Consent Items as listed (ADD C)			5		7:30
	a. Palomar Medical Center Escondido Medical Staff Credentialing and Reappointments (Pp 31-34)				3	
	b. Palomar Medical Center Poway Medical Staff Credentialing and Reappointments (Pp 35-64)				4	
7.	REPORTS					
	a. Medical Staff					
	I. Palomar Medical Center Escondido – <i>Kanchan Koirala, MD</i>			5		7:35
	II. Palomar Medical Center Poway – <i>Sam Filiciotto, MD</i>			5		7:40
	b. Administration					
	I. <u>President and CEO</u> – <i>Diane Hansen</i>			5		7:45
	II. <u>Chair of the Board</u> – <i>Linda Greer, RN</i>			5		7:50
8.	APPROVAL of BYLAWS, CHARTERS, RESOLUTIONS (ADD D)			5		7:55
	Agenda Item	Committee or Dept.	Action			
	a. Resolution No. 04.10.23(01)-05 Ordinance of the Board of Directors of Palomar Health Providing for a Five Percent Increase in Board Member Compensation for Attendance at Board Meetings (Pp 65-69)				5	
9.	COMMITTEE REPORTS – Informational Only (ADD E)			5		8:00
	a. Audit & Compliance Committee – Linda Greer, Committee Chair (No meeting in March)					
	b. Community Relations Committee – Terry Corrales, Committee Chair (No meeting in March)					
	c. Finance Committee – Laura Barry, Committee Chair (No meeting in March)					
	d. Governance Committee – Jeff Griffith, Committee Chair (No meeting in March)					
	e. Human Resources Committee – Terry Corrales, Committee Chair (No Meeting in March)					
	f. Quality Review Committee – Linda Greer, Committee Chair (Pp 70-72)					
	g. Strategic and Facilities Planning Committee (Pp 73-115)					
FINAL ADJOURNMENT					-	8:00

NOTE: If you have a disability, please notify us by calling 760.740.6375, 72 hours prior to the event so that we may provide reasonable accommodations

¹ 3 minutes allowed per speaker with a cumulative total of 9 minutes per group.

For further details, see Request for Public Comment Process and Policy available by clicking on or copying the URL below into your browser.

<https://www.palomarhealth.org/board-of-directors/meetings>

[Public Comments and Attendance at Public Board Meetings](#)

Board of Directors Meeting Location Options

Palomar Medical Center Escondido, 1st Floor Conference Room, 2185 Citracado Parkway, Escondido, CA 92029

- Committee members who are elected members of the Board of Directors will attend at this location, unless otherwise noticed below
- Elected members of the Board of Directors who are not members of the Committee and wish only to observe, non-Board member attendees, and members of the public may also attend at this location
 - <https://www.microsoft.com/en-us/microsoft-teams/join-a-meeting?rtc=1>
or Dial in using your phone at **929.352.2216**; Access Code: **896 226 868#**¹
- Elected members of the Board of Directors who are not members of the Committee and wish only to observe, non-Board member attendees and members of the public may attend the meeting virtually utilizing the above link

¹ New to Microsoft Teams? Get the app now and be ready when your first meeting starts: [Download Teams](#)

**Minutes
Board of Directors Meetings
March 13, 2023**

TO: Board of Directors

MEETING DATE: Monday, April 10, 2023

FROM: Carla Albright, Assistant to the Board of Directors

Background: The minutes from March 13, 2023, Regular and Special Closed Session Board of Directors meetings are respectfully submitted for approval.

Budget Impact: N/A

Staff Recommendation: Recommend to approve the March 13, 2023, Regular and Special Closed Session Board of Directors meeting minutes.

Committee Questions: N/A

COMMITTEE RECOMMENDATION: N/A

Motion:

Individual Action:

Information:

Required Time:

**Palomar Medical Center Escondido Medical Staff
Credentialing Recommendations**

TO: Board of Directors

MEETING DATE: April 10, 2023

FROM: Kanchan Koirala, M.D., Chief of Staff, Palomar Medical Center Escondido

Background: Credentialing Recommendations from the Medical Executive Committee of Palomar Medical Center Escondido.

Budget Impact: None

Staff Recommendation: Recommend Approval

Committee Questions:

COMMITTEE RECOMMENDATION: Approval

Motion: X

Individual Action:

Information:

Required Time:

**Palomar Medical Center Poway
Medical Staff Credentials Recommendations
March, 2023**

TO: Board of Directors

MEETING DATE: Monday April 10, 2023

FROM: Sam Filiciotto, M.D., Chief of Staff, Palomar Medical Center Poway

Background: Monthly credentials recommendations from the Palomar Medical Center Poway Medical Executive Committee for approval by the Board of Directors.

Budget Impact: None

Staff Recommendation:

Committee Questions:

COMMITTEE RECOMMENDATION: Approval

Motion: X

Individual Action:

Information:

Required Time:

RESOLUTION NO. 04.10.23(01)-05

**ORDINANCE OF THE BOARD OF DIRECTORS OF PALOMAR HEALTH
PROVIDING FOR A FIVE PERCENT INCREASE IN BOARD MEMBER COMPENSATION
AT BOARD MEETINGS**

TO: Board of Directors
MEETING DATE: Monday, April 10, 2023
FROM: Kevin DeBruin, Chief Legal Officer

Background: Pursuant to California Health and Safety Code Section 32103, the Palomar Health Board of Directors may, by ordinance adopted pursuant to the California Water Code Section 20200 *et seq.*, increase the amount of compensation received by Directors for attendance at Board meetings not exceed an amount equal to 5% for each calendar year following the operative date of the last adjustment.

Budget Impact: TBD

Staff Recommendation: Staff recommend the Board approve Resolution No. 04.10.23(01)-05 adopting the Ordinance in accordance with the requirements of the California Water Code Section 20200 *et seq.*

Committee Questions: N/A

COMMITTEE RECOMMENDATION:

Motion: X

Individual Action:

Information:

Required Time:

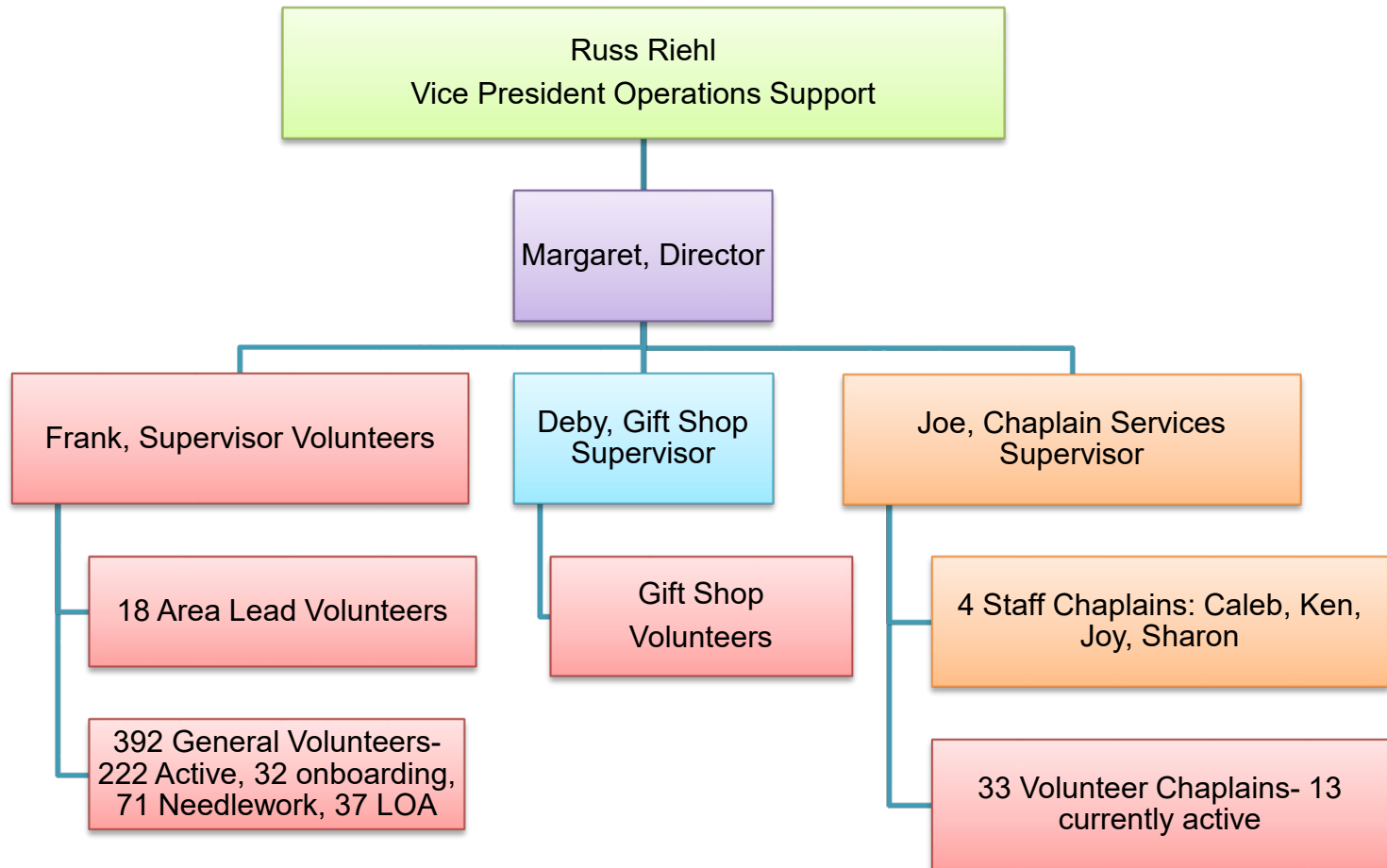
ADDENDUM A



Margaret Mertens, MS RD
Director of Volunteer Development and Spiritual Care
April 10, 2023

Board of Directors Meeting

Volunteer & Chaplain Services-Org Chart





Volunteer Services affects Patient Experience-Current open assignments

Lobby Ambassadors Greeters and Escorts-	Surgical Waiting & Pre-op	PMCE Gift shop and Needlework	Emergency Department
Palomar Paws	Outpatient Rehab	Courtesy shuttles to the front lobby's	In progress- Baby Cuddlers
Activities such as Art Therapy	Other: Office Assistants, Vaccinators,	Chaplains and Inpatient Ambassadors	PFAC-Patient Family Advisory Council

Volunteers - Sewing, Knitting, Crocheting Roles

- > 70 offsite Needlework Volunteers-Currently
 - 2019 10-12 volunteers
- Items handmade for Birth Centers, Emergency Department, Laboratory, Lobby, Inpatients, Behavioral Health, Infusion and Perinatal, Villa
 - Puppets and stuffed animals for children
 - Baby Caps and receiving blankets for newborns
 - Activity items-Busy Blankets
 - Blankets and quilts
 - Holiday gifts for Villa

New Volunteer Assignments

- One Safe Place- Support Trauma Recovery Center, Camp Hope and Pathways
- Lab and Respiratory Support
- Coming Soon
 - Rehab Institute
 - Baby Cuddling in the NICU
 - Threshold Singers- resuming

Palomar Paws for the district

Currently have 10 Palomar Paws Teams

“I was recently hospitalized at Palomar Hospital for a few weeks and had the privilege of having Prima, Zeus and Brandy come and visit me across multiple days. It really lifted my day when I heard ‘can the dogs come in and visit’. Having to be in the hospital is never fun or enjoyable but when they came in my day changed for the better.

Thank you, Palomar Hospital, for having such a wonderful program. Keep up the Great work with the Palomar Paws program.”
McKenzie



Spiritual Care – Overview and Goals

- 5 staff , 13 active volunteers
- Locations of service-District
- Hours: On-site or on-call 8am to 10 pm daily

Goals:

Grow our connections with Spiritual Care leaders in our community

Increase the amount of volunteer chaplains

Revise the PH Bereavement booklet and develop bereavement services for our community



Services provided

- Chaplain Visits and assessments and follow up visits for prayer and emotional support as needed
- Rituals – Chaplain Joe conducted a marriage ceremony for a patient and long time girlfriend before he passed and a funeral for the husband of a long time staff
- Religious items-books, prayer cards, rosaries
- Consults for patient care conferences, ethics, meetings, conferences
- Code Care-Emotional and Spiritual Support for Staff

Retail- Gift Shop

Gift Shop Profits go to the Volunteer Foundation Fund

Winners of the Project Proposal Contest funded by the Volunteer Foundation Fund:

\$8,000 - Patient Access and PFS for **20 Healthcare Certifications**

Requestor- Michael Thomas

\$5,056 - PMCP Med/Surg/Tele 4th floor **breakroom remodel**

Requestor- Jane Andrew

\$3,000 - PMCP ICE **breakroom facelift**

Requestor – Jennifer Findlan

\$4,117 - CSU Zebra DS8178-HC **Scanners**

Requestor – Richard Hess

\$2,168 - PMCE Emergency Department **phone charging stations**

Requestor – Troy Danio

Strategic Plan

- Build the Active Volunteers to 250 by end of FY23
- Increase community relations by meeting with area spiritual care leaders
- Continue to provide gift shop items for employee satisfaction and patient convenience

ADDENDUM B

SPECIAL SESSION BOARD OF DIRECTOR’S MEETING MINUTES – MONDAY, MARCH 13, 2023	
AGENDA ITEM	CONCLUSION / ACTION
<ul style="list-style-type: none"> DISCUSSION 	
I. CALL TO ORDER	
<p>The meeting, which was held at Palomar Medical Center Escondido, 1st Floor Conference Room at 2185 Citracado Parkway, Escondido, CA. 92029, and called to order at 4:36 p.m. by Board Chairwoman Linda Greer.</p>	
NOTICE OF MEETING	
<p>Notice of Meeting was posted at the Palomar Health Administrative Office, as well as on the Palomar Health website, on Wednesday, March 9, 2023, which is consistent with legal requirements.</p>	
II. ESTABLISHMENT OF QUORUM	
<p>Quorum comprised of Directors Barry, Clark, Corrales, Greer, Griffith, Edwards-Tate, Pacheco Excused Absences: None</p>	
III. PUBLIC COMMENTS	
<p>There were no public comments</p>	
IV. PRESENTATIONS	
a. BROWN ACT EDUCATION SESSION	
b. ATTENDANCE POLICY REGARDING MEETINGS OF THE BOARD OF DIRECTORS	
c. CONSENT AGENDA POLICY	

SPECIAL SESSION BOARD OF DIRECTOR'S MEETING MINUTES – MONDAY, MARCH 13, 2023

AGENDA ITEM

CONCLUSION / ACTION

• DISCUSSION

V. APPROVAL OF POLICIES

- b. Attendance Policy Regarding Meetings of the Board of Directors
- c. Consent Agenda Policy

- b. **MOTION:** By Director Griffith, 2nd by Director Edwards-Tate and carried to approve Attendance Policy Regarding Meetings of the Board of Directors with an amendment 168 hour notice for remote meetings until April 30, 2023.
Roll call voting was then utilized.
Director Corrales – aye Director Griffith – aye
Director Greer – aye Director Barry – aye
Director Clark – abstain Director Pacheco – aye
Director Edwards-Tate – aye
Chairwoman Greer announced that six board members were in favor. One abstention. No absences. Motion approved.
- c. **MOTION:** By Director Corrales, 2nd by Director Griffith and carried to approve Consent Agenda Policy as presented.
Roll call voting was then utilized.
Director Corrales – aye Director Griffith – aye
Director Greer – aye Director Barry – aye
Director Clark – nay Director Pacheco – aye
Director Edwards-Tate – nay
Chairwoman Greer announced that five board members were in favor. Two opposed. No abstention. No absences. Motion approved.

SPECIAL SESSION BOARD OF DIRECTOR’S MEETING MINUTES – MONDAY, MARCH 13, 2023

AGENDA ITEM

CONCLUSION / ACTION

- **DISCUSSION**

IV. ADJOURNMENT TO CLOSED SESSION

a. Pursuant to California Government Code §54956.9(a) and (e); §54954.5—CONFERENCE WITH LEGAL COUNSEL—EXISTING LITIGATION—Case name(s) unspecified, disclosure would jeopardize service of process, existing negotiations, or result in other prejudice to the position of the District — Quarterly Claims/Risk Management Report

b. Pursuant to California Government Code §54962 and California Health & Safety Code §32106 – REPORT INVOLVING TRADE SECRET – Discussion will concern: proposed new service or program. Estimated date of public disclosure: June 1, 2023

V. RE-ADJOURNMENT TO OPEN SESSION

VI. ACTION RESULTING FROM CLOSED SESSION DISCUSSION, IF ANY

There was no action resulting from closed session.

VII. FINAL ADJOURNMENT

There being no further business, Chair Greer adjourned the meeting at 6:37 p.m.

SIGNATURES:

BOARD SECRETARY

Terry Corrales, R.N.

BOARD ASSISTANT

Carla Albright



Board of Directors Meeting Minutes – Monday, March 13, 2023

Agenda Item

- *Discussion*

Conclusion / Action /Follow Up

NOTICE OF MEETING

Notice of Meeting was posted at the Palomar Health Administrative Office; also posted with full agenda packet to the Palomar Health website on Wednesday, March 10, 2023, which is consistent with legal requirements.

CALL TO ORDER

The meeting, which was held at Palomar Medical Center Escondido, 1st Floor Conference Room at 2185 Citracado Parkway, Escondido, CA. 92029, and called to order at 6:43 p.m. by Board Chairwoman Linda Greer.

1. ESTABLISHMENT OF QUORUM

Quorum comprised of Directors Barry, Clark, Corrales, Edwards-Tate, Griffith, Greer, Pacheco
Absences: None

2. OPENING CEREMONY – Pledge of Allegiance to the Flag

The Pledge of Allegiance to the Flag was recited in unison.

MISSION AND VISION STATEMENTS

The Palomar Health mission and vision statements are as follows:

- *The mission of Palomar Health is to heal, comfort and promote health in the communities we serve*
- *The vision of Palomar Health is to be the health system of choice for patients, physicians and employees, recognized nationally for the highest quality of clinical care and access to comprehensive services*

Agenda Item

- Discussion

Conclusion / Action /Follow Up

3. PUBLIC COMMENTS

- Ross Pike – Candidate, LAFCO
- Carla Tapia – CNA/CHEU Representative
- Stacy Charles – Nurse, Palomar Health
- Heather Sharp – Nurse, Palomar Health
- Debra Roman – Nurse, Palomar Health

4. PRESENTATIONS

a. Patient Experience Moment

- Palomar Health Vice President, Quality and Patient Safety, Tricia Kassab and Jordan Cohen, M.D., introduced former patient Nili Zahedi, who spoke about her experience as a patient at Palomar Medical Center, Escondido.

b. Employee Recognition

- Chair Linda Greer, Director Michael Pacheco and Mike Mills, Vice President of Construction and Facilities presented the Facilities Team with certificates of recognition. Attending recipients; Marcos Fierro, Christian Pizano, Henry Favel, Mario Munoz, Pete Macias, Rafael Pizano, Timothy McConville and Victor Macias.

c. Physician Update Presentation

- Ryan Olsen, Chief Operations Officer, introduced Brian Meyerhoff, M.D., who shared a general physician update with the Board.

Board of Directors Meeting Minutes – Monday, March 13, 2023

Agenda Item

- Discussion

Conclusion / Action /Follow Up

5. APPROVAL OF MINUTES

- a. Special Closed Session Board of Directors Meeting – Monday, February 13, 2023
- b. Board of Directors Meeting - Monday, February 13, 2023

MOTION: By Director Griffith, 2nd by Director Clark and carried to approve the Monday, February 13, 2023 Board of Directors Meeting minutes, agenda items 5 a-b, as presented.

Roll call voting was utilized.
Director Corrales – aye Director Griffith – aye
Director Greer – aye Director Barry – aye
Director Clark – aye Director Pacheco – aye
Director Edwards-Tate – aye
Chairwoman Greer announced that seven board members were in favor. None opposed. No abstentions. No absences. Motion approved.

- No discussion

6. APPROVAL OF AGENDA to accept the Consent Items as listed

- a. Palomar Medical Center Escondido Medical Staff Credentialing and Reappointments
- b. Palomar Medical Center Poway Medical Staff Credentialing and Reappointments
- c. 2023 Palomar Health Employee Code of Conduct

MOTION: By Director Corrales, 2nd by Director Barry and carried to approve Consent Agenda items A - C as presented.

Roll call voting was utilized.
Director Corrales – aye Director Griffith – aye
Director Greer – aye Director Barry – aye
Director Clark – aye Director Pacheco – aye
Director Edwards-Tate – aye
Chairwoman Greer announced that seven board members were in favor. None opposed. No abstention. No absences. Motion approved.

- Sam Filiciotto, MD, noted a typo on page 26 of the posting packet for agenda item 6b; effective date for Fatemeh Esfanhani should read April 1, 2023 to June 1, 2023.

Board of Directors Meeting Minutes – Monday, March 13, 2023

Agenda Item

- *Discussion*

Conclusion / Action /Follow Up

7. REPORTS

a. Medical Staffs

I. Palomar Medical Center Escondido

Palomar Medical Center Escondido Chief of Staff Dr. Kanchan Koirala provided a verbal report to the Board.

II. Palomar Medical Center Poway

Palomar Medical Center Poway Chief of Staff Dr. Sam Filiciotto provided a verbal report to the Board.

b. Administrative

I. President and CEO

Palomar Health President & CEO Diane Hansen provided the following report:

- Recognized for the fourth year by U.S. News and World Report as one of the world's best hospitals
- Modern Healthcare ranked Palomar Health is number one in the top small health system category
- Addressed the consolidation of Obstetrics, and referred to articles from Beckers Hospital Review (1-Attached)

II. Chair of the Board

Palomar Health Chair of the Board Linda Greer provided the following report:

- Reminder to complete Form 700
- Ad hoc committee regarding Diverse Care

8. APPROVAL OF BYLAWS, CHARTERS, RESOLUTIONS

Agenda Item

<ul style="list-style-type: none"> • Discussion 	Conclusion / Action /Follow Up
<ul style="list-style-type: none"> a. Board Human Resources Committee Charter Update b. Board Audit and Compliance Committee Charter c. Board Quality Review Committee Charter d. Resolution No. 03.13.23(01)-04 of the Board of Directors of Palomar Health Authorizing Palomar Health’s CEO or Her Designee to Negotiate and Execute an Agreement for Radiologist Services 	<ul style="list-style-type: none"> a. MOTION: By Director Corrales, 2nd by Director Griffith and carried to approve and adopt Board Human Resources Committee Charter update as presented. <p>Roll call voting was utilized. Director Corrales – aye Director Griffith – aye Director Greer – aye Director Barry – aye Director Clark – aye Director Pacheco – aye Director Edwards-Tate – aye Chairwoman Greer announced that seven board members were in favor. None opposed. No abstentions. No absences. Motion approved.</p> <ul style="list-style-type: none"> b. MOTION: By Director Edwards-Tate, 2nd by Director Griffith and carried to approve and adopt Board Audit and Compliance Committee Charter as presented. <p>Roll call voting was utilized. Director Corrales – aye Director Griffith – aye Director Greer – aye Director Barry – aye Director Clark – aye Director Pacheco – aye Director Edwards-Tate – aye Chairwoman Greer announced that seven board members were in favor. None opposed. No abstentions. No absences. Motion approved.</p> <ul style="list-style-type: none"> c. MOTION: By Director Barry, 2nd by Director Corrales and carried to approve and adopt Board Quality Review Committee Charter as presented. <p>Roll call voting was utilized. Director Corrales – aye Director Griffith – aye Director Greer – aye Director Barry – aye Director Clark – abstain Director Pacheco – aye Director Edwards-Tate – no Chairwoman Greer announced that five board members were in favor. One opposed. One abstentions. No absences. Motion approved.</p>

Agenda Item

<ul style="list-style-type: none"> Discussion 	Conclusion / Action /Follow Up
	<p>d. MOTION: By Director Pacheco, 2nd by Director Barry and carried to approve and adopt Resolution No. 03.13.23(01)-04 of the Board of Directors of Palomar Health Authorizing Palomar Health’s CEO or Her Designee to Negotiate and Execute an Agreement for Radiologist Services as presented.</p> <p>Roll call voting was utilized. Director Corrales – aye Director Griffith – aye Director Greer – abstain Director Barry – aye Director Clark – abstain Director Pacheco – aye Director Edwards-Tate – no Vice-Chair Griffith announced that four board members were in favor. One opposed. Two abstentions. No absences. Motion approved.</p>
<p>a. Director John Clark asked what changes were made to the Board Human Resources Committee Charter. Kevin DeBruin, Chief Legal Officer, noted the Board Liaison. b. Director Jeff Griffith reminded the Board Members the charters are a carve out from the By-Laws, the charters allow flexibility for membership title updates. c. Director Laurie Edwards-Tate believes representation from medical staff should have key roles on the Board Quality Review Committee. Director John Clark feels the Board should support physician involvement at any level. Chair Linda Greer invited the Directors to attend a Board Quality Review Committee meeting. d. Chair Linda Greer recused herself for agenda item 8d, and asked Vice Chair Jeff Griffith to continue. Director Laurie Edwards-Tate expressed her opposition to the resolution. Vice Chair Jeff Griffith is in favor of entrusting the financial health of the district to the current CEO.</p>	
<p>9. COMMITTEE REPORTS (information only unless otherwise noted)</p>	
<p>a. Audit and Compliance Committee</p>	
<ul style="list-style-type: none"> Committee Chairwoman Linda Greer noted that the committee meeting summary was included in the board meeting packet 	
<p>b. Community Relations Committee</p>	
<ul style="list-style-type: none"> Committee Chair Terry Corrales noted that the committee meeting summary was included in the board meeting packet 	
<p>c. Finance Committee</p>	
<ul style="list-style-type: none"> Committee Chair Laura Barry reported that the committee was dark in February. 	
<p>d. Governance Committee</p>	

Board of Directors Meeting Minutes – Monday, March 13, 2023

Agenda Item

<ul style="list-style-type: none"> <i>Discussion</i> 	<i>Conclusion / Action /Follow Up</i>	
<ul style="list-style-type: none"> Committee Chair Jeff Griffith noted that the committee meeting summary was included in the board meeting packet. 		
e. Human Resources Committee		
<ul style="list-style-type: none"> Committee Chair Terry Corrales noted that the committee meeting summary was included in the board meeting packet. 		
f. Quality Review Committee		
<ul style="list-style-type: none"> Committee Chairwoman Linda Greer noted that the committee meeting summary was included in the board meeting packet. 		
g. Strategic & Facilities Planning Committee		
<ul style="list-style-type: none"> Committee Chair Michael Pacheco reported that the committee was dark in February. 		
FINAL ADJOURNMENT		
<ul style="list-style-type: none"> There being no further business, Chairwoman Linda Greer adjourned the meeting at 7:56 p.m. 		
Signatures:	Board Secretary	_____ Terry Corrales, R.N.
	Board Assistant	_____ Carla Albright

10 hospitals closing departments or ending services

Several healthcare organizations have recently closed medical departments or ended services at facilities to shore up finances, focus on more in-demand services or address staffing shortages.

Here are 10 closures or services ending, announced, advanced or finalized that Becker's has reported on since Feb. 2.

1. Cleveland-based University Hospitals is [ending](#) labor and delivery services at UH Lake West in Willoughby, Ohio, effective April 15. Services will be consolidated at TriPoint in Concord Township, which is about 15 miles away.
2. Jefferson, Mo.-based Capital Region Medical Center will [close](#) two clinics in Holts Summit and St. Elizabeth, Mo., effective April 15.
3. Trinity Health Muskegon (Mich.) [plans](#) to temporarily close a 30-bed surgical floor due to staffing shortages.
4. St. Mark's Medical Center in La Grange, Texas, is [cutting](#) nearly half its staff and various services as it looks to survive amid significant financial challenges. Service cuts include inpatient and surgical services, post-acute skilled rehab care, its orthopedic clinic, speech therapy and ambulatory care.
5. OhioHealth's Shelby Hospital will [no longer](#) provide maternity services from 11:59 p.m on Feb. 28. Maternity services are provided 13 miles away at OhioHealth Mansfield Hospital.
6. Arcata, Calif.-based Mad River Community Hospital is [cutting](#) 27 jobs as it suspends its home health services program. The program will be suspended upon the completion of services to the hospital's existing patients, which is expected to be in April.
7. Oroville (Calif.) Hospital is [closing](#) Golden Valley Home Health, the hospital's home health business.
8. Children's Hospital of the King's Daughters in Norfolk, Va., abruptly [closed](#) the retail pharmacy it leased to Hague Pharmacy Feb. 8 because its lease expired. The hospital's in-house pharmacy is still open.
9. Ascension Providence Hospital-Southfield (Mich.) is [ending](#) midwifery services at the end of February.
10. Rumford (Maine) Hospital is [closing](#) its maternity program March 31 after 97 years in service.

Latest articles on Finance:

[Cano Health takes out \\$150M loan, reports preliminary loss of \\$302M](#)

[El Camino outlook upgraded, ratings affirmed for bonds](#)

[Merged Butler/Excelsior system facing significant cuts, CEO warns](#)

<https://www.beckershospitalreview.com/finance/10-hospitals-closing-departments-or-ending-services.html>

23 hospitals, health systems cutting jobs

A number of hospitals and health systems are trimming their workforces or jobs due to financial and operational challenges.

Below are workforce reduction efforts or job eliminations that were announced within the past five months and/or take effect later this year.

Editor's Note: This webpage was updated March 8 and will continue to be updated.

1. Valley Health, a six-hospital health system based in Winchester, Va., [eliminated](#) 31 administrative positions. The job cuts are part of the consolidation of the organization's leadership team and administrative roles.
2. Marshfield (Wis.) Clinic Health System will [lay off](#) 346 employees, representing less than 3 percent of its employee base.
3. St. Mark's Medical Center in La Grange, Texas, is [cutting nearly 50 percent of its staff](#) and various services amid financial challenges.
4. Roseville, Calif.-based Adventist Health plans to go from seven networks of care to five systemwide to reduce costs and strengthen operations. The reorganization will [result in job cuts](#), including reducing administration by more than \$100 million.
5. Arcata, Calif.-based Mad River Community Hospital is [cutting 27 jobs](#) as it [suspends](#) home health services.
6. Hutchinson (Kan.) Regional Medical Center [laid off 85 employees](#), a move tied to challenges in today's healthcare environment.
7. Oklahoma City-based OU Health is [eliminated about 100 positions](#) as part of an organizational redesign to complete the integration from its 2021 merger.
8. Memorial Sloan Kettering Cancer Center announced it would [lay off](#) to reduce costs amid widespread hospital financial challenges. The layoffs are spread across 14 sites in New York City, and equate to about 1.8 percent of Memorial Sloan's 22,500 workforce.
9. St. Louis-based Ascension [completed layoffs](#) in Texas, the health system confirmed in January. A statement shared with Becker's says the layoffs primarily affected nonclinical support roles. The health system declined to specify to *Becker's* the number of employees or positions affected.
10. Lebanon, N.H.-based Dartmouth Health is [freezing hiring and reviewing all vacant jobs](#) at its flagship hospital and clinics in an effort to close a \$120 million budget gap.
11. Chillicothe, Ohio-based Adena Health System announced it would [eliminate 69 positions](#) — 1.6 percent of its workforce — and send 340 revenue cycle department employees to Ensemble Health Partners' payroll in a move aimed to help the health system's financial stability.
12. Ascension St. Vincent's Riverside in Jacksonville, Fla., will end maternity care at the hospital, [affecting 68 jobs](#), according to a Workforce Adjustment and Retraining Notification filed with the state Jan. 17. The move will affect 62 registered nurses as well as six other positions.

13. Visalia, Calif.-based Kaweah Health aims to [eliminate 94 positions](#) through early January as part of a new strategy to reduce labor costs. The job cuts come in addition to previously announced workforce reductions; the health system already eliminated 90 unfilled positions and lowered its workforce by 106 employees.
14. Oklahoma City-based Integris Health is [eliminating 200 jobs](#) to curb expenses. The eliminations include 140 caregiver roles and 60 vacant jobs.
15. Toledo, Ohio-based ProMedica plans to [lay off 262 employees](#), a move tied to its exit from a skilled-nursing facility joint venture late last year. The layoffs will take effect between March 10 and April 1.
16. Employees at Las Vegas-based Desert Springs Hospital Medical Center were [notified of layoffs](#) coming to the facility, which will transition to a freestanding emergency department. There are 970 employees affected. Desert Springs is part of the Valley Health System, a system owned and operated by King of Prussia, Pa.-based Universal Health Services.
17. Philadelphia-based Jefferson Health plans to go from five divisions to three in an effort to flatten management and become more efficient. The reorganization will result in an [unspecified number of job cuts](#), primarily among executives.
18. Pikeville (Ky.) Medical Center will [lay off 112 employees](#) by year's end as it outsources its environmental services department. The 112 layoffs are effective Jan. 1, 2023, with the affected employees' last day of work expected to be Dec. 31.
19. Southern Illinois Healthcare, a four-hospital system based in Carbondale, announced it would [eliminate or restructure 76 jobs](#) in management and leadership. The 76 positions fall under senior leadership, management and corporate services. Included in that figure are 33 vacant positions, which will not be filled. No positions in patient care are affected.
20. Citing a need to further reduce overhead expenses and support additional investments in patient care and wages, Traverse City, Mich.-based Munson Health is [eliminating](#) 31 positions and leaving another 20 jobs unfilled. All affected positions are in corporate services or management. The layoffs represent less than 1 percent of the health system's workforce of nearly 8,000.
21. West Reading, Pa.-based Tower Health on Nov. 16 [laid off 52 corporate employees](#) as the health system shrinks from six hospitals to four. The layoffs, which are expected to save \$15 million a year, account for 13 percent of Tower Health's corporate management staff.
22. Sioux Falls, S.D.-based Sanford Health [announced](#) layoffs affecting an undisclosed number of staff in October, a decision its CEO said was made "to streamline leadership structure and simplify operations" in certain areas. The layoffs primarily affect nonclinical areas.
23. St. Vincent Charity Medical Center in Cleveland [closed](#) its inpatient and emergency room care Nov. 11, four days before originally planned — and [laid off](#) 978 workers in doing so. After the transition, the Sisters of Charity Health System will offer outpatient behavioral health, urgent care and primary care.

Molly Gamble contributed to this list.

Latest articles on Finance:

ADDENDUM C

Palomar Medical Center Escondido

2185 Citracado Parkway
Escondido, CA 92029
(442) 281-1005 (760) 233-7810 fax

Medical Staff Services

March 29, 2023

To: Palomar Health Board of Directors

From: Kanchan Koirala, M.D., Chief of Staff
Palomar Medical Center Escondido Medical Executive Committee

Board Meeting Date: April 10, 2023

Subject: Palomar Medical Center Escondido Credentialing Recommendations

Provisional Appointment (04/10/2023 – 03/31/2025)

Finnin, Daniel J., M.D. – Emergency Medicine
Kido, Maya M., M.D. – Emergency Medicine
Lopez, Jason J., M.D. – Emergency Medicine
Meher, John C., M.D. – Emergency Medicine
Onaitis, Mark W., M.D. – Cardiothoracic Surgery
Patel, Anesh M.D. – Family Practice
Saeed, Zahid M., M.D. – Critical Care Medicine
Shahbazi, Nasim, M.D. – Nephrology
Zwiesler, Daniel J., M.D. – Obstetrics and Gynecology

Advance from Provisional to Courtesy Category

Ross, Mark A., M.D. – Neurology (eff. 04/10/2023 – 12/31/2023)

Additional Privileges

Vanichsarn, Christopher, M.D. – Cardiology

- Invasive Diagnostic Cardiology Core Privileges including CardioMEMS (eff. 04/10/2023-03/31/2024)

Category Change with reinstatement of privileges

Boys, Joshua A., M.D. – Cardiothoracic surgery, Affiliate to Courtesy category (eff. 04/10/2023-06/30/2023)

Leave of Absence – 2 year

Gopal, Arun, M.D. – Internal Medicine (eff. 03/22/2023-02/28/2025)

Voluntary Resignations

Ludeman, Lori B., M.D. – Emergency Medicine (effective 01/01/2023)

Miller, Anna C., NNP – Diagnostic Radiology (effective 09/30/2022)

Patel, Priya B., M.D. – Diagnostic Radiology (eff. 06/27/2022)

Payne, Elizabeth E., M.D. – Pediatrics (effective 02/28/2023)

Paz, Pedro F., M.D. – Pediatrics (effective 04/10/2023)

Schmitter, Stephen P., M.D. – Diagnostic Radiology (eff. 12/11/2022)

Sohal, Ravinder S., M.D. – Radiology, (effective 12/05/2022)

Young, Victoria K., M.D. – OB/Gyn (effective 03/31/2023)

Allied Health Professional Appointment (04/10/2023 – 03/31/2025)

Balderas, Anna C., NNP – Neonatal Nurse Practitioner (sponsoring physician – Dr. David Golembeski)

Butler, Cindy L., PNP – Psychiatric Nurse Practitioner (sponsoring physician - Dr. Jason Keri)

Gargano, Nicole E., NNP – Neonatal Nurse Practitioner (sponsoring physician – Dr. David Golembeski)

Morfin Valencia, Gustavo, NNP – Neonatal Nurse Practitioner (sponsoring physician – Dr. David Golembeski)

Allied Health Professional – additional privileges

Fazzino, Dolores L., FNP – OB/Gyn and Orthopaedic Surgery/Rehab Surgical NP privileges (eff. 04/10/2023-11/30/2024)

Forbes, Beth A., FNP – OB/Gyn and Orthopaedic Surgery/Rehab Surgical NP privileges (eff. 04/10/2023-03/31/2024)

Reappointments (effective 05/01/2023 – 04/30/2025)

Aharonian, Artin, MD	Diagnostic Radiology	Dept. of Radiology	Active
Ayson, Nicole M., MD	Pediatrics	Dept. of Pediatrics	Active
Burke, Shabnam S., MD	Critical Care Medicine	Dept. of Medicine	Active
Chao, James J., MD	Plastic Surgery	Dept. of Surgery	Courtesy
Gorwit, Jeffrey I., MD	Cardiovascular Dis.	Dept. of Medicine	Active
Greenstein, Joshua K., MD	Nephrology	Dept. of Medicine	Active
Gualberto, Gary C., MD	Neurology	Dept. of Medicine	Courtesy

*Category Change from Active to Courtesy

Hobart, Edward A., MD	Diagnostic Radiology	Dept. of Radiology	Active
Kolins, Jerry, MD	Pathology	Dept. of Pathology	Active
Martin, Franklin M., MD	Surgery, General	Dept. of Surgery	Active w/No Clinical Activity
Nalbandian, Allen B., MD	Diagnostic Radiology	Dept. of Radiology	Affiliate
O’Meara, Patrick M., MD	Orthopaedic Surgery	Dept. of Ortho Surg/Rehab	Active
Robinson, Harrison L., M.D.	Internal Medicine	Dept. of Medicine	Active
Shamani, Azam, MD	Family Practice	Dept. of Family Practice	Affiliate
Tarsa, Maryam, MD	Maternal-Fetal Med.	Dept. of OB/Gyn	Active
Vu, Quin H., MD	Anesthesiology	Dept. of Anesthesia	Active
Wadhwa, Ashish K., MD	Otolaryngology	Dept. of Surgery	Courtesy
Zakko, Maram F., MD	Gastroenterology	Dept. of Medicine	Active

*Category Change from Courtesy to Active

Allied Health Professional Reappointments (effective 05/01/2023 – 04/30/2025)

Barmack, Kimberly M., FNP	Dept. of Medicine	(Sponsor: Dr. Hamed Bayat for PHMG Heart & Vascular)
Lopez, Amy R., PA-C	Dept. of Emergency Medicine	(Sponsor: Dr. Bruce Friedberg for Palomar Emergency Physicians)

Certification by and Recommendation of Chief of Staff

As Chief of Staff of Palomar Medical Center Escondido, I certify that the procedures described in the Medical Staff Bylaws for appointment, reappointment or alteration of staff membership or the granting of privileges and that the policy of Palomar Health’s Board of Directors regarding such practices have been properly followed. I recommend that the action requested in each case be taken by the Board of Directors.

Palomar Medical Center Poway
Medical Staff Services
15615 Pomerado Road
Poway, CA 92064
(858) 613-4538 (858) 613-4217 fax

Date: March 29, 2023
To: Palomar Health Board of Directors – April 10, 2023 Meeting
From: Sam Filiciotto, M.D., Chief of Staff, PMC Poway Medical Staff
Subject: Medical Staff Credentials Recommendations – March, 2023

Provisional Appointments: (04/10/2023 – 03/31/2025)

Daniel Finnin, M.D., Emergency Medicine
Maya Kido, M.D., Emergency Medicine
Jason Lopez, M.D., Emergency Medicine
John Meher, M.D., Emergency Medicine
Anesh Patel, M.D., Family Medicine
Zahid Saeed, M.D., Critical Care
Nasim Shahbazi, M.D., Nephrology
Christopher Urband, M.D., Orthopedic Surgery

Biennial Reappointments: (05/01/2023 - 04/30/2025)

Loubaba Adlouni, M.D., Pediatrics, Active
Artin Aharonian, M.D., Teleradiology, Active
Nicole Ayson, M.D., Pediatrics and Internal Medicine, Active (for SART program only)
Maria Castillo, M.D., OB/GYN, Active
James Chao, M.D., Plastic Surgery, Courtesy
Jeffrey Gorwit, M.D., Cardiology and Internal Medicine, Active
Joshua Greenstein, M.D., Nephrology, Active (Includes The Villas at Poway)
Gary Gualberto, M.D., Neurology, Courtesy
Edward Hobart, M.D., Teleradiology, Active
Jerry Kolins, M.D., Pathology, Active
Adrienne Lostetter, M.D., Pediatrics, Active
Franklin Martin, M.D., General Surgery, Active No Clinical Activity
Allen Nalbandian, M.D., Radiology, Affiliate (no clinical privileges)
Azam Shamani, M.D., Family Medicine, Affiliate (Refer and Follow Only)
Quin Vu, M.D., Anesthesiology, Active
Ashish Wadhwa, M.D., Otolaryngology, Active
Maram Zakko, M.D., Gastroenterology, Active

Advancement to Courtesy Category:

Richard Liu, M.D., Otolaryngology, effective 04/10/2023 – 01/31/2025

Voluntary Resignations:

Jonathan Coll, M.D., Teleradiology, effective 03/21/2023
Lori Ludeman, M.D., Emergency Medicine, effective 01/01/2023
Anna Miller, M.D., Teleradiology, effective 09/30/2022
Erwin Omens, M.D., Ophthalmology, effective 04/06/2023
Simon Onderi, M.D., Teleradiology, effective 03/21/2023
Sabiha Pasha, M.D., Internal Medicine, effective 03/24/2023
T. Tejpal Singh, M.D., Teleradiology, effective 03/21/2023
Ravinder Sohal, M.D., Teleradiology, effective 12/05/2022

Request for 2 Year Leave of Absence:

Arun Gopal, M.D., Internal Medicine, effective 03/22/2023 – 03/21/2025

Allied Health Professional Appointments: (04/10/2023 – 03/31/2025)

Cindy Butler, PNP, Sponsor Dr. Keri
Dolores Fazzino, FNP, Sponsors Drs. Sorkhi, Hanna, Chen, Cohen, Bried, Balikian, Cizmar,
Babkina

Allied Health Professional Biennial Reappointment: (05/01/2023 - 04/30/2025)

Kimberly Barmack, FNP, Sponsor Dr. Bayat
Amy Lopez, PA, Sponsor Dr. Friedberg
Christine Remigio, FNP, Sponsor Dr. Singh (The Villas at Poway only)

PALOMAR MEDICAL CENTER POWAY: Certification by and Recommendation of Chief of Staff:
As Chief of Staff of Palomar Medical Center Poway, I certify that the procedures described in the Medical Staff Bylaws for appointment, reappointment, or alternation of staff membership or the granting of privileges and the policy of the Palomar Health's Board of Directors regarding such practices have been properly followed. I recommend that the Board of Directors take the action requested in each case.

**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Anna C. Balderas, NNP
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Neonatal Nurse Practitioner - Certified 2022
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ORGANIZATIONAL NAME

<i>Name</i>	Children's Specialists of San Diego
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EDUCATION/AFFILIATION INFORMATION

<i>Education Information</i>	University University of Utah, BSN From: 08/01/2004 To: 05/06/2011
<i>Employment</i>	Current Employment Rady Children's Hospital Neonatal Nurse Practitioner From: 07/15/2022 To: Current Current Employment New York Presbyterian Brooklyn Hospital Nurse Practitioner From: 04/10/2018 To: Current
<i>Current Affiliation Information</i>	Sharp Memorial Hospital Rady Children's Hospital, San Diego

**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

Provider Name & Title	Cindy L. Butler, PNP
Palomar Health Facilities	Palomar Medical Center Escondido Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

Specialties	Psychiatric Nurse Practitioner - Certified 2014
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ORGANIZATIONAL NAME

Name	Senior Medical Associates, Inc.
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EDUCATION/AFFILIATION INFORMATION

Education Information	<p>University University of Alabama School of Medicine, MSN From: 01/11/2010 To: 12/14/2013</p> <p>University University of Phoenix, MHA From: 06/04/2001 To: 03/13/2003 Masters of Business- Health Care Management</p> <p>University University of South Carolina at Columbia, BSN From: 07/16/1995 To: 12/16/1996</p> <p>University Augusta State University, AN From: 06/06/1993 To: 06/01/1995 Associate of Science in Nursing</p>
Employment	<p>Current Employment Senior Medical Associates Inc Psychiatric Nurse Practitioner From: 11/20/2022 To: Current</p> <p>Current Employment Advanced Psychiatric Wellness, A Nursing Corporation Psychiatric Nurse Practitioner From: 09/01/2022 To: Current</p> <p>Current Employment Naval Medical Readiness Training Center San Diego Psychiatric Nurse Practitioner From: 04/30/2018 To: Current</p>
Current Affiliation Information	Camp Pendleton Naval Hospital Naval Medical Center, San Diego

**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Dolores L. Fazzino, F.N.P.
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Family Nurse Practitioner - Certified 1999 2015
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ORGANIZATIONAL NAME

<i>Name</i>	Physician Assistant Specialists - California, Inc.
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EDUCATION/AFFILIATION INFORMATION

<i>Education Information</i>	<p>University UCLA Extension Course RNFA, RNFA From: 04/16/1994 To: 06/05/1994 RN First Assistant Training Program</p> <p>University Widener University, BSN From: 09/01/1977 To: 05/16/1981 R.N. and B.S.N. Degrees</p>
<i>Employment</i>	<p>Current Employment Dolores L. Fazzino, RN, A Professional Nursing Corporation DBA Private Practice From: 05/01/2014 To: Current</p> <p>Current Employment Physician Assistant Specialists - California, Inc. Family Nurse Practitioner From: 11/16/2020 To: Current</p>
<i>Current Affiliation Information</i>	Palomar Medical Center Escondido Providence St. Joseph Hospital Tri-City Medical Center

**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Daniel J. Finnin, M.D.
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Emergency Medicine – Not Certified Yet
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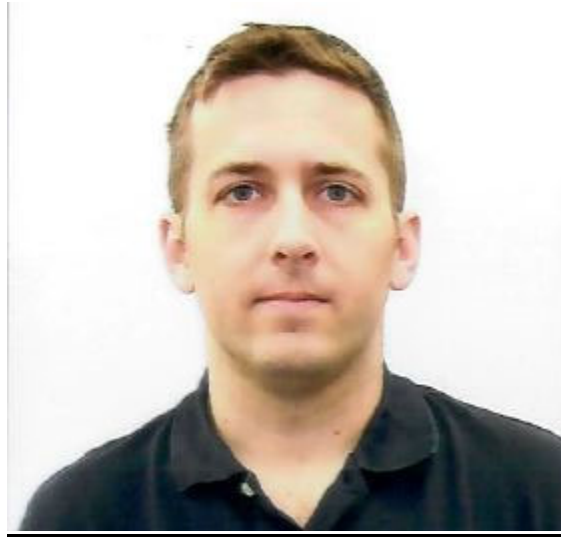
ORGANIZATIONAL NAME

<i>Name</i>	Palomar Emergency Physicians
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EDUCATION/AFFILIATION INFORMATION

<i>Medical Education Information</i>	Medical School SUNY, Upstate Medical Center, MD From: 08/24/2011 To: 05/17/2015 Doctor of Medicine Degree
<i>Internship Information</i>	Internship Naval Medical Center, San Diego Internal Medicine From: 07/01/2015 To: 06/30/2016
<i>Residency Information</i>	Residency Albany Medical Center Hospital Emergency Medicine From: 07/01/2019 To: 07/21/2022
<i>Fellowship Information</i>	
<i>Current Affiliation Information</i>	Camp Pendleton Naval Hospital

**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Nicole E. Gargano, NNP
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Neonatal Nurse Practitioner - Certified 2021
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ORGANIZATIONAL NAME

<i>Name</i>	Children’s Specialists of San Diego
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EDUCATION/AFFILIATION INFORMATION

<i>Education Information</i>	<p>University Columbia University School of Nursing, BS From: 05/27/2014 To: 05/20/2015 Bachelor of Science</p> <p>University University of California, Berkeley, BA From: 08/15/2007 To: 05/13/2011 Bachelor of Arts / Political Science</p>
<i>Employment</i>	<p>Current Employment Rady Children’s Hospital Neonatal Nurse Practitioner From: 11/01/2021 To: Current</p>
<i>Current Affiliation Information</i>	<p>Sharp Memorial Hospital Rady Children’s Hospital, San Diego</p>

**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Maya M. Kido, M.D.
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Emergency Medicine - Certified 2014
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ORGANIZATIONAL NAME

<i>Name</i>	Palomar Emergency Physicians
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EDUCATION/AFFILIATION INFORMATION

<i>Medical Education Information</i>	Medical School Case Western Reserve University, MD From: 08/01/2005 To: 05/17/2009
<i>Internship Information</i>	
<i>Residency Information</i>	Residency Olive View-UCLA Medical Center Emergency Medicine From: 06/24/2009 To: 06/30/2013
<i>Fellowship Information</i>	
<i>Current Affiliation Information</i>	Henry Mayo Newhall Memorial Hospital



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Jason J. Lopez, M.D.
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Emergency Medicine - Certified 2019
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ORGANIZATIONAL NAME

<i>Name</i>	Palomar Emergency Physicians
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EDUCATION/AFFILIATION INFORMATION

<i>Medical Education Information</i>	Medical School The Warren Alpert Medical School of Brown University, MD From: 06/01/2010 To: 06/01/2014
<i>Internship Information</i>	Internship NYP Cornell Medical Center Emergency Medicine From: 06/16/2014 To: 06/16/2015
<i>Residency Information</i>	Residency NYP Cornell Medical Center Emergency Medicine From: 06/16/2015 To: 06/10/2018 New York Presbyterian Hospital of Cornell and Columbia
<i>Fellowship Information</i>	
<i>Current Affiliation Information</i>	Paradise Valley Hospital

**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	John C. Meher, M.D.
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Emergency Medicine - Certified 2011
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ORGANIZATIONAL NAME

<i>Name</i>	Palomar Emergency Physicians
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EDUCATION/AFFILIATION INFORMATION

<i>Medical Education Information</i>	Medical School University of California, San Francisco, MD From: 08/01/2001 To: 06/11/2006
<i>Internship Information</i>	Internship Harbor-UCLA Medical Center From: 06/24/2006 To: 06/23/2007
<i>Residency Information</i>	Residency Olive View-UCLA Medical Center Emergency Medicine From: 07/01/2007 To: 06/30/2010
<i>Fellowship Information</i>	
<i>Current Affiliation Information</i>	Henry Mayo Newhall Memorial Hospital

**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Gustavo Morfin Valencia, NNP
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Neonatal Nurse Practitioner - Certified 2022
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ORGANIZATIONAL NAME

<i>Name</i>	Children’s Specialists of San Diego
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EDUCATION/AFFILIATION INFORMATION

<i>Education Information</i>	University Purdue University, BSN From: 08/01/2015 To: 12/17/2016
<i>Employment</i>	Current Employment Sharp Mary Birch Neonatal Nurse Practitioner From: 07/11/2022 To: Current Current Employment Rady Children’s Hospital Neonatal Nurse Practitioner From: 07/11/2022 To: Current
<i>Current Affiliation Information</i>	Sharp Mary Birch Hospital Rady Children’s Hospital, San Diego

**PALOMAR HEALTH
ALLIED HEALTH PROFESSIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

Provider Name & Title	Mark W. Onaitis, M.D.
Palomar Health Facilities	Palomar Medical Center Escondido

SPECIALTIES/BOARD CERTIFICATION

Specialties	Surgery, Thoracic and Cardiac, Surgery, General - Certified 2008, 2004
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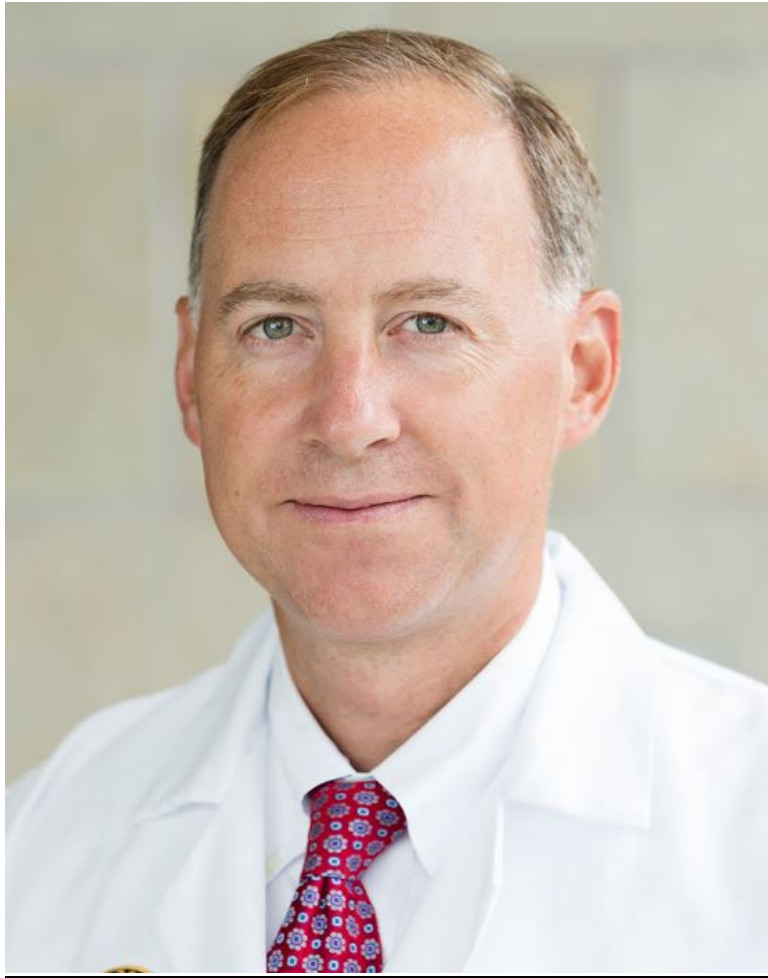
ORGANIZATIONAL NAME

Name	UC San Diego Health
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EDUCATION/AFFILIATION INFORMATION

Medical Education Information	<p>Medical School Duke University, MA From: 07/23/2007 To: 05/16/2010 Master of Health Sciences and Clinical Research</p> <p>Medical School Duke University, MD From: 09/01/1993 To: 05/18/1997 Doctor of Medicine</p>
Internship Information	
Residency Information	<p>Residency Duke University Medical Center General Surgery From: 06/01/1997 To: 06/30/2004 General Surgery + Chief Resident Verified on AMA</p>
Fellowship Information	<p>Fellowship Duke University Medical Center Thoracic Surgery From: 07/01/2004 To: 06/30/2007 Thoracic Surgery + Chief Resident verified on AMA</p>
Current Affiliation Information	<p>Kaiser Permanente, San Diego Medical Center Scripps Memorial Hospital, Encinitas Veterans Administration, San Diego University of California, San Diego</p>

**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Anesh Patel, M.D.
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Family Practice – Not Certified Yet
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ORGANIZATIONAL NAME

<i>Name</i>	Palomar Hospitalist Medical Group
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EDUCATION/AFFILIATION INFORMATION

<i>Medical Education Information</i>	Medical School American University of Antigua From: 04/10/2008 To: 03/31/2014
<i>Internship Information</i>	
<i>Residency Information</i>	Residency UHS Southern California Medical Education Cons Family Medicine From: 07/01/2019 To: 06/30/2022
<i>Fellowship Information</i>	
<i>Current Affiliation Information</i>	Temecula Valley Hospital Corona Regional Medical Center



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Zahid M. Saeed, M.D.
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Critical Care Medicine, Internal Medicine - Certified 2022, 2018
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ORGANIZATIONAL NAME

<i>Name</i>	Palomar Intensivist Medical Group
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EDUCATION/AFFILIATION INFORMATION

<i>Medical Education Information</i>	Medical School St. George's University School of Medicine, MD From: 01/01/2011 To: 05/29/2015 Doctor of Medicine
<i>Internship Information</i>	
<i>Residency Information</i>	Residency Maricopa Medical Center Resident Physician From: 06/15/2015 To: 06/30/2018
<i>Fellowship Information</i>	Fellowship University of Arizona College of Medicine- Phoenix Resident Physician From: 07/01/2018 To: 06/30/2021
<i>Current Affiliation Information</i>	Banner University Medical Center Phoenix

**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Nasim Shahbazi, M.D.
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Nephrology - Certified 2015
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ORGANIZATIONAL NAME

<i>Name</i>	Balboa Nephrology Medical Group
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EDUCATION/AFFILIATION INFORMATION

<i>Medical Education Information</i>	Medical School University of Tehran, MD From: 09/23/1990 To: 05/04/1998 Iran University of Medical Sciences
<i>Internship Information</i>	
<i>Residency Information</i>	Residency Queens University Kingston Internal Medicine From: 07/01/2006 To: 06/30/2009
<i>Fellowship Information</i>	Fellowship University of Ottawa Nephrology From: 07/01/2009 To: 06/30/2011
<i>Current Affiliation Information</i>	El Centro Regional Medical Center

**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Christopher E. Urband, M.D.
<i>Palomar Health Facilities</i>	Palomar Medical Center Poway

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Orthopaedic Surgery - Certified 2019
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ORGANIZATIONAL NAME

<i>Name</i>	Prestige Orthopaedics and Sports Medicine, Inc.
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EDUCATION/AFFILIATION INFORMATION

<i>Medical Education Information</i>	Medical School State University of New York at Stony Brook, MD From: 08/20/2007 To: 06/03/2011 Doctor of Medicine
<i>Internship Information</i>	Internship State University of New York at Buffalo Orthopaedic Surgery From: 07/01/2011 To: 06/30/2012
<i>Residency Information</i>	Residency State University of New York at Buffalo Orthopaedic Surgery From: 07/01/2012 To: 06/30/2016
<i>Fellowship Information</i>	Fellowship Tria Orthopaedic Center Program / University of MN Sports Medicine From: 08/01/2016 To: 07/31/2017
<i>Current Affiliation Information</i>	Hemet Global Medical Center/kpc Health Menifee Global Medical Center SCA Outpatient Surgery Center of La Jolla Alvarado Hospital and Medical Center Sharp Metropolitan Medical Campus Desert Valley Medical Center Victor Valley Global Medical Center Mammoth Hospital Scripps Memorial Hospital, La Jolla

**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**



**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**

PERSONAL INFORMATION

<i>Provider Name & Title</i>	Daniel J. Zwiesler, M.D.
<i>Palomar Health Facilities</i>	Palomar Medical Center Escondido

SPECIALTIES/BOARD CERTIFICATION

<i>Specialties</i>	Obstetrics and Gynecology - Certified 2010
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ORGANIZATIONAL NAME

<i>Name</i>	OB Hospitalist Group
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EDUCATION/AFFILIATION INFORMATION

<i>Medical Education Information</i>	Medical School University of Arkansas, MD From: 08/01/2000 To: 05/15/2004
<i>Internship Information</i>	
<i>Residency Information</i>	Residency University of Oklahoma College of Medicine Obstetrics/Gynecology From: 07/01/2004 To: 06/30/2008
<i>Fellowship Information</i>	
<i>Current Affiliation Information</i>	Yakima Valley Memorial Hospital UW Medicine - Valley Medical Center Cascade Valley Hospital a division of Skagit Regional Health Providence Sacred Heart Medical Center

**PALOMAR HEALTH
PROVISIONAL APPOINTMENT
April 2023**



ADDENDUM D

RESOLUTION NO. 04.10.23(01)-05

**ORDINANCE OF THE BOARD OF DIRECTORS OF PALOMAR HEALTH
PROVIDING FOR A FIVE PERCENT INCREASE IN BOARD MEMBER
COMPENSATION FOR ATTENDANCE AT BOARD MEETINGS**

WHEREAS, Palomar Health is a special district duly organized and existing under and pursuant to California Health and Safety Code (“Health & Safety Code”) Section 32000 *et seq.*; and

WHEREAS, Health & Safety Code section 32103 provides that Board of Directors (the “Board”) shall serve without compensation, except that the Board may adopt a resolution authorizing the payment of \$100 as compensation per meeting to each Director for attendance at up to 6 Board meetings per calendar month; and

WHEREAS, in 2018, the California Legislature passed Assembly Bill No. 2329 (Obernolte) (“AB 2329”), which amended section 32103 of the Health & Safety Code;

WHEREAS, commencing January 1, 2019, if the Board compensates its Directors for more than 5 meetings in a calendar month, section 32103 of the Health & Safety Code, as amended by AB 2329, requires the Board to adopt an annual written policy describing, based on a finding supported by substantial evidence, why more than 5 meetings per month are necessary for the effective operation of the District; and

WHEREAS, section 32103 of the Health & Safety Code, as amended by AB 2329, provides that the Board may, by ordinance adopted pursuant to California Water Code (“Water Code”) Section 20200 *et seq.*, increase the amount of compensation received by Directors for attendance at Board meetings;

WHEREAS, Water Code section 20202 provides that an increase in compensation may not exceed an amount equal to 5% for each calendar year following the operative date of the last adjustment; and

WHEREAS, the Board desires to establish the amount of compensation by way of this Ordinance in accordance with the provisions of the Water Code;

WHEREAS, the Board has determined that an increase of 5% in the amount of compensation received for each attendance at a Board meeting is appropriate; and

WHEREAS, Water Code section 20203 requires that an ordinance increasing compensation must be considered after a public hearing and a notice of said hearing must be published in a newspaper of general circulation pursuant to California Government Code (“Government Code”) section 6066; and

WHEREAS, in accordance with section 20203 of the Water Code and section 6066 of the Government Code, the Board held a public hearing regarding this Ordinance on ****date****, at ****time****, at the ****location****, and a notice of said hearing was duly published ****name of newspaper****, a newspaper of general circulation, for two weeks as follows: ****dates****; and

NOW THEREFORE, BE IT ORDAINED by the Board of Directors (“Board”) of the Palomar Healthcare District (“District”) as follows:

Section 1. The amount of compensation to be received by the Board for each day’s attendance at meetings of the Board shall be increased by 5% from \$100 to \$105 per day.

Section 2. No Director shall receive the compensation set forth in Section 1 of this Ordinance for more than 6 meetings in any calendar month.

Section 3. The Board reserves the right, pursuant to and in accordance with Health & Safety Code section 32103, to increase the number of compensable meetings from 5 to 6 in any calendar month.

Section 4. Pursuant to Water Code section 20204, this Ordinance shall become effective 60 days from the date of its adoption.

Section 5. Voters of the District have the right, pursuant to Water Code Section 20204, to petition for referendum on this Ordinance. Any such petition must be presented to the Board prior to the effective date of the Ordinance pursuant to Section 20205 of the Water Code.

Section 6. Upon its effective date, this Ordinance supersedes and repeals the provisions of any prior ordinances, resolutions, motions and other actions of the Board to the extent such other provisions are inconsistent with the provisions of this Ordinance.

Section 7. If any subdivision, sentence, clause, or phrase of this Ordinance is, for any reason, held to be invalid or unenforceable by a court of competent jurisdiction, such invalidity or unenforceability shall not affect the validity or enforcement of the remaining portions of this Ordinance. It is the District’s express intent that each remaining portion would have been adopted irrespective of the fact that one or more subdivisions, paragraphs, sentences, clauses, or phrases be declared invalid or unenforceable.

* * * * *

APPROVED AND ADOPTED by the Board of Directors of Palomar Health on this **day** of **month**, 2022, by the following vote:

AYES: _____

NOES: _____

ABSTAIN: _____

ABSENT: _____

ATTEST:

APPROVED:

Secretary, Board of Directors

President, Board of Directors

APPROVED AS TO FORM:

****General Counsel****

PALOMAR HEALTH
BOARD OF DIRECTORS

NOTICE OF PUBLIC HEARING REGARDING BOARD MEMBER COMPENSATION

Pursuant to California Health and Safety Code Section 32103, the Board of Directors of Palomar Health will hold a Public Hearing to receive public comment and consider adoption of a resolution increasing Board member compensation from \$100 per meeting/day to \$105 per meeting/day for attendance at a meeting of the Board.

The Public Hearing will be held on ****date**** at ****time**** in the ****place (e.g., meeting room)**** of the Board of Directors located at ****address****.

The public is invited to attend and provide oral and/or written comments. Written comments must be received at or prior to the meeting time and date. A copy of the proposed resolution is available for review in ****place (e.g., meeting room)**** located at ****address****, or by accessing the District's website at ****hyperlink (if applicable)****.

Published pursuant to California Government Code Section 6066.

ADDENDUM E

Memorandum

To: Board of Directors

From: Linda Greer, R.N. Chair Board Quality Review Committee

Date: April 13, 2023

Re: **Wednesday, March 22, 2023 Board Quality Review Committee – Meeting Summary**

BOARD MEMBER(s) ATTENDANCE: Directors: Linda Greer, RN, Terry Corrales, RN, Laura Barry, and Alternate Laura Edwards-Tate

MEDICAL EXECUTIVE COMMITTEE (MEC)/QUALITY MANAGEMENT COMMITTEE (QMC) UPDATE

Dr. Nguyen provided a brief update on the quality measures being worked on at the hospital.

Highlights were:

- Posey bed compliance continues to be sustained for a 4th year in a row.
- The acquisition of radio frequency enabled technology was recommended at the last meeting to support the Obstetrical Unit.
- Work continues on improving HCAHPS scores overall, especially in the Emergency Departments, where our patient volumes continue to be one of the highest in our County. Dr. Nguyen went on to note that we have the highest volume of patients being transported via ambulance, in the County.
- Various Information Technology project requests were recently approved at our last Interdisciplinary Governance Council.
- In the Emergency Department Bi-annual report, over the last two months, there was a high number of boarding hours. We anticipate that the opening of two new floors will alleviate this issue.
- The Trauma Department received their ACS accreditation as anticipated in 2022. Their next accreditation year will be in 2025
- Our Stroke Program is due for their first re-certification of a Thrombectomy Capable Stroke Center at the Escondido campus.
- Discharge summary compliance doing well since October, 2022.
- Medication reconciliation moving in the right direction. Have recently hired additional Pharmacy Medication Technicians.

Director Barry inquired as to whether the new Kaiser facility will have emergency services. Dr. Khawaja responded that they would however they will not have services like STEMI (ST Elevation Myocardial Infarction), stroke or Trauma services. He went on to note that Palomar Health has about 20-30 patients in our facility every day, and we anticipate those beds opening up to assist with our non-Kaiser patient volume.

Director Corrales noted that we would still be a trauma center which was re-affirmed by Dr. Steele who noted that the trauma service involves a lot of moving parts, and is thankful for the hard work of the team that includes, Melinda Case, Zach, Honda and the Trauma Team Nurse Leads (TNTLs).

He also noted that currently, there is a review of the catchment area being done at the County level. This review is required to be done every 10 years. He is interested to see what the results are however does not expect any changes.

Memorandum

ACTION ITEMS:

REVIEW / APPROVAL: OPEN/CLOSED SESSION MEETING MINUTES / ATTENDANCE ROSTER – The BQRC meeting minutes from February 22, 2023, were presented for review and approval. Director Laura Barry motioned for approval, second by Director Terry Corrales.

REVIEW / APPROVAL: APPROVAL OF CONTRACTED SERVICES ANNUAL EVALUATIONS

The Premier Laser Services, Stericycle and Valley Pathology Medical Group, Inc., service contracts were reviewed and approved.

Valerie explained that all three service contracts met their requirements for the year.

Motion to approve by Director Laura Barry, second by Director Terry Corrales.

NEW BUSINESS:

EMERGENCY DEPARTMENT SERVICES ANNUAL REPORT

The report was reviewed prior to the meeting. There were no questions posed at the meeting.

TRAUMA PROGRAM ANNUAL REPORT

The report was reviewed prior to the meeting. There were no questions posed at the meeting.

STROKE PROGRAM ANNUAL REPORT

The report was reviewed prior to the meeting. There were no questions posed at the meeting.

REGULATORY ANNUAL UPDATE

The report was reviewed prior to the meeting. There were no questions posed at the meeting.

Memorandum

To: Board of Directors
From: Mike Pacheco, Chair, Board Strategic and Facilities Planning Committee
Date: April 10, 2023
Board Strategic and Facilities Planning Committee
Re: March 28, 2023, Meeting Summary

BOARD MEMBER ATTENDANCE: Directors Pacheco, Barry & Griffith

INFORMATION ITEM

- **Service Line Update –Weight Management Program¹:** Following a request by the Committee that the practice of reviewing various service lines throughout the year be reinstated, a presentation was made to the Committee that provided an overview of the Weight Management Program. The Neurology Service Line will be the topic of the presentation for the May meeting.
- **Construction Project Update¹:** Reviewed a presentation providing updates on the status of projects across the District.

ACTION ITEM

- **Minutes, September 27, 2022, Meeting:** Reviewed and approved the draft minutes from the Tuesday, September 27, 2022, Board Strategic & Facilities Planning Committee meeting.
- **Minutes, November 29, 2022, Meeting:** Reviewed and approved the draft minutes from the Tuesday, November 29, 2022, Board Strategic & Facilities Planning Committee meeting.
- **Minutes, January 31, 2023, Meeting:** Reviewed and approved the draft minutes from the Tuesday, January 31, 2023, Board Strategic & Facilities Planning Committee meeting.

¹ Attached

Weight Management Services

Presented to Board Strategic & Facilities Planning Committee

March 28, 2023

Karen J. Hanna, MD, Medical Director
Brian Cohen, MHA, Senior Director of Service Lines

Weight Management | Agenda

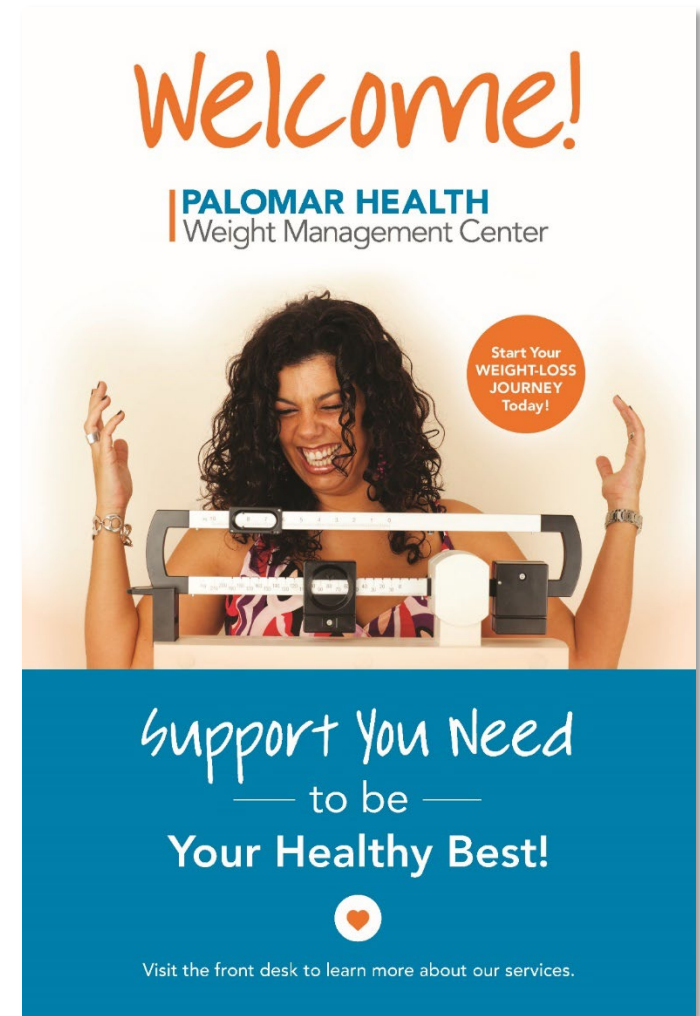
1. Reimagining Weight Management
2. Achieving Quality Outcomes
3. Where Have we Been?
4. Where Are we Going?

Weight Management | Introduction

Our complete program offers:

- **Medically Supervised Weight Loss**
- **Bariatric Surgery**
- **Nutrition Counseling**
- **Support Groups**

No two journeys are the same. New patients are routed to the right provider to discover what their needs are for living a high quality and productive life.



Weight Management | Medical Weight Management

The 4 Pillars of Medical Weight Management

1. Nutrition
2. Physical Activity
3. Behavior
4. Medications

Virtual Wellness Classes

SEPTEMBER WEIGHT LOSS SERIES

Now more than ever it's important to make your health a priority. Join Palomar Health medical experts for a FREE virtual class on many popular health topics.

PALOMAR HEALTH
Weight Management Center

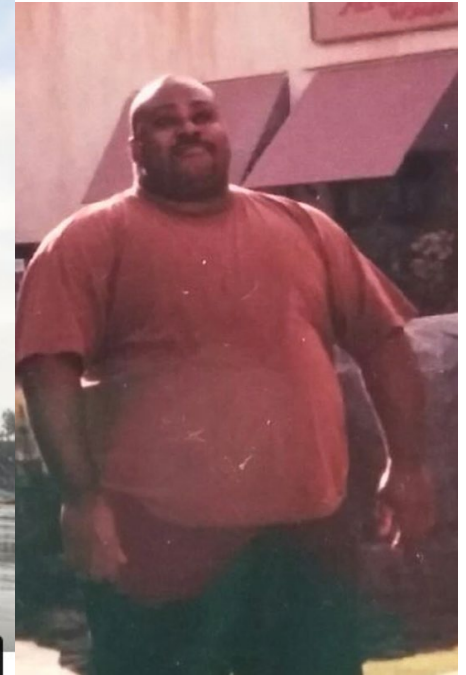
Welcome!



Start Your
**WEIGHT-LOSS
JOURNEY**
Today!

Visit the front desk to learn more
about our services.

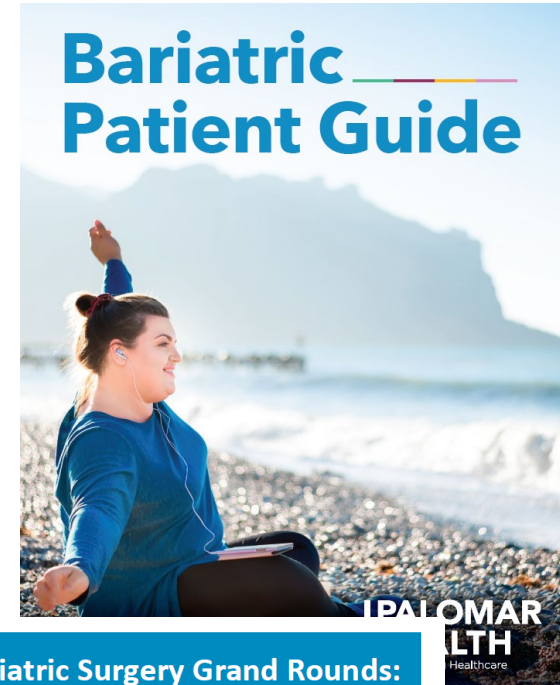
Weight Management | Bariatric Surgery



“Big Ron” lost more than 150 pounds, and changed his lifestyle. From sick and tired all the time to riding his bike, gardening and cleaning the house.

What are our True Differentiators?

- Coordinated Medical Weight Loss and Bariatric Surgery programs
- High quality patient outcomes leading to faster recovery
- Personalized care across Palomar Health services (PHMG, hospital, dietary, focus groups)
- Patient preparedness and digital engagement apps
- Staff education (CEU Grand Rounds)



Bariatric Surgery Grand Rounds: Obesity is a Chronic Disease

Dates (s): October 12, 2023

Times (s): 8:00am-10:00am

Location(s): PMC-Poway Conference Room E (3rd Floor)

Lecturer: Karen Hanna, MD

Course Description: Nurses and interdisciplinary team members will learn the obesity facts and prevalence in the US and the world, and the causes of obesity. Learners will be introduced to multimodality treatments and their roles on obesity, and will learn the biological effects of bariatric surgery on obesity-related diseases.

Course Objectives: Upon completion, participants will be able to:

1. Identify the rising incidents of obesity in the US and the world
2. List at least 3 possible causes of obesity
3. Describe 3 multimodality treatments for obesity and their roles to include nutrition, exercise, mental health, medications, and surgery
4. Verbalize the surgery effects on 4 major obesity-related diseases

Bariatric Surgery | Recognitions



PMC Poway
2006 – present

- * Initial Accreditation by ASMBS (2006)
- * Last Re-Accreditation by MBSAQIP (February 2023)



Bariatric Surgery | Mortality Rate

**30-day Mortality for Site 09704 and Total 30-day Mortality for All Sites:
1/1/2021 - 12/31/2021**

Site	Number of Sites	Total Cases	Death Cases	Mortality Rate(%)	Mean Site Mortality Rate(%)	Standard Deviations From Mean Site Rate
09704	-	61	0	0	-	-0.259
All Sites	902	211254	164	0.0776	0.0965	-

**ZERO mortality
at PMC-P
over 36-months**

Bariatric Surgery | Sleeve Gastrectomy



01/01/2021 - 12/31/2021 Semiannual Report: Site Summary

Palomar Medical Center Poway

Site: 09704

Laparoscopic Sleeve Gastrectomy

	Total Cases	Observed		Pred Obs Rate**	Expected Rate	Odds Ratio	95% C.I.		Outlier	Decile	Adjusted Percentile	Adjusted Quartile	Assessment*
		Events	Rate				Lower	Upper					
LSG Morbidity	41	1	2.44%	1.59%	1.36%	1.17	0.37	3.77	No	7	55	3	As Expected
LSG All Occurrences Morbidity	41	1	2.44%	2.60%	2.64%	0.99	0.43	2.26	No	5	48	2	As Expected
LSG Serious Event	41	0	0.00%	1.09%	1.23%	0.88	0.33	2.37	No	4	42	2	As Expected
LSG Leak	41	0	0.00%	0.12%	0.12%	0.96	0.18	5.08	No	7	48	2	As Expected
LSG Bleeding	41	0	0.00%	0.43%	0.47%	0.92	0.26	3.31	No	5	46	2	As Expected
LSG SSI	41	1	2.44%	0.53%	0.31%	1.72	0.37	7.95	No	9	67	3	As Expected
LSG All Cause Reoperation	41	0	0.00%	0.43%	0.47%	0.92	0.26	3.29	No	5	46	2	As Expected
LSG Related Reoperation	41	0	0.00%	0.31%	0.32%	0.95	0.28	3.24	No	6	48	2	As Expected
LSG All Cause Intervention	41	0	0.00%	0.26%	0.28%	0.93	0.20	4.35	No	6	47	2	As Expected
LSG Related Intervention	41	0	0.00%	0.18%	0.19%	0.95	0.20	4.62	No	6	47	2	As Expected
LSG All Cause Readmission	41	0	0.00%	1.46%	1.69%	0.86	0.35	2.14	No	3	41	2	As Expected
LSG Related Readmission	41	0	0.00%	1.22%	1.36%	0.89	0.37	2.16	No	4	43	2	As Expected

**Maintaining high quality
and consistency**

Bariatric Surgery | Gastric Bypass



01/01/2021 - 12/31/2021 Semiannual Report: Site Summary

Palomar Medical Center Poway

Site: 09704

Laparoscopic Roux-en-Y Gastric Bypass

	Total Cases	Observed		Pred Obs Rate**	Expected Rate	Odds Ratio	95% C.I.		Outlier	Decile	Adjusted Percentile	Adjusted Quartile	Assessment*
		Events	Rate				Lower	Upper					
LRYGB Morbidity	20	2	10.00%	5.72%	3.93%	1.49	0.50	4.44	No	9	66	3	As Expected
LRYGB All Occurrences Morbidity	20	2	10.00%	8.47%	7.93%	1.08	0.47	2.43	No	7	54	3	As Expected
LRYGB Serious Event	20	1	5.00%	4.00%	3.81%	1.05	0.43	2.59	No	7	52	3	As Expected
LRYGB Leak	20	0	0.00%	0.35%	0.37%	0.96	0.22	4.24	No	6	49	2	As Expected
LRYGB Bleeding	20	0	0.00%	1.39%	1.54%	0.90	0.28	2.90	No	3	45	2	As Expected
LRYGB SSI	20	1	5.00%	1.54%	0.86%	1.80	0.36	9.13	No	9	67	3	As Expected
LRYGB All Cause Reoperation	20	0	0.00%	1.58%	1.77%	0.89	0.29	2.72	No	3	44	2	As Expected
LRYGB Related Reoperation	20	0	0.00%	1.23%	1.34%	0.92	0.30	2.80	No	4	45	2	As Expected
LRYGB All Cause Intervention	20	0	0.00%	0.92%	1.04%	0.88	0.19	4.04	No	4	45	2	As Expected
LRYGB Related Intervention	20	0	0.00%	0.66%	0.73%	0.90	0.17	4.79	No	5	46	2	As Expected
LRYGB All Cause Readmission	20	1	5.00%	5.28%	5.34%	0.99	0.45	2.15	No	6	49	2	As Expected
LRYGB Related Readmission	20	1	5.00%	4.40%	4.29%	1.03	0.44	2.41	No	6	51	3	As Expected

**Maintaining high quality
and consistency**

MBSAQIP Quality Improvement Project for 2022

Decreasing 30-Day ER visits after Bariatric Surgery

Goal

- The occurrence rate on all 30-day ER visits after bariatric surgery in 2021 was 12.7%

Methods

- Educate patients at discharge to call surgeon for any suspected complications prior to visiting ER (*pocket cards and fridge magnets*)
- Follow up phone calls after discharge
- Refer to surgeons for concerns
- Send the call information to surgeon's office for documentation

Outcomes

- Bariatric related ED visits were down to 10% at the end of November 2022.

What to Expect After Bariatric Surgery

Things to Keep in Mind

- Sip, sip, sip throughout the day! Getting in enough fluids is your #1 priority.
- Symptoms of dehydration include:
 1. Nausea
 2. Fatigue
 3. Headache
 4. Dizziness
 5. Dry Lips
 6. Thirst
 7. Scant and Dark Urine
- Go slow and don't advance your diet too quickly. Follow the "Bariatric Surgery Guide" or recommendations from your surgeon or dietician.
- Remember, you may not feel hungry, but you still need to take in your protein drinks

Find out when and who to call if you are experiencing symptoms, on the back →

PALOMAR HEALTH
Reimagining Healthcare

00-3647
91-6979

all 911 or go to the nearby
Emergency Department in
Please call the surgeon
Emergency Department.
other hospital, please

Seminars, Support Groups and Education

Palomar is with you every step of the journey

1. Bariatric Surgery Education Seminar

- Hosted twice per month (Now available in Spanish!)
- Co-taught by surgeon and nurse
- 400+ patients attended in 2022

2. Preparing for Bariatric Surgery Class

- For patients already scheduled for surgery

3. Bariatric Surgery Support Group

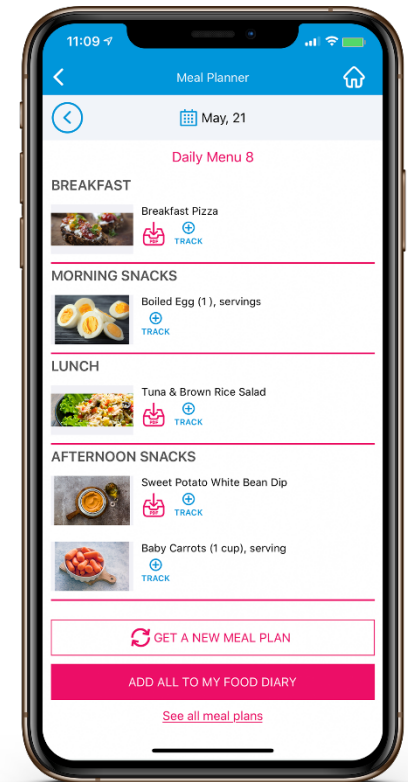
- For people considering weight-loss surgery or who have already undergone the surgery
- Hosted by a former patient

Go Further | Engaging Patients in Medical Weight Loss

All Palomar Weight Management patients have free access to the Go Further Health mobile app.

There they can access:

- Unlimited access to Live and pre-recorded classes
- Personalized library access based on specific goals, lifestyle choices, needs and preferences
- Personalized recipes and meal plans
- Interactive tools to track progress

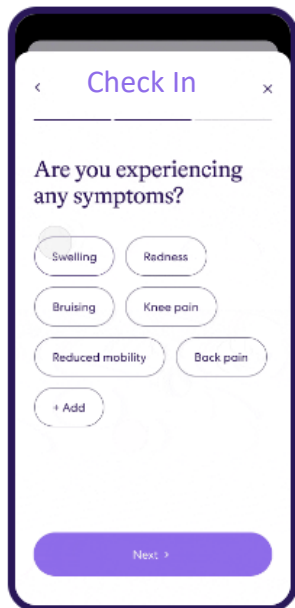


Palomar can track each patient's progress and activity, send targeted emails, and congratulate when milestones are met.

Get Well | Engaging Patients in their Surgical Care Journey

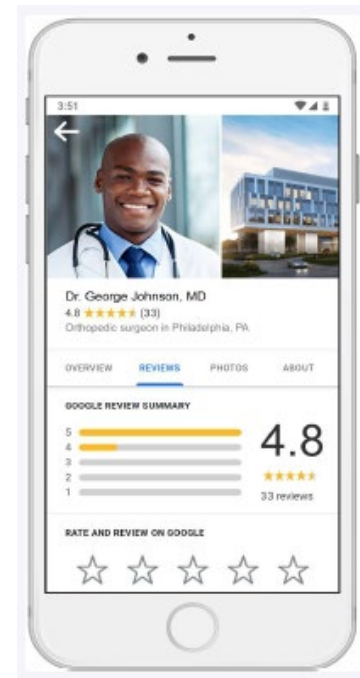
“Imagine the impact if you had the time to call every patient every day to let them know what to expect, know and do.”

Ensures patients understand what to do, when to do it, and why



Checklists so patients don't get lost in the system


Patients who indicate they are extremely likely to recommend their provider to others are asked to leave a Google review



Bariatric Patient Reunion

- June 3rd – Lake Poway
 - Tell you story to the community
 - Games, Prizes and giveaways
 - Local catering
 - Sponsorship opportunities

Join Us for a **Bariatric Post-Op Gathering at Lake Poway**



Saturday, June 3 • 11am - 5pm
14644 Lake Poway Rd, Poway, CA 92064

Schedule:

- 11am - 1pm** Lunch Gathering
- 1pm - 2pm** Special Guests
- 2pm - 3pm** Trivia and Bingo (with prizes for winners!)
- 3pm - 4pm** Games
- 4pm - 5pm** Free Time
- 5pm** Event Ends

.....

RSVP to Florence at
Florence.Tai@PalomarHealth.org
or call (858) 613-4024 by May 17, 2023

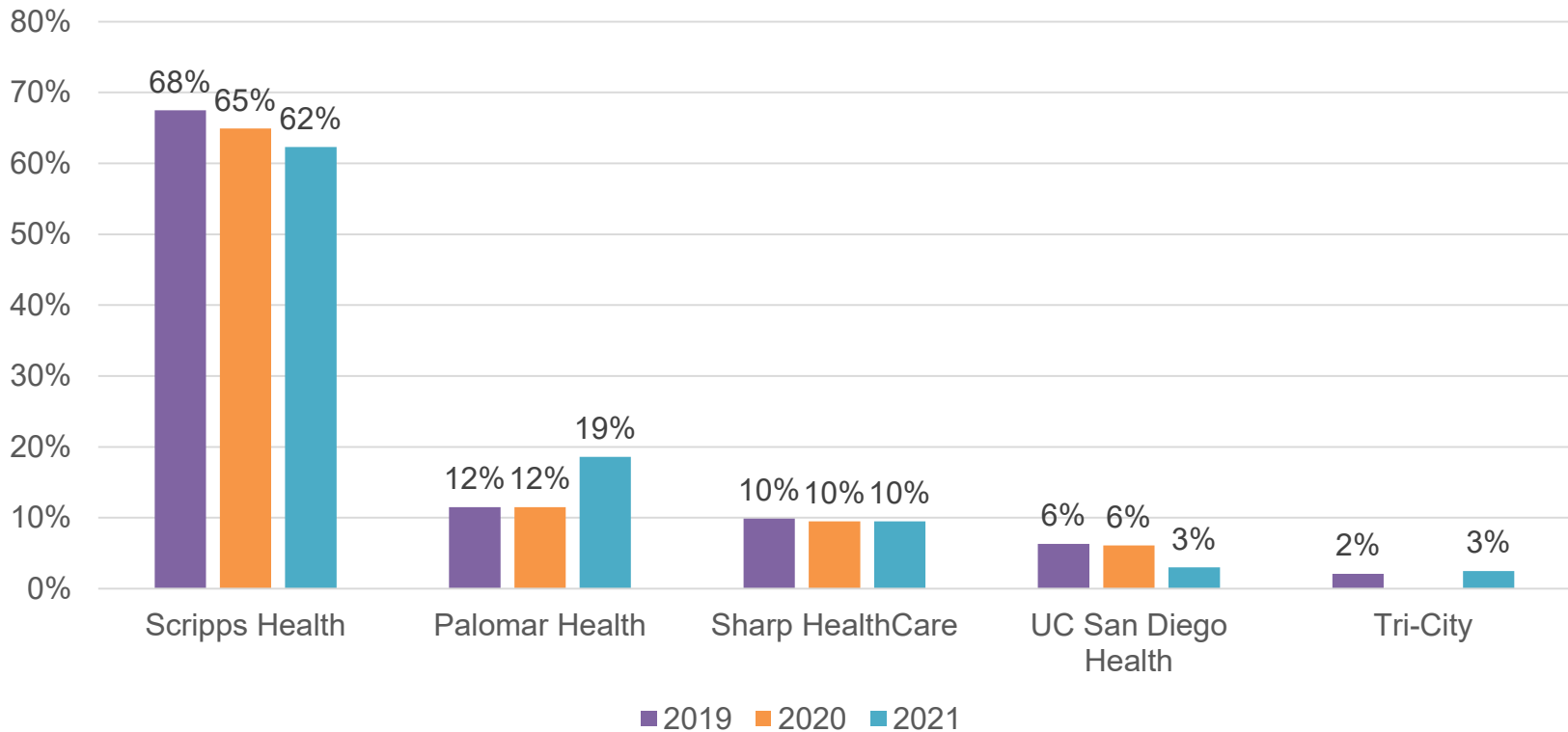
Palomar Health will provide **FREE lunch and bottled water.**

Parking is free for Poway residents and will be reimbursed for non-residents. We'll be outside, so be sure to pack your chairs, hats, jackets, sunscreen and snacks!

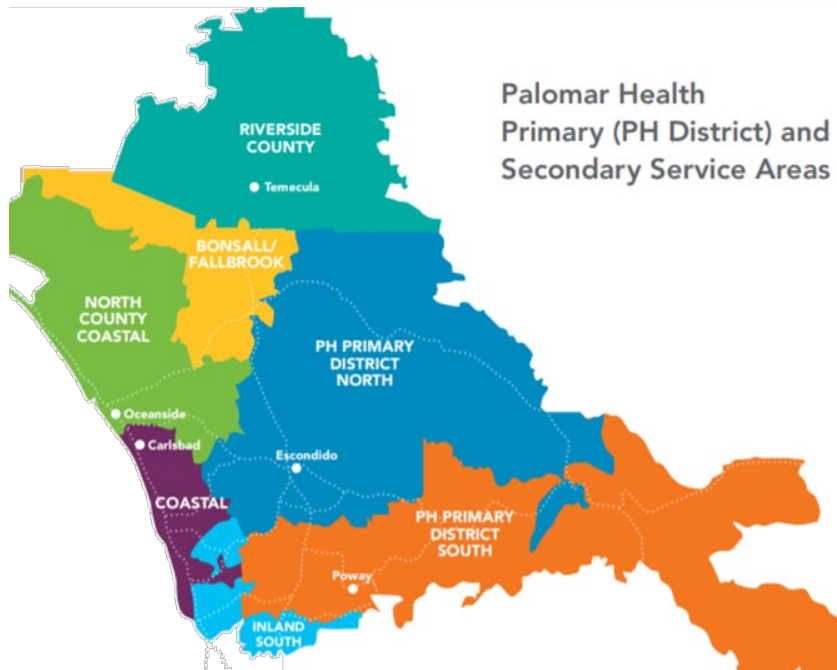
PALOMAR HEALTH.
Reimagining Healthcare™

Bariatric Surgery | Market Share from Palomar's District

Bariatric Surgery Market Share (Palomar District)



Bariatric Surgery | Our Patient's Home Zips

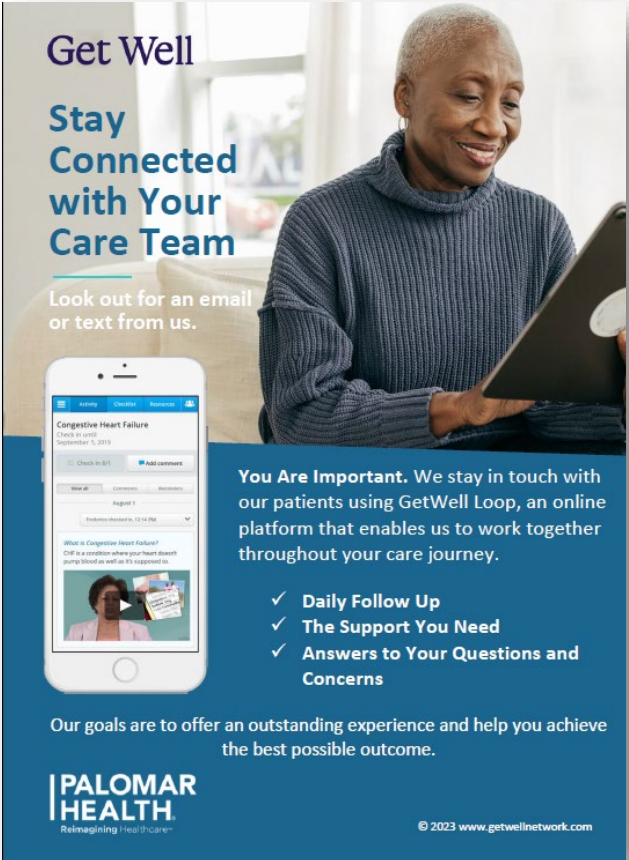


Attracting patients from across San Diego and Riverside County

- **31%** Palomar District - North
- **17%** Palomar District - South
- **26%** SSA – North County Coastal
- **2%** SSA – Coastal
- **5%** SSA – Bonsall / Fallbrook
- **2%** SSA – Inland South
- **7%** SSA – Riverside
- **15%** Rest of SD County

2022 Accomplishments

- Digitized our patient engagement process by implementing the Go Further mobile app for Medical Weight Management.
- Educational content for patients preparing for Bariatric Surgery is now available in Spanish and English.
- MBSAQIP Quality Metrics Achieved - zero 30-day mortality and no “Outliers” or “Needs Improvement” outcomes
- Surgical volume growth of 24%
- Reduced cost of care by 16%



Get Well

Stay Connected with Your Care Team

Look out for an email or text from us.

You Are Important. We stay in touch with our patients using GetWell Loop, an online platform that enables us to work together throughout your care journey.

- ✓ Daily Follow Up
- ✓ The Support You Need
- ✓ Answers to Your Questions and Concerns

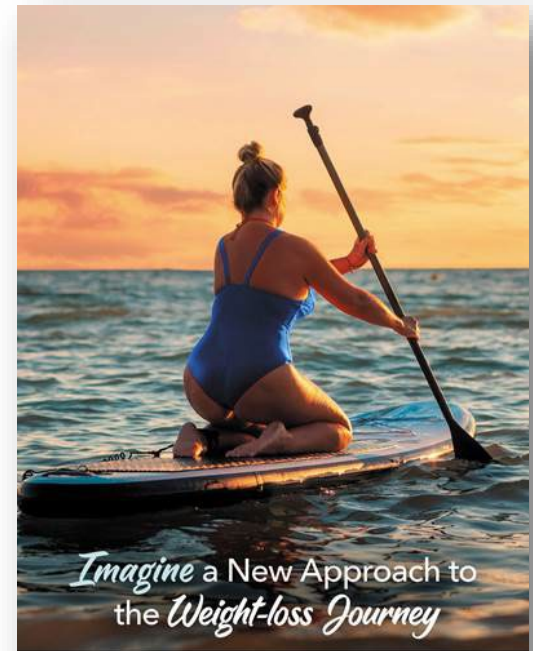
Our goals are to offer an outstanding experience and help you achieve the best possible outcome.

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2023 Goals

- ✓ Pass the tri-annual MBSAQIP accreditation to maintain Comprehensive Center status by the American College of Surgeons
- ✓ Implement Get Well digital patient engagement platform for Bariatric Surgery
- Continue growing surgical volume
- Expand Medical Weight Management access
- Maximize participation in narrow networks, and Centers of Excellence
- Tell our story to the community
- Pursue Obesity Medicine accreditation



At Palomar Health, We've Expanded Our Services to Provide You with Customized Weight Management Programs and Bariatric Surgeries.

Our patients are guided along their individualized care path by a world-class team of medical experts committed to improving the quality of their lives. Through one-on-one meetings with a dietician nutritionist, a virtual health navigation system, and access to an exercise physiologist and support groups, we will be with you every step of the way.

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PalomarHealth.org

Strategic & Facilities Planning Committee

Diane Hansen, Chief Executive Officer |

Michael Mills, VP Facilities/Construction Mgt |
March 28, 2023

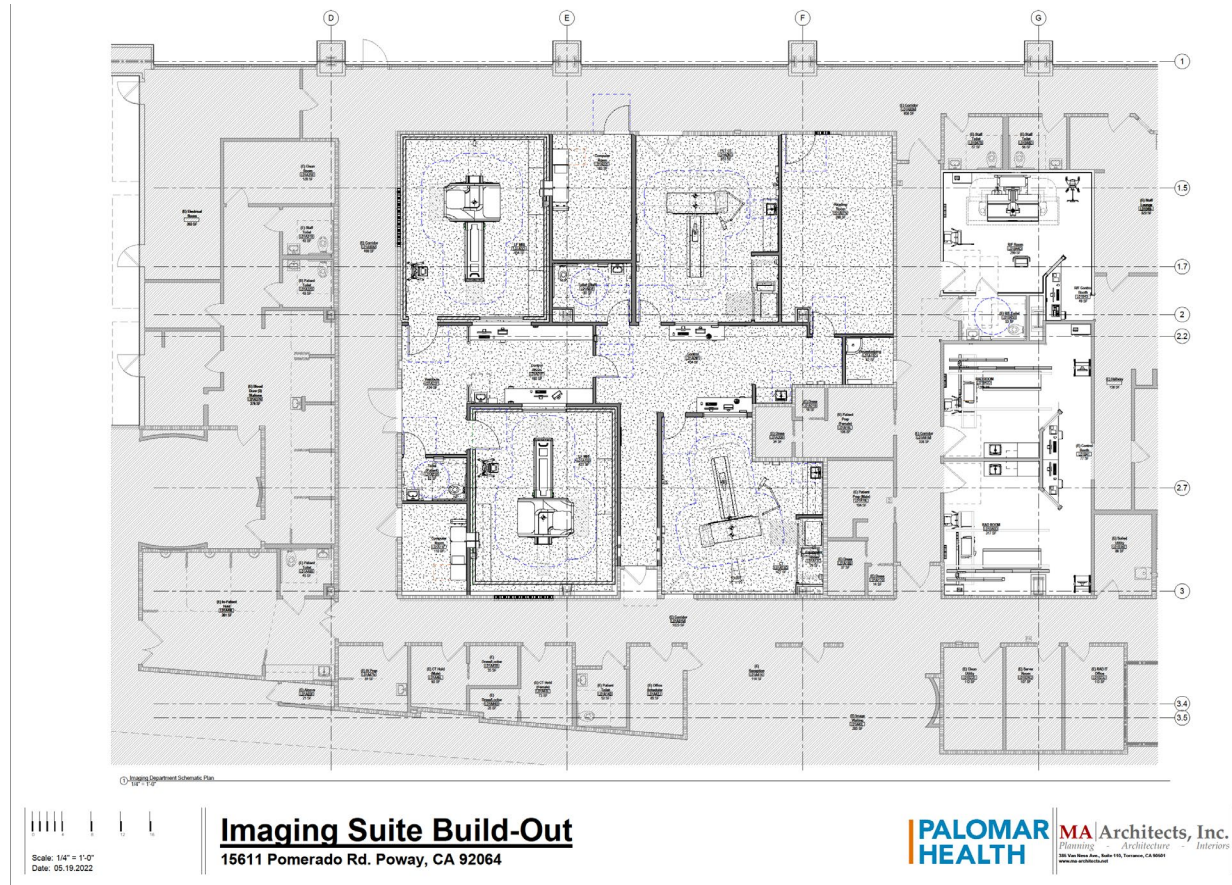


Poway – Projects in Progress



Poway – Projects in Progress

- POP Imaging Suite – Proceeding with design



Poway – Projects in Progress

- ED Lobby Expansion - Started construction 3/01/2023



Poway – Projects in Progress

- POP Elevator Expansion



Poway – Projects in Progress

- CT HVAC



Poway – Projects in Progress

- UPS Building
 - Future site to support new imaging equipment
 - Completion 9/01/2023



Poway – Projects in Progress

- Poway Main Lobby expansion
 - Demolition completed, starting construction



Poway – Projects in Progress

- Cafeteria refresh – Design finalized



Escondido – Projects in Progress



Escondido – Projects in Progress

- Palomar Health Outpatient Center III
 - 1st floor – Ambulatory Surgery Center, Wound Care, Cardiac Rehab – **80% complete**
 - 2nd floor – Orthopedics, Cardiology – **Completed**
 - 3rd floor – SD Vascular, Outpatient Rehab & Physician offices – **90% complete**



Escondido – Projects in Progress

- Palomar Health Outpatient Center III
 - 1st floor ASC OR room



Escondido – Projects in Progress

- Palomar Health Outpatient Center III
 - 1st floor Wound Care



Escondido – Projects in Progress

- Palomar Health Outpatient Center III
 - 3rd floor Rehab



Escondido – Projects in Progress

- Palomar Health Outpatient Center II
 - Currently in design



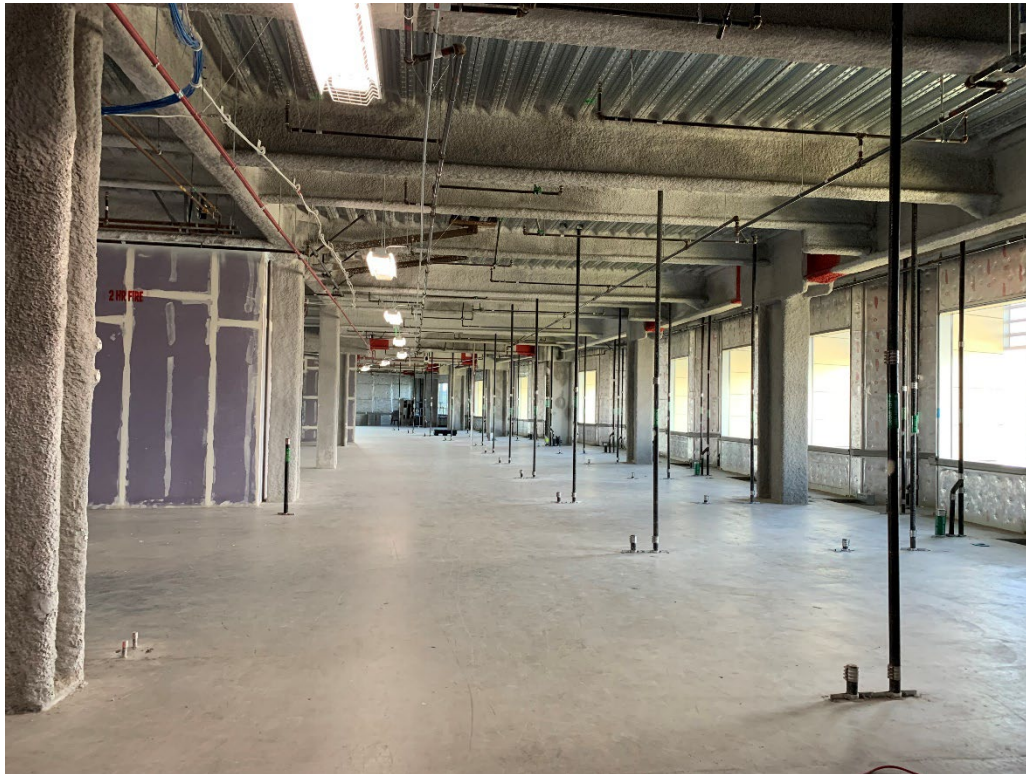
Escondido – Projects in Progress

- Lab Automated Line – Completion April 2023



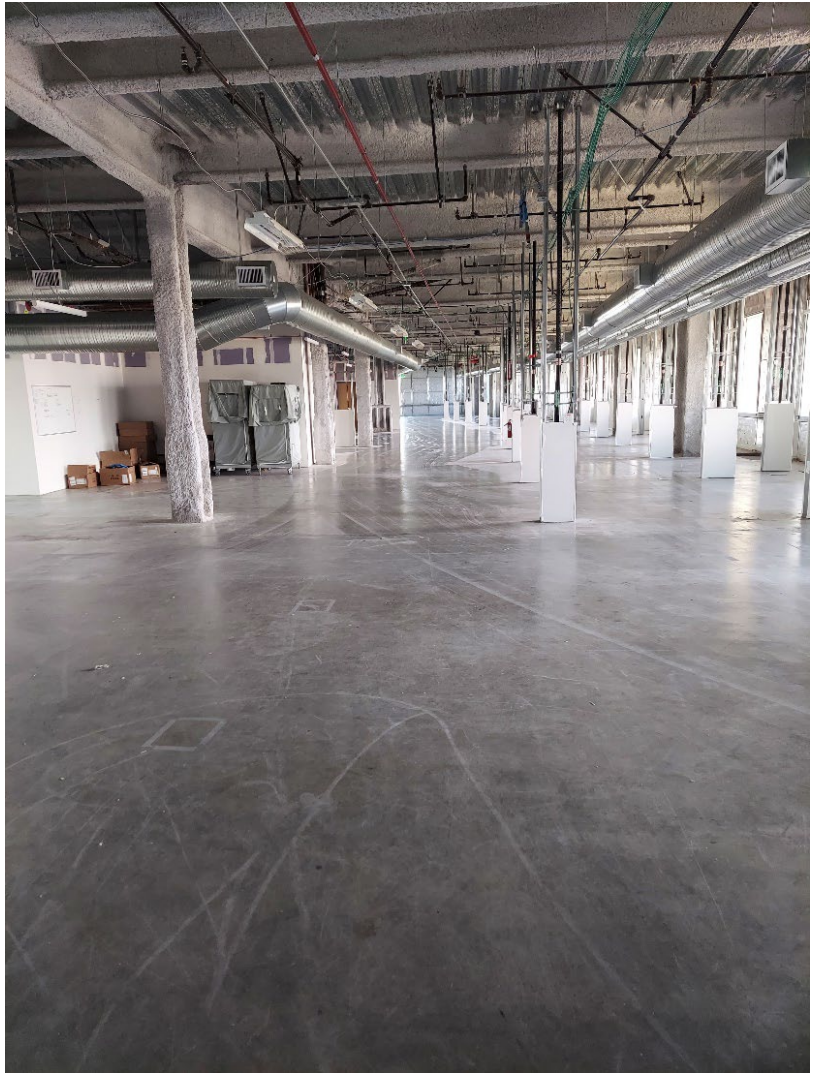
Escondido – Projects in Progress

- PMCE 9th floor Build Out
 - Scope includes 12 Peds
 - Construction started January 2023



Escondido – Projects in Progress

- PMCE 10th floor Build Out
 - Architect procured
 - Drafting RFP for General Contractor



Escondido – Projects in Progress

- PMCE 11th floor Build Out
 - Architect procured
 - Drafting RFP for General Contractor



Escondido – Projects in Progress

- Parking Structure Parking Guidance System
 - License plate recognition cameras
 - Identify real-time space availability



Escondido – Projects in Progress

- Parking Structure Parking Guidance System
 - Conduit installed



Escondido – Projects in Progress

- PMCE Emergency Department Exterior Signage



Escondido – Projects in Progress

- PMCE Ambulance Bay Exterior Signage

